

LUNES
MARTES
MIÉRCOLES
JUEVES
VIERNES

IN ADDITION TO THE MENU, WE HAVE
A SALAD BUFFET AVAILABLE EVERY DAY.
THE SALAD BUFFET CONSIST OF:
✓ 1 TYPE OF LETTUCE
✓ 4 TOPPINGS OF YOUR CHOICE

**FRESH SEASONAL FRUIT
(AUTUMN)**


APPLE, BANANA, PEAR, ORANGE AND
MANDARIN ORANGE

The fruit served will depend on availability, but
we guarantee that it will always be fresh and in
season

According to Rgto. 1169/2011
you can ask SERUNION staff
for information on substances
that can cause allergies or intolerances

PICADILLO SOUP
GERMAN SALAD
CHICKEN IN SAUCE / GRILLED CHICKEN
SAUTÉED CARROTS
FRESH DRAINED TOMATO
WITH BASIL VINAIGRETTE
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

TAGLIATELLE WITH ALFREDO SAUCE
NOODLES WITH CARUSO SAUCE
HOMEMADE BREADED PORK ESCALOPE
HOMEMADE BREADED CHICKEN ESCALOPE
LETTUCE AND CARROT SALAD
OVEN-BAKED ZUCCHINI
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

05

WHITE BEAN SALAD
SAUTÉED PEAS WITH HAM
OVEN-ROASTED CHICKEN DRUMSTICKS IN THEIR OWN
JUICES
CURRY CHICKEN DRUMSTICKS
STIR-FRIED RICE
YOGURT OR SPECIAL ICE CREAM
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

06

WHOLE WHEAT PASTA WOK WITH VEGETABLES
STIR-FRIED MACARONI WITH CHICKEN
OVEN-BAKED SALMON IN TERIYAKI AND SESAME
SAUCE / SALMON IN ORANGE SAUCE
SEASONED FRESH TOMATO
SAUTÉED MIXED VEGETABLES WITH GARLIC AND
PAPRIKA
FRESH FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT
OR CIABATTA)

07

MIXED PAELLA
STIR-FRIED RICE WITH VEGETABLES
GARDEN-STYLE VEGETABLE MEATBALLS
BURGER WITH WHOLE-GRAIN MUSTARD SAUCE
OVEN-ROASTED
POTATO CUBES
FRESH FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT
OR CIABATTA)

08

LENTILS WITH VEGETABLES
LENTIL AND COUSCOUS SALAD
POTATO OMELET
MUSHROOM OMELET
COLESLAW
ROASTED VEGETABLES
FRESH FRUIT OR CHOCOLATE MOUSSE
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT
OR CIABATTA)

09

CREAM OF SEASONAL VEGETABLES
RATATOUILLE
SPINACH CROQUETTES
GRILLED MARINATED PORK LOIN
SPICED HOMEMADE FRIES
FRESH FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLE
WHEAT OR CIABATTA)

12
PUBLIC HOLIDAY

13

MIXED BROWN RICE PAELLA WITH MEAT AND
SEAFOOD
STIR-FRIED RICE WITH VEGETABLES
HAKE FINGERS
HAKE LOIN IN AMERICAN SAUCE
OVEN-ROASTED VEGETABLE RATATOUILLE
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

14

ANDALUSIAN STEW
SAUTÉED CHICKPEAS WITH A MILD TOUCH OF CURRY
OVEN-BAKED BURGER IN ITS OWN JUICES
KEFTEDES WITH TZATZIKI SAUCE
TOMATO RELISH
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

15

VICHYSOISE
SAUTÉED GREEN BEANS WITH GARLIC
TURKEY BLANQUETTE
TURKEY BREAST IN APPLE SAUCE
ROAST POTATOE
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

16

REFRIED BEANS
POZOLE
MIXED FAJITAS
BURRITO WITH TEXTURED SOY BOLOGNESE
NACHOS WITH GUACAMOLE
FRESH FRUIT OR CORN CAKE
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

19

RICE WITH VEGETABLES
MILANESE-STYLE RICE WITH MEAT
COD IN HOMEMADE TOMATO SAUCE
ANDALUSIAN-STYLE FRIED COD
ROASTED SWEET POTATO
FRESH TOMATO SALAD
YOGURT OR SPECIAL ICE CREAM
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

20

LENTIL STEW WITH CARROTS AND PEPPER
SOFRITO
GARDEN-STYLE VEGETABLE PISTO
LEMON-SCENTED CHICKEN THIGH / CHICKEN IN A
LIGHT COCONUT AND TURMERIC SAUCE
HOMEMADE FRENCH FRIES
FRESH FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT
OR CIABATTA)

21

SMOOTH ZUCCHINI SOUP
HOMEMADE SALMOREJO WITH GARNISH
BEEF RAGOUT GARDEN-STYLE
HOMEMADE LENTIL BOLOGNESE PIZZA
SAUTÉED BROCCOLI
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

22

TARTIFLETTE GRATIN
POTATO STEW WITH CUTTLEFISH
BAKED EGGS
MUSHROOM SCRAMBLE
ROASTED POTATOES WITH THYME
LETTUCE AND BEET SALAD
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

23

WHOLE WHEAT MACARONI GRATIN
WITH CHEESE / MACARONI WITH
MUSHROOM SAUCE
MEATBALL IN SPANISH SAUCE
ASSORTED CROQUETTES
LETTUCE AND CARROT SALAD
WOK-TOSSED VEGETABLES
FRESH FRUIT OR HOMEMADE CUSTARD
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

26

PICADILLO SOUP
ROASTED PUMPKIN SOUP WITH CROUTONS
SCRAMBLED EGGS
BELLA AURORA EGGS
POTATO CUBES
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

27

SHORT PASTA IN CHEESE SAUCE
SAUTÉED SHORT PASTA WITH VEGETABLES
LEAN PORK IN TOMATO SAUCE
FAJITAS WITH SOY BOLOGNESE
GRILLED VEGETABLES
FRESH TOMATO DRESSED WITH OREGANO
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

28

GRATIN OF SPINACH WITH BÉCHAMEL SAUCE
SAUTÉED PINTO BEANS WITH ZUCCHINI, CARROT,
RED CABBAGE, AND TERIYAKI SAUCE
DICED GARLIC CHICKEN
GRILLED MOROCCAN-STYLE CHICKEN FILLET
AMERICAN-STYLE COLESLAW
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

29

ASIAN-STYLE FRIED RICE
MIXED SEAFOOD AND LEAN MEAT PAELLA
(BROWN RICE)
OVEN-BAKED HAKE FILLET
ARTISANAL COD CROQUETTES
BATTERED ZUCCHINI
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)

30

HOMEMADE VEGETABLE SOUP WITH NOODLES
BROCCOLI CHOWDER
DELUXE BURGER
BARBECUE SAUCE BURGER
LETTUCE AND CUCUMBER SALAD
HOMEMADE FRENCH FRIES
FRESH FRUIT OR CHOCOLATE BROWNIE
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR CIABATTA)