

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

IN ADDITION TO THE MENU, WE HAVE A SALAD BUFFET AVAILABLE EVERY DAY. THE SALAD BUFFET CONSIST OF:
✓1 TYPE OF LETTUCE
✓4 TOPPINGS OF YOUR CHOICE

FRESH SEASONAL FRUIT (SPRING):APPLE, BANANA, PEAR, MELON, WATERMELON

The fruit served will depend on availability, but we guarantee that it will always be fresh and in season

According to Rgto. 1169/2011 you can ask SERUNION staff for information on substances that can cause allergies or intolerances

**MONDAY, 18 MAY
CELIAC DAY**



**PUBLIC HOLIDAY
LABOUR DAY**



01

04

PASTA WITH TOMATO SAUCE, GRATINATED MEAT LASAGNE WITH BÉCHAMEL SAUCE, GRATINATED
MARINATED GRILLED PORK LOIN
PORK LOIN IN SWEET AND SOUR SAUCE
LETTUCE AND BEAN SPROUT SALAD
ROASTED PUMPKIN WITH A TOUCH OF PEPPER
ASSORTED FLAVOURED YOGHURT OR ICE CREAM
ASSORTED BREADS (WHITE, WHOLEMEAL OR CIABATTA)

05

CREAM OF VEGETABLE SOUP
RED POZOLE (CORN AND TOMATO STEW)
SCRAMBLED EGGS WITH SERRANO HAM AND POTATOES
SPANISH OMELETTE
LETTUCE AND FRESH TOMATO SALAD
SAUTÉED BROCCOLI
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

06

LENTIL STEW WITH CHORIZO
SAUTÉED PEAS WITH YORK
SICILIAN-STYLE FISH (GALLINETA)
ANDALUSIAN-STYLE RED SNAPPER
ROASTED POTATOES
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

07

HOT POKE (WHOLEMEAL RICE, EGG, SALMON, CHIVES AND MAYONNAISE DRESSING)
CASSEROLE RICE
FRIED FALAFEL WITH TZATZIKI SAUCE
ROASTED HAM STEAK
LETTUCE AND CUCUMBER SALAD
GRILLED VEGETABLES
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

08

HOMEMADE SALMOREJO WITH CHOPPED SERRANO HAM AND EGG
SAUTÉED MIXED VEGETABLES
CHICKEN IN CHILINDRÓN SAUCE
GRILLED CHICKEN FILLET WITH LEMON
BAKED BREADED POTATOES
FRESH SEASONAL FRUIT OR HOMEMADE RICE PUDDING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

11

BROWN RICE WITH HOMEMADE TOMATO SAUCE
SAUTÉED RICE WITH CURRY AND RAISINS
FRIED EGGS AND FRESH SAUSAGES
SCRAMBLED EGGS AND BACON
LETTUCE AND SWEETCORN SALAD
ROASTED RED PEPPERS
FRESH SEASONAL FRUIT OR CUSTARD
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

12

STEWED POTATOES WITH LEAN MEAT
SPICED POTATOES WITH TUNA AND EGG
OVEN-BAKED CHICKEN THIGH FILLET WITH PROVENCAL HERBS
CHICKEN THIGH FILLET IN SAUCE
BAKED MUSHROOMS
SAUTÉED PEAS WITH ONION
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

13

CREAM OF PUMPKIN AND LEEK SOUP
SAUTÉED GREEN BEANS WITH TOMATO
COD WITH GARLIC
CRISPY BREADED COD
BOILED AND SAUTÉED POTATOES
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

14

CHICKPEAS WITH SPINACH
HOME-MADE GAZPACHO
HOME-MADE LENTIL MARGARITA PIZZA
PROSCIUTTO PIZZA
FRESH TOMATOES DRESSED WITH BASIL VINAIGRETTE
YOGHURT IN VARIOUS FLAVOURS
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

15

ITALIAN DAY
TAGLIATELLE WITH ALFREDO SAUCE 🇮🇹
TALLARINES WITH CARUSO SAUCE 🇮🇹
ROAST PORK WITH PROVENCAL HERBS 🇮🇹
CHICKEN COTOLETTA (ESCALOPE) 🇮🇹
LETTUCE AND GRATED CARROT SALAD
BAKED COURGETTE
FRESH FRUIT OR PANNA COTTA 🇮🇹
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

18

DÍA DEL CELIACO
WHITE BEAN SALAD 🍷
SAUTÉED PEAS WITH MUSHROOMS 🍷
GARLIC CHICKEN DRUMSTICKS 🍷
CURRY CHICKEN DRUMSTICKS 🍷
LETTUCE AND SOYBEAN SPROUT SALAD 🍷
FRIED RICE WITH GARLIC AND ONION 🍷
YOGHURT OR VANILLA PUDDING 🍷
ASSORTED BREADS (GLUTEN-FREE 🍷, WHITE, WHOLEMEAL OR CIABATTA)

19

WHOLEMEAL PASTA WITH VEGETABLES AND BACON
PASTA WITH SPINACH AND SUN-DRIED TOMATO PESTO
BAKED SALMON WITH TERIYAKI SAUCE AND SESAME SEEDS
HANDMADE COD CROQUETTES / CABBAGE SALAD
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

20

PORTUGUESE-STYLE GREEN BEANS
HOME-MADE SALMOREJO
CHICKPEAS TIKKA MASALA
BURGER WITH OLD-FASHIONED MUSTARD SAUCE
LETTUCE AND CUCUMBER SALAD
BATTERED AUBERGINE BITES
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

21

MIXED PAELLA
SAUTÉED RICE WITH VEGETABLES
COURGETTE OMELETTE
GRATINATED POTATO OMELETTE
FRESH TOMATOES DRESSED WITH GARLIC AND PARSLEY VINAIGRETTE
FRESH SEASONAL FRUIT OR CHOCOLATE MOUSSE
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

22

CREAM OF VEGETABLE SOUP
RATATOUILLE
HOME-MADE BREADED PORK ESCALOPE
MARINATED GRILLED PORK LOIN
LETTUCE AND CORN SALAD
HOME-MADE SPICED CHIPS
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

25

CREAMY CARBONARA PASTA
PASTA WITH TOMATO AND BLACK OLIVES
SCRAMBLED EGGS WITH ASPARAGUS
MALLORCAN-STYLE EGGS
LETTUCE AND GRATED CARROT SALAD
GRILLED VEGETABLES
FRESH SEASONAL FRUIT OR ICE CREAM
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

26

MIXED WHOLEMEAL RICE, MEAT AND SEAFOOD
PAELLA
SAUTÉED CAULIFLOWER
HAKE FILLET IN AMERICAN SAUCE
HAKE FINGERS
DICED FRIED POTATOES
YOGHURT IN VARIOUS FLAVOURS
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

27

LENTIL STEW WITH CARROTS
LENTIL SALAD WITH COUSCOUS
OVEN-BAKED BURGER IN ITS OWN JUICES
KEFTEDES WITH TZATZIKI SAUCE
TOMATO AND CUCUMBER SALAD
SAUTÉED PLAIN RICE
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

28

VICHYSOISE
GREEN BEANS SAUTÉED WITH GARLIC
TURKEY CASSEROLE
MEAT PIE
ROASTED COURGETTE
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

29

GAZPACHO
FRIED BEANS
FAJITAS WITH SOYA BOLOGNESE
SAUTÉED CHICKEN STRIPS WITH VEGETABLES AND SPICES
NACHOS WITH GUACAMOLE
FRESH SEASONAL FRUIT OR CORN CAKE
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)