

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

FRUTA FRESCA DE TEMPORADA (PRIMAVERA):

MANZANA, PLÁTANO/BANANA, PERA, MELÓN, SANDÍA

La fruta servida, podrá variar en función de la disponibilidad, garantizando en todo caso que se trata de fruta fresca y de temporada

01

VACACIONES DE SEMANA SANTA

02

VACACIONES DE SEMANA SANTA

03

VACACIONES DE SEMANA SANTA

06

DÍA NO LECTIVO

07

ENSALADA DE ARROZ CON VINAGRETA DE SOJA
SALCHICHA BRATWURST HORNEADA
FILETE DE MERLUZA EN SALSA DE PIQUILLOS
COL SALTEADA Y PURÉ DE PATATAS CASERO
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

08

ENSALADA DE PATTAS Y POLLO CON VINAGRETA DE MIEL
BACALADILLA A LA ANDALUZA
EMPANADA CASERA DE JAMÓN DULCE, QUESO Y PASAS
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

09

NACHOS AL HORNO CON GUACAMOLE SUAVE Y QUESO
BURRITOS DE POLLO Y VERDURAS TIERNAS
SUPREMA DE SALMÓN A LA PLANCHA
TOMATE A LA PROVENZAL
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

10

CREMA SUAVE DE PUERRO Y ZANAHORIA
FILETE DE POLLO A LA PARMIGIANA
REVUELTO DE HUEVO Y MIGAS DE BACALAO
PATATAS FRITAS CASERAS
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

13

ENSALADA DE LECHEUGA CON APIO Y NUECES Y VINAGRETA DE MOSTAZA
CONTRAMUSLO DE POLLO ASADO EN SU JUGO
MILHOJAS DE ATÚN
PATATAS FRITAS CASERAS
FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

14

CREMA SUAVE DE CALABAZA Y ZANAHORIA
DUELOS Y QUEBRANTOS
BISTEC DE TERNERA A LA PLANCHA
BERENJENAS REBOZADAS CON SALSA DE MIEL Y SOJA
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

15

SOPA MISO SUAVE
CAZÓN CASERO EN ADOBO
FILETE DE JAMÓN A LA PLANCHA
ASADILLO DE PIMIENTOS ROJOS
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

16

ENSALADA CÉSAR
POLLO EN SALSA DE NARANJA
TORTILLA FRANCESA CASERA
ESPIRALES SALTEADOS CON ACEITE DE ALBAHACA
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

17

LASAÑA DE VERDURAS GRATINADA CON QUESO
MERLUZA EMPANADA CASERA
CHULETA DE PAVO A LA PLANCHA
SALTEADO DE COL
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

20

ENSALADA DE PASTA CON SALSA DE MOSTAZA Y MIEL
FILETE DE GALLO A LA ROTEÑA
CINTA DE LOMO AL HORNO EN SU JUGO
PATATAS PANADERA AL HORNO
FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

21

MENESTRA IMPERIAL SALTEADA CON BACON
TORTILLA ESPAÑOLA
SUPREMA DE SALMÓN A LA PLANCHA
CEBOLLA CARAMELIZADA
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

22

ENSALADA DE ARROZ CON ATÚN Y VINAGRETA
BALSÁMICA
SERRANITO
FILETE DE JAMÓN FRESCO A LA PIMIENTA
PATATAS FRITAS CASERAS
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

23

ENSALADA CÉSAR
ALBÓNDIGAS EN SALSA DE CEBOLLA
FILETE DE MERLUZA AL HORNO CON INFUSIÓN DE AJO Y PEREJIL
COUS COUS
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

24

CREMA SUAVE DE CALABACÍN Y PATATA CON CROUTONS
MAGRO DE CERDO EN SALSA AROMÁTICA
BONIATO
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

27

ENSALADA CÉSAR
SALCHICHAS FRESCAS EN SALSA STROGONOFF
MERLUZA AL LIMÓN
PATATAS FRITAS CASERAS
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

28

RAVIOLIS DE CARNE CON SALSA DE FUNGHI
REVUELTO DE HUEVO Y PAVO
FILETE DE POLLO A LA PLANCHA
TOMATE A LA PROVENZA
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

29

CREMA DE COFILOR CON ALMENDRA TOSTADA
BOQUERONES A LA ANDALUZA
PEPITO DE TERNERA CON PAN CHAPATA
BONIATO AL HORNO
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

30

SOPA MINISTRONE CON CALDO CASERO
COSTILLAS LACADAS CON SALSA BARBARCOA
CINTA DE LOMO ADOBADA A LA PLANCHA
PATATAS DADO
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL
C/TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

Atendiendo al Rgto. 1169/2011
pueden solicitar al personal de
SERUNION la información de sustancias
que pueden causar alergias o intolerancias

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

FRESH SEASONAL FRUIT
(SPRING);APPLE, BANANA, PEAR, MELON,
WATERMELON

The fruit served will depend on availability, but we guarantee that it will always be fresh and in season

06

NON-SCHOOL DAY

13

LETTUCE SALAD WITH CELERY AND WALNUTS,
SERVED WITH A MUSTARD VINAIGRETTE
ROASTED CHICKEN THIGH IN ITS OWN JUICES
TUNA MILHOYAS
HOME-MADE CHIPS
FRESH SEASONAL FRUIT – PLAIN YOGHURT WITH
TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR
CIABATTA)

20

PASTA SALAD WITH HONEY MUSTARD DRESSING
ROTEÑA-STYLE CHICKEN FILLET
OVEN-BAKED PORK LOIN IN ITS OWN JUICES
OVEN-BAKED BREADED POTATOES
FRESH SEASONAL FRUIT WITH PLAIN YOGHURT AND
TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR
CIABATTA)

27

CAESAR SALAD
FRESH SAUSAGES IN STROGONOFF SAUCE
LEMON-FLAVOURED HAKE
HOME-MADE CHIPS
FRESH SEASONAL FRUIT – PLAIN YOGHURT WITH
TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR
CIABATTA)

01

EASTER HOLIDAYS

08

CHICKPEA AND CHICKEN SALAD WITH HONEY
VINAIGRETTE
ANDALUSIAN-STYLE COD FILLET
HOME-MADE PIE WITH SWEET HAM, CHEESE AND
RAISINS
FRESH SEASONAL FRUIT – PLAIN YOGHURT WITH
TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR
CIABATTA)

15

MILD MISO SOUP
HOME-STYLE MARINATED FISH (CAZÓN)
GRILLED HAM SLICE
RED PEPPER STIR-FRY
FRESH SEASONAL FRUIT – PLAIN YOGURT WITH
TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR
CIABATTA)

22

RICE SALAD WITH TUNA AND BALSAMIC
VINAIGRETTE
SERRANITO
FRESH HAM SLICES WITH PEPPER
HOME-MADE CHIPS
FRESH SEASONAL FRUIT – PLAIN YOGHURT WITH
TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR
CIABATTA)

29

CREAM OF CAULIFLOWER SOUP WITH TOASTED
ALMONDS
ANDALUSIAN-STYLE ANCHOVIES
BEEF BURGER WITH CIABATTA BREAD
BAKED SWEET POTATO
FRESH SEASONAL FRUIT – PLAIN YOGURT WITH
TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR
CIABATTA)

02

EASTER HOLIDAYS

09

BAKED NACHOS WITH CREAMY GUACAMOLE AND
CHEESE
CHICKEN AND TENDER VEGETABLE BURRITOS
GRILLED SALMON FILLET
TOMATOES PROVENCAL
FRESH SEASONAL FRUIT – NATURAL YOGHURT
WITH TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL
OR CIABATTA)

16

CAESAR SALAD
CHICKEN IN ORANGE SAUCE
HOME-MADE FRENCH OMELETTE
SPIRAL PASTA SAUTÉED IN BASIL OIL
FRESH SEASONAL FRUIT – PLAIN YOGURT WITH
TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR
CIABATTA)

23

CAESAR SALAD
MEATBALLS IN ONION SAUCE
BAKED HAKE FILLET INFUSED WITH GARLIC AND
PARSLEY
COUSCOUS
FRESH SEASONAL FRUIT – PLAIN YOGURT WITH
TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR
CIABATTA)

30

MINSTRONE SOUP WITH HOME-MADE BROTH
GLASSED RIBS WITH BARBECUE SAUCE
MARINATED GRILLED PORK LOIN
DICED POTATOES
FRESH SEASONAL FRUIT – PLAIN YOGHURT WITH
TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR
CHAPATA)

03

EASTER HOLIDAYS

10

CREAM OF LEEK AND CARROT SOUP
CHICKEN PARMIGIANA
SCRAMBLED EGGS WITH COD FLAKES
HOME-MADE CHIPS
FRESH SEASONAL FRUIT – PLAIN YOGURT WITH
TOPPING
ASSORTMENT OF BREADS (WHITE,
WHOLEMEAL OR CIABATTA)

17

VEGETABLE LASAGNA AU GRATIN
HOME-MADE HAKE CUTLET
GRILLED TURKEY CHOP
SAUTÉED CABBAGE
FRESH SEASONAL FRUIT WITH PLAIN YOGHURT
AND TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL
OR BAGUETTE)

24

CREAMY COURGETTE AND POTATO SOUP WITH
CROUTONS
LEAN PORK IN AROMATIC SAUCE
SWEET POTATO
FRESH SEASONAL FRUIT – PLAIN YOGHURT
WITH TOPPING
ASSORTMENT OF BREADS (WHITE, WHOLEMEAL
OR CIABATTA)

According to Rgto. 1169/2011
you can ask SERUNION staff
for information on substances
that can cause allergies or intolerances