

## LUNES

## MARTES

## MIÉRCOLES

## JUEVES

## VIERNES

IN ADDITION TO THE MENU, WE HAVE  
A SALAD BUFFET AVAILABLE EVERY DAY.  
THE SALAD BUFFET CONSIST OF:  
✓ 1 TYPE OF LETTUCE  
✓ 4 TOPPINGS OF YOUR CHOICE

### FRESH SEASONAL FRUIT (SPRING):APPLE, BANANA, PEAR, MELON, WATERMELON

The fruit served will depend on availability, but  
we guarantee that it will always be fresh and in  
season

According to Rgto. 1169/2011  
you can ask SERUNION staff  
for information on substances  
that can cause allergies or intolerances

01

01

LENTIL SALAD WITH COUSCOUS  
LEMON CHICKEN THIGH  
ROASTED SWEET POTATO  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

02

RICE WITH HOMEMADE TOMATO SAUCE (RICE,  
TOMATO, ONION, CARROT, GARLIC)  
HAKE STEW ROTEÑA STYLE (PEPPER, ONION,  
TOMATO)  
STEAMED POTATO  
SOY YOGURT  
ALLERGEN-FREE WHITE BREAD

03

CREAM OF ZUCCHINI SOUP (ZUCCHINI, POTATO,  
ONION)  
BAKED EGGS WITH TOMATO SAUCE  
DICE-FRIED POTATOES  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

04

COUNTRY SALAD (POTATO, TOMATO, PEPPER,  
ONION, AND TUNA)  
SAUTEED CHICKPEAS WITH CHICKEN AND LEMON  
SAUTEED PASTA  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

05

WHOLE WHEAT MACARONI WITH TOMATO  
SAUCE  
GRILLED/BAKED PORK LOIN  
LETTUCE AND CARROT SALAD  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

08

CREAMY CHICKPEA SOUP WITH VEGETABLES  
SCRAMBLED EGGS  
WHITE RICE  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

09

MACARONI NAPOLITANA (TOMATO SAUCE,  
OREGANO)  
PORK LOIN IN ZUCCHINI SAUCE  
GRILLED VEGETABLES  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

10

SAUTÉED SPINACH  
SAUTÉED CHICKEN WITH GARLIC  
PROVENÇAL POTATOES WITH GARLIC AND THYME  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

11

SAUTÉED BROWN RICE WITH MUSHROOMS  
GRILLED/BAKED HAKE FILLET  
ZUCCHINI OVEN BAKED  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

12

HOMEMADE GAZPACHO (TOMATO, RED  
PEPPER, CUCUMBER)  
BAKED/GRILLED TURKEY BREAST FILLET  
FRENCH FRIES  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

15

SAUTÉED CHICKPEAS WITH SERRANO HAM  
FRENCH OMELET WITH MUSHROOMS AND HERBS  
FRENCH FRIES  
SOY YOGURT  
ALLERGEN-FREE WHITE BREAD

16

CREAM OF VEGETABLE SOUP (POTATO, ONION,  
CHARD, ZUCCHINI, PUMPKIN, GREEN BEANS,  
CARROT, AND LEEK)  
BAKED CHICKEN THIGHS  
WHITE RICE  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

17

WHOLE WHEAT SPAGHETTI WITH GARLIC AND OIL  
BRAISED REDFISH IN VIZCAINA SAUCE (TOMATO,  
PEPPER, ONION)  
STEAMED POTATO  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

18

CREAMY ZUCCHINI SOUP (ZUCCHINI, POTATO,  
ONION)  
ROASTED CHICKEN WINGS  
FRENCH FRIES  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

19

CUBAN-STYLE RICE (TOMATO SAUCE,  
FRIED EGG)  
ROASTED TURKEY THIGH  
LETTUCE AND CUCUMBER SALAD  
FRESH SEASONAL FRUIT  
ALLERGEN-FREE WHITE BREAD

