SERUNION EDUCA

BASAL MENU - 2 OPTIONS

YAGO SCHOOL MÁLAGA

NOVEMBER 2026

yago school MÁLAGA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 **PUBLIC HOLIDAY**	**03** Cream of vegetable soup Spinach with béchamel sauce Chicken stew Chicken in a light mustard sauce Homemade fries Fresh fruit Assorted breads (white, whole wheat, ciabatta)	**04** Stir-fried spaghetti with turkey Spiral pasta with wok-fried vegetables Basque-style stewed hake Andalusian-style hake Fresh cabbage salad Fresh fruit Assorted breads (white, whole wheat, ciabatta)	**05** Stewed potatoes with chicken Country-style potato salad Homemade lentil Bolognese mille-feuille Ham and mozzarella mille-feuille Roasted eggplant Fresh fruit Assorted breads (white, whole wheat, ciabatta)	**06** Cuban-style rice with tomato and egg Chaufa rice Fresh baked sausages Fresh sausages in mushroom sauce Grilled vegetables Fresh fruit or homemade custard Assorted breads (white, whole wheat, ciabatta)
09 Macaroni with béchamel sauce Pasta salad Spanish omelet French omelet Vegetable ratatouille (pisto) Fresh fruit or specialty ice cream Assorted breads (white, whole wheat, ciabatta)	**10** Cream of vegetable soup with croutons Sautéed peas with ham Roast chicken Chicken fillet with honey mustard Roast potatoes with onions Plain yogurt with fruit toppings Assorted breads (white, whole wheat, ciabatta)	**11** Brown rice sautéed with corn and vegetables Breaded rice with beef cutlet Fajitas with soy Bolognese sauce Mixed fajitas Nachos Fresh fruit Assorted breads (white, whole wheat, ciabatta)	**12** Andalusian Stew German Potato Salad Baked Salmon Marinated in Pineapple Baked Salmon with Teriyaki Sauce and Sautéed Mushrooms with Garlic and Parsley Fresh Fruit Assorted Breads (White, Wholewheat, Ciabatta)	**13** Chickpeas Indian style Sautéed chickpeas with bacon Chicken tikka masala Tandoori-style chicken wings Pilaf rice Fresh fruit or sponge cake with syrup Assorted breads (white, whole wheat, ciabatta)
16 Zuccaroni (whole wheat pasta with Meat lasagna with béchamel sauce au gratin Chicken meatballs stewed with vegetables Vegetable meatballs with vegetables Roasted pumpkin with a touch of pepper Yogurt or flavored ice cream Assortment of breads (white, whole wheat, ciabatta)	**17** Cream of seasonal vegetable soup Sautéed beans with cabbage, vegetables, and Scrambled eggs with Serrano ham Spanish omelet Sautéed broccoli Fresh fruit Assorted breads (white, whole wheat, ciabatta)	**18** Homemade ham and egg soup Homemade vegetable noodle soup Sicilian-style cod Andalusian-style cod Roasted potatoes Fresh fruit Assorted breads (white, whole wheat, ciabatta)	**19** Hot poke (rice, egg, salmon, chives) Vegetable paella Fried falafel with tzatziki Grilled ham steak Grilled vegetables Fresh fruit Assorted breads (white, whole wheat, ciabatta)	**20** Couscous salad with lettuce, tuna, and egg Sautéed mixed vegetables Chicken in chilindrón sauce Grilled chicken breast with lemon Sautéed spiral pasta Fresh fruit or homemade rice pudding Assorted breads (white, whole wheat, ciabatta)
23 Brown rice with homemade tomato sauce Stir-fried rice with curry and raisins Fried eggs and fresh sausages Scrambled eggs with mushrooms Roasted red peppers Fresh fruit or custard (vanilla/chocolate) Assorted breads (white, whole wheat, ciabatta)	**24** Pumpkin and leek cream soup Galician-style cauliflower Vegetable pizza with onion and mushrooms Prosciutto pizza Sautéed baby carrots Fresh fruit Assorted breads (white, whole wheat, ciabatta)	**25** Chickpeas with spinach Sautéed green beans with tomato Cod with garlic mousseline Crispy breaded cod Pilaf rice Fresh fruit Assorted breads (white, whole wheat, ciabatta)	**26** Homemade chicken soup with minced meat Homemade vegetable soup with noodles Roast turkey with gravy and cranberries Turkey stroganoff stew Mashed potatoes Roasted sweet potato and squash Fresh fruit or chocolate mousse Assorted breads (white, whole wheat, ciabatta)	**27** Tagliatelle with Alfredo sauce Tagliatelle with Caruso sauce Roast pork with Provençal herbs Homemade breaded chicken escalope Breaded zucchini Fresh fruit or panna cotta Assorted breads (white, whole wheat, ciabatta)
30 White bean salad Garlic mushrooms Baked chicken drumsticks with garlic Curried chicken drumsticks Fried rice Yogurt or vanilla flan Assorted breads (white, whole wheat, ciabatta)	IN ADDITON TO THE MENU, WE HAVE A SALAD BUFFET AVAILABLE EVERY DAY. THE SALAD BUFFET CONSIST OF: ✓1 TYPE OF LETTUCE ✓4 TOPPINGS OF YOUR CHOICE	**FRESH SEASONAL FRUIT (AUTUMN)** **APPLE, BANANA, PEAR, ORANGE, MANDARIN, AND PERSIMMON** The fruit served may vary depending on availability, with the guarantee that it is always fresh, seasonal fruit.		According to Rgto. 1169/2011 you can ask SERUNION staff for information on substances that can cause allergies or intolerances

The Healthy Route

Embarking on a daily journey towards a healthier, more inclusive, and sustainable life



01 Health

Eat well today, grow stronger tomorrow! Discovering healthy habits for a lifetime.



02 Getting Together

At our table, we unite as a team! Embracing togetherness, respecting, and celebrating diversity.

03 Sustainability

Nothing goes to waste! Every bite counts in our journey to recycle and nurture the planet.



04 Play

Learning through play is the ultimate fun! Noon is our time to laugh and explore together.

Dinner recommender

Starters

If at school your first course was	For dinner maybe
Vegetables	Pasta/Rice
Pasta/Rice	Vegetables
Pulses	Vegetables or Pasta/Rice

Second courses

If at school the second course was...	For dinner maybe
Egg	Meat or Fish
Fish	Egg or Meat
Pulses	Vegetables or Egg
Meat	Egg or Fish

Fruit or Dairy

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You can find the allergen information for each dish in the list attached to this menu.