

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

IN ADDITION TO THE MENU, WE HAVE
A SALAD BUFFET AVAILABLE EVERY DAY.
THE SALAD BUFFET CONSIST OF:
✓1 TYPE OF LETTUCE
✓4 TOPPINGS OF YOUR CHOICE

**FRESH SEASONAL FRUIT
(SPRING):APPLE, BANANA, PEAR, MELON,
WATERMELON**

The fruit served will depend on availability, but
we guarantee that it will always be fresh and in
season

According to Rgto. 1169/2011
you can ask SERUNION staff
for information on substances
that can cause allergies or intolerances

**PUBLIC HOLIDAY
LABOUR DAY**



01

04

PASTA WITH TOMATO SAUCE
OVEN-BAKED OR GRILLED PORK LOIN
LETTUCE AND BEAN SPROUT SALAD
SOYA YOGHURT
ALLERGEN-FREE WHITE BREAD

05

CREAM OF GREEN BEANS, COURGETTE, PUMPKIN
AND CHARD SOUP
HAM AND POTATO SCRAMBLE
LETTUCE AND TOMATO SALAD
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

06

LENTILS WITH POTATOES AND VEGETABLES
FISH (GALLINETA) WITH TOMATO, BASIL AND OLIVES
ROASTED POTATO
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

07

BROWN RICE WITH TOMATO SAUCE
ROASTED HAM STEAK
LETTUCE AND CUCUMBER SALAD
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

08

HOME-MADE SALMOREJO WITH CHOPPED HAM
AND EGG
LEMON CHICKEN THIGH
BAKED BREADED POTATOES
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

11

BROWN RICE WITH HOMEMADE TOMATO SAUCE
FRIED EGG
LETTUCE AND SWEETCORN SALAD
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

12

POTATOES WITH LEAN MEAT
CHICKEN WITH PROVENCAL HERBS
BAKED MUSHROOMS
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

13

PUMPKIN AND LEEK SOUP
BAKED COD WITH GARLIC AND PARSLEY
BOILED POTATOES
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

14

CHICKPEAS WITH SPINACH
BAKED OR GRILLED CHICKEN THIGH
SEASONED FRESH TOMATO
SOYA YOGHURT
ALLERGEN-FREE WHITE BREAD

15

TAGLIATELLE WITH CHUNKED TOMATOES AND
OREGANO
BAKED PORK WITH PROVENCAL HERBS
LETTUCE AND CARROT SALAD
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

18

WHITE BEAN SALAD
CHICKEN WITH GARLIC AND PARSLEY
LETTUCE AND SOYA BEAN SPROUT SALAD
SOYA YOGHURT
ALLERGEN-FREE WHITE BREAD

19

WHOLE WHEAT PASTA WITH TOMATO SAUCE
BAKED OR GRILLED SALMON
CABBAGE SALAD
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

20

GREEN BEANS WITH TOMATO SAUCE
CHICKPEAS WITH VEGETABLES, TOMATO AND
GARLIC
LETTUCE AND CUCUMBER SALAD
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

21

VEGETABLE PAELLA
COURGETTE OMELETTE
TOMATOES SEASONED WITH OREGANO
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

22

CREAM OF GREEN BEANS, COURGETTE,
PUMPKIN AND CHARD
BAKED OR GRILLED PORK LOIN
LETTUCE AND CORN SALAD
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

25

MACARONI WITH TOMATO, BASIL AND BLACK OLIVE
SAUCE
SCRAMBLED EGGS AND ASPARAGUS
LETTUCE AND CARROT SALAD
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

26

SAUTÉED CAULIFLOWER
BAKED HAKE WITH GARLIC AND PARSLEY
FRIED DICED POTATOES
SOYA YOGHURT
ALLERGEN-FREE WHITE BREAD

27

LENTILS WITH CARROTS
LEAN PORK WITH TOMATO SAUCE
CUCUMBER AND TOMATO SALAD
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

28

CREAM OF POTATO AND LEEK SOUP
ROASTED OR GRILLED TURKEY BREAST
ROASTED OR GRILLED COURGETTE
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD

29

HOME-MADE GAZPACHO
BAKED OR GRILLED CHICKEN BREAST
NACHOS
FRESH SEASONAL FRUIT
ALLERGEN-FREE WHITE BREAD