

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

TODOS LOS DIAS, ADEMÁS DE LOS PLATOS INDICADOS, TAMBIÉN HAY DISPONIBLE UN BUFFET DE ENSALADA COMPUESTO DE:  
 ✓ 1 TIPO DE LECHUGA  
 ✓ 4 TOPPING PARA ELEGIR

FRUTA FRESCA DE TEMPORADA

(PRIMAVERA):  
 MANZANA, PLÁTANO/BANANA, PERA, MELÓN,  
 SANDÍA

La fruta servida, podrá variar en función de la disponibilidad, garantizando en todo caso que se trata de fruta fresca y de temporada

VACACIONES DE SEMANA SANTA

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COCIDO ANDALUZ  
 CREMA DE CALABAZA ASADA CON CROUTONS  
 REVUELTO DE HUEVO Y QUESO FUNDIDO  
 HUEVOS BELLA AURORA  
 ZANAHORIA BABY SALTEADA  
 FRUTA FRESCA DE TEMPORADA  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

PASTA CORTA NAPOLITANA  
 PASTA CORTA A LA MARINERA  
 ALUBIAS SALTEADAS CON LOMBARDA, CALABAZA Y SALSA AL PESTO  
 CINTA DE LOMO CON CHUTNEY DE MANZANA Y CEBOLLA  
 VERDURAS AL GRILL  
 YOGUR SABORES VARIADOS  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

ESPINACAS CON BECHAMEL GRATINADAS  
 ENSALADA CÉSAR  
 TAQUITOS DE POLLO AL AJILLO  
 FILETE DE POLLO MORUNO A LA PLANCHA  
 PATATAS ASADAS CON TOMILLO  
 FRUTA FRESCA DE TEMPORADA  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

PAELLA MIXTA (ARROZ INTEGRAL) DE MARISCO Y MAGRO  
 ARROZ FRITO AL ESTILO ASIÁTICO  
 LOMO DE MERLUZA AL HORNO  
 CROQUETAS ARTESANAS DE BACALAO  
 CALABACÍN REBOZADO  
 FRUTA FRESCA DE TEMPORADA  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

**JORNADA EEUU**  
 CHOWDER DE BRÓCOLI   
 SOPA CASERA DE VERDURAS CON FIDEOS   
 HAMBURGUESA COMPLETA CON QUESO   
 HAMBURGUESA CON SALSA BARBACOA   
 PATATAS FRITAS CASERAS  
 FRUTA FRESCA DE TEMPORADA O BROWNIE DE CHOCOLATE   
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

GARBANZOS ESTOFADOS CON CHORIZO  
 POTAJE DE GARBAZOS CON ESPINACAS  
 TORTILLA FRANCESA DE CHAMPIÑÓN Y FINAS HIERBAS  
 REVUELTO DE HUEVO CON CHISTORRA  
 VERDURAS AL GRILL  
 YOGUR SABORES VARIADOS O FLAN DE VAINILLA  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

CREMA SUAVE DE VERDURAS Y HORTALIZAS DE TEMPORADA  
 CREMA DE CALABACÍN CON CEBOLLA CRUIENTE  
 CALDERETA DE POLLO  
 POLLO EN SALSA LIGERA DE MOSTAZA  
 ARROZ BLANCO SALTEADO  
 FRUTA FRESCA DE TEMPORADA  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

ESPAGUETIS INTEGRALES AGLIO-OLIO CON PAVO Y CEBOLLINO  
 ESPIRALES CON VERDURAS AL WOK  
 GALLINETA A LA VIZCAINA  
 GALLINETA A LA ANDALUZA  
 PURÉ DE PATATAS CASERO  
 FRUTA FRESCA DE TEMPORADA  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

PATATAS GUISADAS CON POLLO  
 PATATAS GUISADAS A LA MARINERA  
 MILHOJAS DE BOLOÑESA DE LENTEJAS CASERA  
 MILHOJAS DE LACÓN Y MOZZARELLA  
 BRÓCOLI AL AJILLO  
 FRUTA FRESCA DE TEMPORADA  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

ARROZ A LA CUBANA CON SALSA DE TOMATE CASERA Y HUEVO / ARROZ CHAUFA  
 SALCHICHAS FRESCAS AL HORNO  
 SALCHICHAS FRESCAS EN SALSA CON CHAMPIÑONES  
 PATATAS FRITAS CASERAS  
 FRUTA FRESCA DE TEMPORADA O NATILLAS CASERAS  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

CODITOS CON BECHAMEL  
 ENSALADA DE PASTA TROPICAL  
 FLAMENQUINES ESTILO CORDOBÉS  
 ESCALOPE DE POLLO EMPANADO CASERO  
 CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL  
 FRUTA FRESCA DE TEMPORADA  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

CREMA DE VERDURAS Y HORTALIZAS DE TEMPORADA CON CROUTONS  
 GUISANTES SALTEADOS CON HUEVO  
 TORTILLA ESPAÑOLA  
 TORTILLA FRANCESA  
 PISTO DE VERDURAS HORTELANO  
 YOGUR SABORES VARIADOS  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

ARROZ INTEGRAL TRES DELICIAS  
 ARROZ A LA MILANESA CON CARNE  
 ALUBIAS SALTEADAS CON PICADA DE SOJA AHUMADA  
 MAGRO DE CERDO CON SALSA DE TOMATE CASERA  
 PURÉ DE PATATAS CASERO  
 FRUTA FRESCA DE TEMPORADA  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

PATATAS A LA RIOJANA  
 ENSALADA ALEMANA DE PATATA Y CABALLA  
 SALMÓN AL HORNO MACERADO EN PIÑA  
 SALMÓN AL HORNO CON SALSA TERIYAKI Y SÉSAMO  
 ESPIRALES AGLIO-OLIO  
 FRUTA FRESCA DE TEMPORADA  
 SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

Atendiendo al Rgto. 1169/2011 pueden solicitar al personal de SERUNION la información de sustancias que pueden causar alergias o intolerancias

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IN ADDITION TO THE MENU, WE HAVE A SALAD BUFFET AVAILABLE EVERY DAY. THE SALAD BUFFET CONSIST OF:

- ✓ 1 TYPE OF LETTUCE
- ✓ 4 TOPPING OF YOUR CHOICE

FRESH SEASONAL FRUIT (SPRING): APPLE, BANANA, PEAR, MELON, WATERMELON

The fruit served will depend on availability, but we guarantee that it will always be fresh and in season

EASTER HOLIDAYS

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06

NON-SCHOOL DAY

ANDALUSIAN STEW  
CREAM OF ROASTED PUMPKIN SOUP WITH CROUTONS  
SCRAMBLED EGGS WITH MELTED CHEESE  
BELLA AURORA EGGS  
SAUTÉED BABY CARROTS  
FRESH SEASONAL FRUIT  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

13

20

CHICKPEAS STEWED WITH CHORIZO  
CHICKPEA AND SPINACH STEW  
FRENCH OMELETTE WITH MUSHROOMS AND HERBS  
SCRAMBLED EGGS WITH CHISTORRA  
GRILLED VEGETABLES  
ASSORTED FLAVOURED YOGHURT OR VANILLA PUDDING  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

27

PASTA WITH BÉCHAMEL SAUCE  
TROPICAL PASTA SALAD  
CORDOBA-STYLE FLAMENQUINES  
HOME-MADE BREADED CHICKEN ESCALOPE  
MUSHROOMS SAUTÉED WITH GARLIC AND PARSLEY  
FRESH SEASONAL FRUIT  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

07

LENTIL STEW WITH CARROTS AND SAUTÉED PEPPERS  
VEGETABLE PISTO  
LEMON-INFUSED CHICKEN THIGH  
CHICKEN IN A LIGHT COCONUT AND TURMERIC SAUCE  
ROASTED SWEET POTATO/FRESH SEASONAL FRUIT  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

14

21

CREAMY SOUP OF SEASONAL VEGETABLES  
CREAM OF COURGETTE SOUP WITH CRISPY ONION  
CHICKEN STEW  
CHICKEN IN A LIGHT MUSTARD SAUCE  
SAUTÉED WHITE RICE  
FRESH SEASONAL FRUIT  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

28

CREAM OF SEASONAL VEGETABLES WITH CROUTONS  
SAUTÉED PEAS WITH EGG  
SPANISH OMELETTE  
FRENCH OMELETTE  
GARDEN-STYLE RATATOUILLE  
YOGHURT IN VARIOUS FLAVOURS  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

08

SMOOTH COURGETTE SOUP  
CAULIFLOWER WITH GARLIC SAUCE  
SPOKE-SHAPED EGGS  
SCRAMBLED EGGS WITH HAM  
CRISPY DICED POTATOES  
FRESH SEASONAL FRUIT  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

15

22

WHOLEMEAL AGLIO-OLIO SPAGHETTI WITH TURKEY AND CHIVES  
WOK-STIRRED SPIRAL PASTA WITH VEGETABLES  
RED SEABREAM VIZCAINA-STYLE  
RED SEA BASS/BREAM ANDALUSIAN-STYLE  
HOME-MADE MASHED POTATOES  
FRESH SEASONAL FRUIT  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

29

THREE-DELICACY WHOLEMEAL RICE  
MILANESE-STYLE RICE WITH MEAT  
SAUTÉED BEANS WITH SMOKED SOYA MINCE  
LEAN PORK WITH HOME-MADE TOMATO SAUCE  
HOMEMADE MASHED POTATOES  
FRESH SEASONAL FRUIT  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

09

STEWED POTATOES WITH NOODLES AND HAKE  
GRATINATED TARTIFLETTE  
SAUTÉED CHICKPEAS WITH CHICKEN STRIPS AND LEMON  
VEAL RAGOUT WITH VEGETABLES  
SAUTÉED SPIRAL PASTA  
FRESH SEASONAL FRUIT  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

16

23

CHICKEN AND POTATO STEW  
SEAFOOD-STYLE POTATO STEW  
HOMEMADE LENTIL BOLOGNESE MILHOJAS  
LACÓN AND MOZZARELLA MILHOJAS  
GARLIC BROCCOLI  
FRESH SEASONAL FRUIT  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

30

POTATOES RIOJANA-STYLE  
GERMAN POTATO AND MACKEREL SALAD  
BAKED SALMON MARINATED IN PINEAPPLE  
BAKED SALMON WITH TERIYAKI SAUCE AND SESAME  
AGLIO E OLIO SPIRAL PASTA  
FRESH SEASONAL FRUIT  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

10

WHOLEMEAL MACARONI BAKED WITH CHEESE  
MACARONI WITH MUSHROOM SAUCE  
MARINATED GRILLED PORK LOIN  
ASSORTMENT OF CROQUETTES  
WOK-STIRRED VEGETABLES  
FRESH SEASONAL FRUIT OR CUSTARD  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

17

**US DAY**  
BROCCOLI CHOWDER  
HOME-MADE VEGETABLE SOUP WITH NOODLES  
FULL HAMBURGER WITH CHEESE  
HAMBURGER WITH BARBECUE SAUCE  
HOME-MADE CHIPS  
FRESH FRUIT OR CHOCOLATE BROWNIE  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

24

CUBAN-STYLE RICE WITH HOMEMADE TOMATO SAUCE AND EGG / CHAUFA RICE  
FRESH BAKED SAUSAGES  
FRESH SAUSAGES IN SAUCE WITH MUSHROOMS  
HOME-MADE CHIPS  
FRESH SEASONAL FRUIT OR HOME-MADE CUSTARD  
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

According to Rgto. 1169/2011 you can ask SERUNION staff for information on substances that can cause allergies or intolerances