

LUNES
MARTES
MIÉRCOLES
JUEVES
VIERNES

IN ADDITON TO THE MENU, WE HAVE
A SALAD BUFFET AVAILABLE EVERY DAY.
THE SALAD BUFFET CONSIST OF:
✓1 TYPE OF LETTUCE
✓4 TOPPINGS OF YOUR CHOICE

**FRESH SEASONAL FRUIT
(SUMMER):APPLE, BANANA, PEAR,
MELON, WATERMELON**

The fruit served will depend on availability, but
we guarantee that it will always be fresh and in
season

According to Rgto. 1169/2011
you can ask SERUNION staff
for information on substances
that can cause allergies or intolerances


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WHOLE WHEAT SPAGHETTI WITH AIOLI, TURKEY,
AND CHIVES
STEWED POTATOES IN MARINARA SAUCE
HOMEMADE HAM CROQUETTES
HAM AND CHEESE PIZZA
HOMEMADE MASHED POTATOES
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT
OR CIABATTA)

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CUBAN-STYLE RICE WITH HOMEMADE TOMATO
SAUCE AND EGG
FRIED RICE
FRESH BAKED SAUSAGES
FRESH BAKED SAUSAGES IN MUSHROOM SAUCE
FRESH SEASONAL FRUIT OR SPECIAL DESSERT
ASSORTMENT OF BREADS (WHITE, WHOLE
WHEAT OR CIABATTA)

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INDIAN-STYLE CHICKPEAS
SAUTÉED CHICKPEAS WITH BACON
CHICKEN TIKKA MASALA
KENTUCKY CHICKEN WINGS
LETTUCE AND BEET SALAD / PILAF RICE
FRESH SEASONAL FRUIT OR SPECIAL DESSERT
ASSORTED BREADS (WHITE, WHOLE WHEAT OR
CIABATTA)

15

HOMEMADE SALMOREJO WITH SERRANO HAM
DIP
SAUTÉED PEAS WITH EGG
SPANISH OMELETTE
FRENCH OMELETTE
GARDEN VEGETABLE RATATOUILLE
PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT OR
CIABATTA)

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THREE DELIGHTS BROWN RICE
MILANESE RICE WITH MEAT
FAJITAS WITH BOLOGNESE SAUCE SOY
LEAN PORK WITH HOMEMADE TOMATO SAUCE
BAKED POTATO
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT
OR CIABATTA)

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RIOJA-STYLE POTATOES
GERMAN POTATO AND MACKEREL SALAD
BAKED SALMON MARINATED IN PINEAPPLE
BAKED SALMON WITH TERIYAKI AND SESAME
SAUCE
AGLIO-OLIO SPIRALS
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT
OR CIABATTA)

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PASTA PIPETTE MACARONI WITH BÉCHAMEL
SAUCE
TROPICAL PASTA SALAD
CORDOBA-STYLE FLAMENQUINES
HOMEMADE BREADED CHICKEN ESCALOPE
SAUTÉED MUSHROOMS WITH GARLIC AND
PARSLEY
FRESH SEASONAL FRUIT OR SPECIAL DESSERT
ASSORTMENT OF BREADS (WHITE, WHOLE
WHEAT OR CIABATTA)

21

PASTA FARFALLE WITH GRATINÉED TOMATO SAUCE
MEAT LASAGNA WITH GRATINÉED BÉCHAMEL SAUCE
GRILLED MARINATED PORK LOIN
PORK LOIN IN SWEET AND SOUR SAUCE
ROASTED PUMPKIN WITH A TOUCH OF PEPPER
YOGURT OR SPECIAL DESSERT
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT OR
CIABATTA)

22

CREAM OF SEASONAL VEGETABLES
RED POZOLE (CORN STEW WITH TOMATO)
SCRAMBLED EGGS WITH CURED HAM AND
POTATO
SPANISH OMELET
SAUTÉED BROCCOLI
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT
OR CIABATTA)

23

STEWED LENTILS WITH CHORIZO
SAUTÉED PEAS WITH HAM
SICILIAN-STYLE REDFISH (GALLINETA)
ANDALUSIAN-STYLE REDFISH
ROASTED POTATOES
FRESH SEASONAL FRUIT
ASSORTED BREADS (WHITE, WHOLE WHEAT OR
CIABATTA)

24

HOT POKE (BROWN RICE WITH EGG, SALMON,
CHIVES, AND MAYONNAISE DRESSING)
CASSEROLE RICE
FRIED FALAFEL WITH TZATZIKI SAUCE
GRILLED HAM STEAK
GRILLED VEGETABLES
FRESH SEASONAL FRUIT
ASSORTED BREADS (WHITE, WHOLE WHEAT OR
CIABATTA)

25

HOMEMADE SALMOREJO WITH
SERRANO HAM AND EGG
CHICKEN CHILINDRÓN
GRILLED CHICKEN FILLET WITH LEMON
BAKED POTATOES
FRESH SEASONAL FRUIT OR SPECIAL
DESSERT
ASSORTMENT OF BREADS (WHITE,
WHOLE WHEAT OR CIABATTA)

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BROWN RICE WITH HOMEMADE TOMATO SAUCE
SAUTÉED RICE WITH CURRY AND RAISINS
FRIED EGGS AND FRESH SAUSAGES
SCRAMBLED EGGS AND BACON
ROASTED RED PEPPER SAUCE
FRESH SEASONAL FRUIT OR SPECIAL DESSERT
ASSORTED BREADS (WHITE, WHOLE WHEAT OR
CIABATTA)

29

STEWED POTATOES WITH PORK LOIN
SEASONED POTATOES WITH TUNA AND EGG
BAKED CHICKEN THIGH FILLET WITH HERBS
CHICKEN THIGH FILLET IN SAUCE
BAKED MUSHROOMS
PLASTIC YOGURT
ASSORTED BREADS (WHITE, WHOLE WHEAT OR
CIABATTA)

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PUMPKIN AND LEEK CREAM SOUP
SAUTÉED GREEN BEANS WITH TOMATO
COD WITH GARLIC MOUSSELINE
COD IN CRISPY BATTER
BOILED AND SAUTÉED POTATOES
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLE WHEAT
OR CIABATTA)