

JUEVES 01

COMIDA

SALAD BAR
PICADILLO SOUP
GERMAN SALAD
CHICKEN IN SAUCE / GRILLED CHICKEN
SAUTÉED CARROTS
FRESH DRAINED TOMATO WITH BASIL VINAIGRETTE
YOGURT
ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)

CENA

STAR SOUP
ROMAN-STYLE MONKFISH FILLET
GRILLED VEAL STEAK
FRIED RICE WITH THREE INGREDIENTS
FRESH SEASONAL FRUIT-YOGURT
ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)

VIERNES 02

SALAD BAR
TAGLIATELLE WITH ALFREDO SAUCE
NOODLES WITH CARUSO SAUCE
HOMEMADE BREADED PORK ESCALOPE
HOMEMADE BREADED CHICKEN ESCALOPE
LETTUCE AND CARROT SALAD
OVEN-BAKED ZUCCHINI
FRESH FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)

SEASONAL VEGETABLE SOUP
HOMEMADE MEAT PIE
FRENCH OMELET WITH TURKEY SAUTÉED MUSHROOMS
WITH SERRANO HAM AND GARLIC
FRESH SEASONAL FRUIT & YOGURT
ASSORTED BREADS (WHITE, WHOLE WHEAT, CIABATTA)

SABADO 03

BRUNCH:
*ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND FRESHLY BAKED PASTRIES
SALAD BUFFET
OVEN-ROASTED FRESH SAUSAGES
POTATO GRATIN
ROAST PORK RIBS
FRESH SEASONAL FRUIT OR YOGURT
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

CAESAR SALAD
GROUND BEEF TACOS
OVEN-BAKED SALMON WITH TARTAR SAUCE
ROASTED BONITO
FRESH SEASONAL FRUIT OR YOGURT
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

DOMINGO 04

BRUNCH:
*ASSORTED BREADS AND SPREADS
*CURED MEATS
*CEREALS AND BAKED PASTRIES
SALAD BUFFET
CRISPY BACON
GOLDEN RICE WITH CHICKEN
MARINATED DOGFISH
FRESH SEASONAL FRUIT OR YOGURT
ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)

ROASTED VEGETABLES
GRILLED TURKEY CHOP
HOMEMADE PIZZA
TEX-MEX STYLE HOMEMADE FRIES
FRESH SEASONAL FRUIT OR YOGURT
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

LUNES 05	MARTES 06	MIERCOLES 07	JUEVES 08 COMIDA	VIERNES 09	SABADO 10	DOMINGO 11
SALAD BAR WHITE BEAN SALAD SAUTÉED PEAS WITH MUSHROOMS OVEN-ROASTED CHICKEN DRUMSTICKS IN THEIR OWN JUICES CURRY CHICKEN DRUMSTICKS STIR-FRIED RICE YOGURT OR SPECIAL ICE CREAM ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR WHOLE WHEAT PASTA WOK WITH VEGETABLES STIR-FRIED MACARONI WITH CHICKEN OVEN-BAKED SALMON IN TERIYAKI AND SESAME SAUCE / SALMON IN ORANGE SAUCE SEASONED FRESH TOMATO SAUTÉED MIXED VEGETABLES WITH GARLIC AND PAPRIKA FRESH FRUIT ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR MIXED PAELLA STIR-FRIED RICE WITH VEGETABLES GARDEN-STYLE VEGETABLE MEATBALLS BURGER WITH WHOLE-GRAIN MUSTARD SAUCE OVEN-ROASTED POTATO CUBES FRESH FRUIT ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR LENTILS WITH VEGETABLES LENTIL AND COUSCOUS SALAD GRATINATED POTATO OMELET MUSHROOM OMELET COLESLAW ROASTED VEGETABLES FRESH FRUIT OR CHOCOLATE MOUSSE ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR CREAM OF SEASONAL VEGETABLES RATATOUILLE SPINACH CROQUETTES GRILLED MARINATED PORK LOIN SPICED HOMEMADE FRIES FRESH FRUIT ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	BRUNCH: *ASSORTED BREADS AND SPREADS *COLD CUTS *CEREALS AND BAKED PASTRIES SALAD BUFFET CRISPY BACON CREAMY CARBONARA PASTA TRADITIONAL-STYLE MEATBALLS IN SAUCE FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)	BRUNCH: *ASSORTED BREADS AND SPREADS *COLD CUTS *CEREALS AND BAKED PASTRIES SALAD BUFFET SCRAMBLED EGGS WITH CHEESE CURRIED CHICKEN AND RICE PORK LOIN IN PEPPER SAUCE FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)
CENA						
SMOOTH BROCCOLI CREAM SOUP TURKEY SCRAMBLE MARINATED MOORISH-STYLE PORK SKEWER DECED POTATOES FRESH SEASONAL FRUIT-YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	COUNTRY-STYLE POTATO SALAD GILLED SAXON STYLE PORK CHOP MEAT LASAGNA WITH GRATINÉED BÉCHAMEL SAUCE APPLESAUCE FRESH SEASONAL FRUIT-YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	VICHYSOISE HOMEMADE BATTERED SQUID STRIPS OVEN BAKED CHICKEN WINGS COLESLAW FRESH SEASONAL FRUIT-YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	TABBOULEH CÓRDOBA STYLE FLAMENQUINES PAN-SEARED TURKEY BREAST WITH ROSEMARY ONION RINGS FRESH SEASONAL FRUIT-YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	VEGETABLE MOUSSAKA CHICKEN IN ALMOND SAUCE HAM AND CHEESE QUESADILLAS ROASTED GREEN PEPPERS FRESH SEASONAL FRUIT & YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, CIABATTA)	TENDER WHEAT SALAD WITH HONEY-MUSTARD VINAIGRETTE CHICKEN ENCHILADAS OVEN-BAKED HAKE INFUSED WITH GARLIC AND PARSLEY COUSCOUS FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)	SEASONAL VEGETABLE SOUP NY-STYLE HOT DOG GRILLED CHICKEN FILLET HOMEMADE FRENCH FRIES FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

LUNES 12	MARTES 13	MIERCOLES 14	JUEVES 15	VIERNES 16	SABADO 17	DOMINGO 18
COMIDA						
SALAD BAR MAROLLED ELBOW CARBONARA CREAMY SAUCE MAROLLED ELBOW WITH POMODORO AND BLACK OLIVES SCRAMBLED EGGS WITH WILD ASPARAGUS MALLORQUINA EGGS LETTUCE AND CARROT SALAD GRILLED VEGETABLES FRESH FRUIT OR ICE CREAM ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT, OR CIABATTA))	SALAD BAR MIXED BROWN RICE PAELLA WITH MEAT AND SEAFOOD STIR-FRIED RICE WITH VEGETABLES HAKE FINGERS HAKE LOIN IN AMERICAN SAUCE OVEN-ROASTED VEGETABLE RATATOUILLE YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR ANDALUSIAN STEW SAUTÉED CHICKPEAS WITH A MILD TOUCH OF CURRY OVEN-BAKED BURGER IN ITS OWN JUICES KEFTEDES WITH TZATSIKI SAUCE TOMATO RELISH FRESH FRUIT ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR VICHYSOISE SAUTÉED GREEN BEANS WITH GARLIC TURKEY BLANQUETTE TURKEY BREAST IN APPLE SAUCE ROAST POTATOE FRESH FRUIT ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR REFRIED BEANS POZOLE MIXED FAJITAS BURRITO WITH TEXTURED SOY BOLOGNESE NACHOS WITH GUACAMOLE FRESH FRUIT OR CORN CAKE ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	BRUNCH: *ASSORTED BREADS AND SPREADS *COLD CUTS *CEREALS AND FRESHLY BAKED PASTRIES SALAD BUFFET OVEN-ROASTED FRESH SAUSAGES CHEESE AND BACON POTATOES GRILLED CHICKEN FILLET FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)	BRUNCH: *ASSORTED BREADS AND SPREADS *CURED MEATS *CEREALS AND BAKED PASTRIES SALAD BUFFET SCRAMBLED EGGS WITH PEPPERS MUSHROOM STIR-FRY RICE GARLIC PORK CHOPS FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)
CENA						
CREAMED POTATO AND CARROT SOUP WITH CROUTONS KOREAN CHICKEN BALLS WITH HONEY AND SOY SAUCE COD IN HOMEMADE TOMATO SAUCE KIMCHI-STYLE CABBAGE FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA))	CAESAR SALAD SERRANITO EGGS FLORENTINE HOMEMADE FRIES FRESH SEASONAL FRUIT- YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	RICE SALAD WITH EGG, OLIVES, COOKED HAM AND CORN ARTISANAL CROQUETTES SALMON IN GREEN SAUCE SAUTÉED PEAS WITH ONION FREH SEASONAL FRUIT-YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	NOODLE SOUP WITH HOMEMADE BROTH AND FINELY DICED CURED HAM SPANISH OMELET ROAST HAM SLICE MEDITERRANEAN STIR- FRY FREH SEASONAL FRUIT- YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	KARTOFFELSALAT GERMAN SALAD FRIED ROOSTER IN LEMON MARINADE GRILLED PORK CHOP CILANTRO COUSCOUS FRESH SEASONAL FRUIT & YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, CIABATTA)	QUINOA SALAD WITH QUESO FRESCO AND RADISHES CHICKEN SKEWER WITH TERIYAKI SAUCE BEEF CHOP SUEY ROASTED POTATOES FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)	SMOOTH PUMPKIN SOUP BURGER WITH BEEF, GOUDA CHEESE, FRESH TOMATO, CARAMELIZED ONION, AND LETTUCE HOMEMADE FRIED FISH ONION RINGS FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

LUNES 19	MARTES 20	MIERCOLES 21	JUEVES 22	VIERNES 23	SABADO 24	DOMINGO 25
			COMIDA			
SALAD BAR RICE WITH VEGETABLES MILANESE-STYLE RICE WITH MEAT COD IN HOMEMADE TOMATO SAUCE ANDALUSIAN-STYLE FRIED COD ROASTED SWEET POTATO FRESH TOMATO SALAD YOGURT OR SPECIAL ICE CREAM ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR LENTIL STEW WITH CARROTS AND PEPPER SOFRITO GARDEN-STYLE VEGETABLE PISTO LEMON-SCENTED CHICKEN THIGH / CHICKEN IN A LIGHT COCONUT AND TURMERIC SAUCE HOMEMADE FRENCH FRIES FRESH FRUIT ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR SMOOTH ZUCCHINI SOUP HOMEMADE SALMOREJO WITH GARNISH BEEF RAGOUT GARDEN-STYLE HOMEMADE LENTIL BOLOGNESE PIZZA SAUTÉED BROCCOLI FRESH FRUIT ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR TARTIFLETTE GRATIN POTATO STEW WITH CUTTLEFISH BAKED EGGS MUSHROOM SCRAMBLE ROASTED POTATOES WITH THYME LETTUCE AND BEET SALAD FRESH FRUIT ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SALAD BAR WHOLE WHEAT MACARONI GRATIN WITH CHEESE / MACARONI WITH MUSHROOM SAUCE MEATBALL IN SPANISH SAUCE ASSORTED CROQUETTES LETTUCE AND CARROT SALAD WOK-TOSSED VEGETABLES FRESH FRUIT OR HOMEMADE CUSTARD ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	BRUNCH: *ASSORTED BREADS AND SPREADS *COLD CUTS *CEREALS AND BAKED PASTRIES SALAD BUFFET CRISPY BACON SCRAMBLED EGGS WITH TURKEY MEATBALLS IN ALMOND SAUCE FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)	BRUNCH: *ASSORTED BREADS AND SPREADS *CURED MEATS *CEREALS AND BAKED PASTRIES SALAD BUFFET FRESH SAUSAGES WITH CHEESE POTATO GRATIN WITH BÉCHAMEL SAUCE BARBECUE CHICKEN WINGS FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)
			CENA			
CREAM OF VEGETABLE SOUP SPANISH POTATO OMELET GRATINÉD WITH CHEESE AND BÉCHAMEL SAUCE GRILLED FRESH PORK LOIN MUSHROOMS SAUTÉED WITH GARLIC AND PARSLEY FRESH SEASONAL FRUIT-YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	OVEN-BAKED NACHOS WITH GUACAMOLE AND CHEESE BAKED BRATWURST SAUSAGE HAKE FILLET IN PIQUILLO PEPPER SAUCE STREAMED BROCCOLI FRESH SEASONAL FRUIT-YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	POTATO AND CHICKEN SALAD WITH HONEY VINAIGRETTE ANDALUSIAN-STYLE BLUE WHITING HOMEMADE HAM, CHEESE AND RAISIN EMPANADA SAUTÉED PEAS FRESH SEASONAL FRUIT-YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	RICE SALAD WITH SOY VINAIGRETTE CHICKEN AND VEGETABLE STIR-FRY GRILLED SALMON SUPREME PROVENÇAL STYLE TOMATO FRESH SEASONAL FRUIT-YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)	SMOOTH LEEK AND CARROT CREAM SOUP CHICKEN PARMIGIANA FILLET SCRAMBLED EGGS WITH COD CRUMBS HOMEMADE FRIES FRESH SEASONAL FRUIT - YOGURT - ASSORTED BREADS (WHITE, WHOLE WHEAT, CIABATTA))	HOMEMADE CHICKEN PICADILLO SOUP WITH VERMICELLI TACOS AL PASTOR BAKED JOHN DORY FILLET GNOCCHI WITH TOMATO SOFRITO FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)	COUNTRY-STYLE SALAD HOMEMADE BARBECUE PIZZA GRILLED PORK SKEWER POTATO CHIPS FRESH SEASONAL FRUIT OR YOGURT ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

LUNES 26

SALAD BAR
PUMPKIN SOUP
ROASTED PUMPKIN SOUP
WITH CROUTONS
SCRAMBLED EGGS
BELLA AURORA EGGS
POTATO CUBES
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT OR
CIABATTA)

MARTES 27

SALAD BAR
SHORT PASTA IN CHEESE
SAUCE
SAUTÉED SHORT PASTA WITH
VEGETABLES
LEAN PORK IN TOMATO
SAUCE
FAJITAS WITH SOY
BOLOGNESE
GRILLED VEGETABLES
FRESH TOMATO DRESSED
WITH OREGANO
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR
CIABATTA)

MIERCOLES 28

SALAD BAR
GRATIN OF SPINACH WITH
BÉCHAMEL SAUCE
SAUTÉED PINTO BEANS WITH
ZUCCHINI, CARROT, RED
CABBAGE, AND TERIYAKI
SAUCE
DICED GARLIC CHICKEN
GRILLED MOROCCAN-STYLE
CHICKEN FILLET
AMERICAN-STYLE COLESLAW
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR
CIABATTA)

MIERCOLES 29

COMIDA

SALAD BAR
ASIAN-STYLE FRIED RICE
MIXED SEAFOOD AND LEAN
MEAT PAELLA (BROWN RICE)
OVEN-BAKED HAKE FILLET
ARTISANAL COD CROQUETTES
BATTERED ZUCCHINI
FRESH FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR
CIABATTA)

MIERCOLES 30

SALAD BAR
HOMEMADE VEGETABLE
SOUP WITH NOODLES
BROCCOLI CHOWDER
DELUXE BURGER
BARBECUE SAUCE BURGER
LETTUCE AND CUCUMBER
SALAD
HOMEMADE FRENCH FRIES
FRESH FRUIT OR CHOCOLATE
BROWNIE
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT OR
CIABATTA)

MIERCOLES 31

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED
PASTRIES
SALAD BUFFET
CRISPY BACON
CREAMY CARBONARA PASTA
CRISPY FRIED CHICKEN
FRESH SEASONAL FRUIT OR
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

DOMINGO 01

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*CURED MEATS
*CEREALS AND BAKED PASTRIES
SALAD BUFFET
OVEN-ROASTED OR GRILLED
FRESH SAUSAGES
RICE WITH HOMEMADE
TOMATO SAUCE
CÓRDOBA-STYLE
FLAMENQUINES (BREADED
PORK ROLLS)
FRESH SEASONAL FRUIT OR
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

CENA

LETTUCE SALAD WITH CELERY,
WALNUTS AND MUSTARD
VINAIGRETTE
ROASTED CHICKEN THIGH,
COOKED IN ITS OWN JUICES
TUNA MILLE FEUILLE
STIR FRIED RICE
FRESH SEASONAL FRUIT-
YOGURT
ASSORTED BREADS
(BLANCO, INTEGRAL,
CHAPATA)

OVEN ROASTED VEGETABLE
RATATOUILLE
FRENCH OMELET
GRILLED VEAL STEAK
BATTERED EGGPLANT WITH
HONEY SOY SAUCE
FRESH SEASONAL FRUIT-
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT OR
CIABATTA)

MILD MISO SOUP
HOMEMADE MARINATED
DOGFISH
SALT CRUSTED PORK LOIN
ROASTED RED PEPPERS
FRESH SEASONAL FRUIT-
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT OR
CIABATTA)

CAESAR SALAD
CHICKEN CURRY
OVEN BAKED VEGETABLE
PIZZA
SAUTÉED FUSILLI WITH BASIL
OIL
FRESH SEASONAL FRUIT-
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT OR
CIABATTA)

VEGETABLE LASAGNA
GRATINATED WITH CHEESE
HOMEMADE BREADED HAKE
GRILLED TURKEY CHOP
SAUTÉED CABBAGE
FRESH SEASONAL FRUIT –
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
CIABATTA)

CREAM OF SEASONAL
VEGETABLES
HAM AND CHEESE QUESADILLA
GRILLED FRESH PORK LOIN
NACHOS WITH GUACAMOLE
FRESH SEASONAL FRUIT OR
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

QUINOA SALAD WITH FRESH
CHEESE AND RADISHES
HAMBURGER WITH ONION
SAUCE
PAN-SEARED HAKE WITH
FINE HERBS
TEX-MEX FRIES
FRESH SEASONAL FRUIT OR
YOGURT
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)