SERUNION EDUCA

# BASAL MENU - DINNER

YAGO SCHOOL MÁLAGA

NOVEMBER 2026

yago school MÁLAGA

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| **02**<br>**PUBLIC HOLIDAY** | **03**<br>Sautéed mixed vegetables with bacon<br><br>Spanish omelet<br>Grilled salmon fillet<br>Caramelized onions<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **04**<br>Tuna rice salad with balsamic vinaigrette<br><br>Serranito sandwich<br>Fresh peppered ham steak<br>Roasted sweet potato<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **05**<br>Caesar salad<br><br>Meatballs in onion sauce<br>Baked hake with garlic and parsley infusion<br>Homemade fries<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **06**<br>Creamy zucchini and potato soup with<br><br>Lean pork in aromatic sauce<br>Scrambled eggs with melted cheese<br>Couscous<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) |
| **09**<br>Caesar salad<br><br>Fresh sausages in stroganoff sauce<br>Baked hake with lemon<br>Baked sweet potato<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **10**<br>Meat ravioli with mushroom sauce<br><br>Andalusian-style anchovies<br>Grilled chicken breast<br>Provençal-style tomato<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **11**<br>Cauliflower cream soup with toasted almonds<br><br>Scrambled eggs and turkey<br>Beef sandwich with ciabatta bread<br>Homemade fries<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **12**<br>Minestrone soup with homemade broth<br><br>Glazed ribs with barbecue sauce<br>Homemade breaded chicken cutlet<br>Baked diced potatoes<br><br>Fresh fruit - Yogurt<br>Assorted Breads (White, Wholewheat, Ciabatta) | **13**<br>Tricolor pasta salad<br><br>Lean pork gyros with tzatziki sauce<br>Homemade ham and cheese quiche<br>Sautéed mixed vegetables<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) |
| **16**<br>Homemade soup with scrambled eggs and<br><br>Croque monsieur<br>Tuna bites in Biscayan sauce<br>Baked potatoes<br><br>Fresh fruit - Yogurt<br>Assortment of breads (white, whole wheat, ciabatta) | **17**<br>Tabouleh<br><br>Dogfish in homemade marinade<br>Chicken wings in barbecue sauce<br>Homemade fries<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **18**<br>Homemade soup with chopped vegetables<br><br>Scrambled eggs with bacon and potatoes<br>Beef sandwich with ciabatta bread<br>Grilled green peppers<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **19**<br>Pasta salad with egg shavings<br><br>Homemade Bolognese empanada<br>Hake in piquillo pepper sauce<br>Diced potatoes with garlic<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **20**<br>Quinoa salad with cheese<br><br>Zucchini omelet<br>Moorish-style kebab<br>Thai fried rice<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) |
| **23**<br>Castilian soup with scrambled egg and ham<br><br>Roast rooster with onion crumble<br>Marinated chicken breast with thyme and<br>Homemade fries<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **24**<br>Gnocchi in cheese sauce<br><br>Pork loin Rioja style<br>Hake Orly<br>Couscous with mint<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **25**<br>Tropical pasta salad (pineapple, carrot, tomato, surimi, corn, olives, and dressing)<br>Spanish omelet<br>Club sandwich (chicken, ham, cheese, bacon, Onion rings<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **26**<br>Starfish soup<br><br>Fish fillet Roman style<br>Grilled beef steak<br>Three-delight rice<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | **27**<br>Cream of seasonal vegetable soup<br><br>Homemade meat pie<br>Turkey omelet<br>Sautéed mushrooms with Serrano ham and<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) |
| **30**<br>Cream of broccoli soup<br><br>Scrambled eggs with mushrooms and turkey<br>Marinated pork skewers<br>Diced potatoes<br><br>Fresh fruit - Yogurt<br>Assorted breads (white, whole wheat, ciabatta) | | **FRESH SEASONAL FRUIT (AUTUMN)**<br>**APPLE, BANANA, PEAR, ORANGE, MANDARIN, AND PERSIMMON**<br>The fruit served may vary depending on availability, with the guarantee that it is always fresh, seasonal fruit. | | According to Rgto. 1169/2011 you can ask SERUNION staff for information on substances that can cause allergies or intolerances |

# The Healthy Route

*Embarking on a daily journey towards a healthier, more inclusive, and sustainable life*



## 01 Health

Eat well today, grow stronger tomorrow! Discovering healthy habits for a lifetime.



## 02 Getting Together

At our table, we unite as a team! Embracing togetherness, respecting, and celebrating diversity.

## 03 Sustainability

Nothing goes to waste! Every bite counts in our journey to recycle and nurture the planet.



## 04 Play

Learning through play is the ultimate fun! Noon is our time to laugh and explore together.

# Dinner recommender

### Starters

| If at school your first course was | For dinner maybe |
|---|---|
| Vegetables | Pasta/Rice |
| Pasta/Rice | Vegetables |
| Pulses | Vegetables or Pasta/Rice |

### Second courses

| If at school the second course was... | For dinner maybe |
|---|---|
| Egg | Meat or Fish |
| Fish | Egg or Meat |
| Pulses | Vegetables or Egg |
| Meat | Egg or Fish |

Fruit or Dairy

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You can find the allergen information for each dish in the list attached to this menu.