

LUNES 06	MARTES 07	MIERCOLES 08	JUEVES 09	VIERNES 10	SABADO 11	DOMINGO 12
<p>BUFFET DE ENSALADA ARROZ A LA MILANESA CON CARNE</p> <p>ARROZ A LA AMERICANA FOGONERO</p> <p>CON VINAGRETA BLANCA FOGONERO A LA ROTEÑA</p> <p>PURÉ DE PATATAS CASERO</p> <p>YOGUR SABORES VARIADOS O HELADO DE SABORES</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BUFFET DE ENSALADA</p> <p>GUISO DE LENTEJAS CON ZANAHORIA Y SOFRITO DE PIMIENTOS</p> <p>PISTO DE VERDURAS</p> <p>HORTELANO</p> <p>CONTRAMUSLO DE POLLO AL AROMA DE LIMÓN</p> <p>POLLO EN SALSA LIGERA DE COCO Y CÚRCUMA</p> <p>BONIATO ASADO</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BUFFET DE ENSALADA</p> <p>CREMA SUAVE DE CALABACÍN COLIFLOR AL AJOARRIERO</p> <p>HUEVOS AL PLATO</p> <p>REVUELTO DE HUEVO Y YORK</p> <p>PATATAS DADO-CRUJIENTES</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BUFFET DE ENSALADA</p> <p>PATATAS GUISADAS CON ALETRÍA Y MERLUZA</p> <p>TARTIFLETTE GRATINADO</p> <p>SALTEADO DE GARBANZOS CON TIRAS DE POLLO Y LIMÓN</p> <p>RAGOUT DE TERNERA A LA JARDINERA</p> <p>ESPIRALES SALTEADOS</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BUFFET DE ENSALADA</p> <p>MACARRONES INTEGRALES AL GRATÉN CON QUESO</p> <p>MACARRONES CON SALSA DE CHAMPIÑONES</p> <p>CINTA DE LOMO ADOBADA A LA PLANCHA</p> <p>SURTIDO DE CROQUETAS VERDURAS AL WOK</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA))</p>	<p>BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA</p> <p>HORNEADA</p> <p>BUFFET DE ENSALADAS</p> <p>BACON CRISPY</p> <p>REVUELTO DE HUEVO Y PAVO</p> <p>ALBÓNDIGAS EN SALSA DE ALMENDRAS</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA</p> <p>HORNEADA</p> <p>BUFFET DE ENSALADAS</p> <p>SALCHICHAS FRESCAS CON QUESO</p> <p>PATATAS AL GRATÉN CON BECHAMEL</p> <p>ALITAS DE POLLO A LA BARBACOA</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>
COMIDA						
<p>ENSALADA DE PASTA CON SALSA DE MOSTAZA Y MIEL</p> <p>TORTILLA DE PATATAS</p> <p>GRATINADA CON QUESO Y BECHAMEL</p> <p>CINTA DE LOMO FRESCA A LA PLANCHA</p> <p>CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL C/TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>ENSALADA DE ARROZ CON VINAGRETA DE SOJA</p> <p>SALCHICHA BRATWURST</p> <p>HORNEADA</p> <p>FILETE DE MERLUZA EN SALSA DE PIQUILLOS</p> <p>COL SALTEADA Y PURÉ DE PATATAS CASERO</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL C/TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>ENSALADA DE PATTAS Y POLLO CON VINAGRETA DE MIEL</p> <p>BACALADILLA A LA ANDALUZA</p> <p>EMPANADA CASERA DE JAMÓN DULCE, QUESO Y PASAS</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL C/TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>NACHOS AL HORNO CON GUACAMOLE SUAVE Y QUESO</p> <p>BURRITOS DE POLLO Y VERDURAS TIERNAS</p> <p>SUPREMA DE SALMÓN A LA PLANCHA</p> <p>TOMATE A LA PROVENZAL</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL C/TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>CREMA SUAVE DE PUERRO Y ZANAHORIA</p> <p>FILETE DE POLLO A LA PARMIGIANA</p> <p>REVUELTO DE HUEVO Y MIGAS DE BACALAO</p> <p>PATATAS FRITAS CASERAS</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL C/TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>SOPA CASERA DE PICADILLO CON POLLO Y PASTA LLUVIA</p> <p>TACOS AL PASTOR</p> <p>FILETE DE GALLO AL HORNO</p> <p>GNOCCHI CON SOFRITO DE TOMATE</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>ENSALADA CAMPERA</p> <p>PIZZA ARTESANA BARBACOA</p> <p>PINCHO MORUNO DE CERDO A LA PLANCHA</p> <p>PATATAS CHIPS</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>
CENA						

LUNES 13

BUFFET DE ENSALADA
 COCIDO ANDALUZ
 CREMA DE CALABAZA ASADA
 CON CROUTONS
 REVUELTO DE HUEVO Y
 QUESO FUNDIDO
 HUEVOS BELLA AURORA
 ZANAHORIA BABY SALTEADA
 FRUTA FRESCA DE
 TEMPORADA
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

MARTES 14

BUFFET DE ENSALADA
 PASTA CORTA NAPOLITANA
 PASTA CORTA A LA
 MARINERA
 ALUBIAS SALTEADAS CON
 LOMBARDA, CALABAZA Y
 SALSA AL PESTO
 CINTA DE LOMO CON
 CHUTNEY DE MANZANA Y
 CEBOLLA
 VERDURAS AL GRILL
 YOGUR SABORES VARIADOS
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

MIÉRCOLES 15

BUFFET DE ENSALADA
 ESPINACAS CON BECHAMEL
 GRATINADAS
 ENSALADA CÉSAR
 TAQUITOS DE POLLO AL AJILLO
 FILETE DE POLLO MORUNO A
 LA PLANCHA
 PATATAS ASADAS CON
 TOMILLO
 FRUTA FRESCA DE
 TEMPORADA
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

JUEVES 12

COMIDA

BUFFET DE ENSALADA
 PAELLA MIXTA (ARROZ
 INTEGRAL) DE MARISCO Y
 MAGRO
 ARROZ FRITO AL ESTILO
 ASIÁTICO
 LOMO DE MERLUZA AL
 HORNO
 CROQUETAS ARTESANAS DE
 BACALAO
 CALABACÍN REBOZADO
 FRUTA FRESCA DE
 TEMPORADA
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

VIERNES 16

BUFFET DE ENSALADA
JORNADA EEUU
 CHOWDER DE BRÓCOLI
 SOPA CASERA DE
 VERDURAS CON FIDEOS
 HAMBURGUESA
 COMPLETA CON QUESO
 HAMBURGUESA CON
 SALSA BARBACOA
 PATATAS FRITAS CASERAS
 FRUTA FRESCA DE
 TEMPORADA O BROWNIE
 DE CHOCOLATE
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

SABADO 17

BRUNCH:
 *PANES Y UNTABLES
 VARIADOS
 *EMBUTIDOS
 *CEREALES Y BOLLERIA
 HORNEADA
 BUFFET DE ENSALADAS
 BACON CRISPY
 PASTA A LA CARBONARA
 CREMOSA
 POLLO FRITO CRUJIENTE
 FRUTA FRESCA DE
 TEMPORADA-YOGUR
 NATURAL CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

DOMINGO 18

BRUNCH:
 *PANES Y UNTABLES VARIADOS
 *EMBUTIDOS
 *CEREALES Y BOLLERIA
 HORNEADA
 BUFFET DE ENSALADAS
 SALCHICHAS FRESCAS AL HORNO
 O A LA PLANCHA
 ARROZ CON SALSA DE TOMATE
 CASERA
 FLAMENQUÍN ESTILO CORDOBÉS
 FRUTA FRESCA DE TEMPORADA-
 YOGUR NATURAL CON TOPPING
 SURTIDO DE PANES
 (PAN BLANCO, INTEGRAL O
 CHAPATA)

CENA

ENSALADA DE LECHUGA CON
 APIO Y NUECES Y VINAGRETA DE
 MOSTAZA
 CONTRAMUSLO DE POLLO
 ASADO EN SU JUGO
 MILHOJAS DE ATÚN
 PATATAS FRITAS CASERAS
 FRUTA FRESCA DE TEMPORADA-
 YOGUR NATURAL C/TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O CHAPATA)

CREMA SUAVE DE
 CALABAZA Y ZANAHORIA
 DUELOS Y QUEBRANTOS
 BISTEC DE TERNERA A LA
 PLANCHA
 BERENJENAS REBOZADAS
 CON SALSA DE MIEL Y SOJA
 FRUTA FRESCA DE
 TEMPORADA-YOGUR
 NATURAL C/TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

SOPA MISO SUAVE
 CAZÓN CASERO EN ADOBO
 FILETE DE JAMÓN A LA
 PLANCHA
 ASADILLO DE PIMIENTOS
 ROJOS
 FRUTA FRESCA DE
 TEMPORADA-YOGUR
 NATURAL C/TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

ENSALADA CÉSAR
 POLLO EN SALSA DE NARANJA
 TORTILLA FRANCESA CASERA
 ESPIRALES SALTEADOS CON
 ACEITE DE ALBAHACA
 FRUTA FRESCA DE
 TEMPORADA-YOGUR NATURAL
 C/TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

LASAÑA DE VERDURAS
 GRATINADA CON QUESO
 MERLUZA EMPANADA
 CASERA
 CHULETA DE PAVO A LA
 PLANCHA
 SALTEADO DE COL
 FRUTA FRESCA DE
 TEMPORADA-YOGUR
 NATURAL C/TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

CREMA DE VERDURAS Y
 HORTALIZAS DE TEMPORADA
 QUESADILLA DE JAMÓN Y
 QUESO
 CINTA DE LOMO FRESCA A LA
 PLANCHA
 FRUTA FRESCA DE
 TEMPORADA-YOGUR NATURAL
 CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O CHAPATA)

ENSALADA DE QUINOA CON
 QUESO FRESCO Y
 RABANITOS
 HAMBURGUESA CON SALSA
 DE CEBOLLA
 MERLUZA A LA PLANCHA CON
 FINAS HIERBAS
 PATATAS FRITAS TEX-MEX
 FRUTA FRESCA DE
 TEMPORADA-YOGUR
 NATURAL CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

LUNES 20	MARTES 21	MIÉRCOLES 22	JUEVES 23	VIERNES 24	SABADO 25	DOMINGO 26
<p>BUFFET DE ENSALADA GARBANZOS ESTOFADOS CON CHORIZO</p> <p>POTAJE DE GARBAZOS CON ESPINACAS</p> <p>TORTILLA FRANCESA DE CHAMPIÓN Y FINAS HIERBAS REVUELTO DE HUEVO CON CHISTORRA</p> <p>VERDURAS AL GRILL</p> <p>YOGUR SABORES VARIADOS O FLAN DE VAINILLA</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BUFFET DE ENSALADA CREMA SUAVE DE VERDURAS Y HORTALIZAS DE TEMPORADA</p> <p>CREMA DE CALABACÍN CON CEBOLLA CRUJIENTE</p> <p>CALDERETA DE POLLO</p> <p>POLLO EN SALSA LIGERA DE MOSTAZA</p> <p>ARROZ BLANCO SALTEADO</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BUFFET DE ENSALADA ESPAGUETIS INTEGRALES</p> <p>AGLIO-OLIO CON PAVO Y CEBOLLINO</p> <p>ESPIRALES CON VERDURAS AL WOK</p> <p>GALLINETA A LA VIZCAINA</p> <p>GALLINETA A LA ANDALUZA</p> <p>PURÉ DE PATATAS CASERO</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BUFFET DE ENSALADA PATATAS GUIADAS CON POLLO</p> <p>PATATAS GUIADAS A LA MARINERA</p> <p>MILHOJAS DE BOLONESA DE LENTEJAS CASERA</p> <p>MILHOJAS DE LACÓN Y MOZZARELLA</p> <p>BRÓCOLI AL AJILLO</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BUFFET DE ENSALADA ARROZ A LA CUBANA CON SALSA DE TOMATE CASERA Y HUEVO / ARROZ CHAUFA</p> <p>SALCHICHAS FRESCAS AL HORNO</p> <p>SALCHICHAS FRESCAS EN SALSA CON CHAMPIÑONES</p> <p>PATATAS FRITAS CASERAS</p> <p>FRUTA FRESCA DE TEMPORADA O NATILLAS CASERAS</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BRUNCH: *PANES Y UNTABLES VARIADOS</p> <p>*EMBUTIDOS</p> <p>*CEREALES Y BOLLERIA HORNEADA</p> <p>BUFFET DE ENSALADAS</p> <p>HUEVOS REVUELTOS</p> <p>PATATAS CHEESE BACON</p> <p>COSTILLAS DE CERDO A LA BARBACOA</p> <p>YOGUR NATURAL CON TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>BRUNCH: *PANES Y UNTABLES VARIADOS</p> <p>*EMBUTIDOS</p> <p>*CEREALES Y BOLLERIA HORNEADA</p> <p>BUFFET DE ENSALADAS</p> <p>BACON CRISPY</p> <p>ARROZ AL GRATÉN</p> <p>KEBAB DE TERNERA</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR</p> <p>NATURAL CON TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>
<p>ENSALADA DE PASTA CON SALSA DE MOSTAZA Y MIEL</p> <p>FILETE DE GALLO A LA ROTEÑA</p> <p>CINTA DE LOMO AL HORNO EN SU JUGO</p> <p>PATATAS PANADERA AL HORNO</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR</p> <p>NATURAL C/TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>MENESTRA IMPERIAL</p> <p>SALTEADA CON BACON</p> <p>TORTILLA ESPAÑOLA</p> <p>SUPREMA DE SALMÓN A LA PLANCHA</p> <p>CEBOLLA CARAMELIZADA</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR</p> <p>NATURAL C/TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>ENSALADA DE ARROZ CON ATÚN Y VINAGRETA</p> <p>BALSÁMICA</p> <p>SERRANITO</p> <p>FILETE DE JAMÓN FRESCO A LA PIMIENTA</p> <p>PATATAS FRITAS CASERAS</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR</p> <p>NATURAL C/TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>ENSALADA CÉSAR</p> <p>ALBÓNDIGAS EN SALSA DE CEBOLLA</p> <p>FILETE DE MERLUZA AL HORNO CON INFUSIÓN DE AJO Y PEREJIL</p> <p>COUS COUS</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR</p> <p>NATURAL C/TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>CREMA SUAVE DE CALABACÍN</p> <p>Y PATATA CON CROUTONS</p> <p>MAGRO DE CERDO EN SALSA AROMÁTICA</p> <p>BONIATO</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR</p> <p>NATURAL C/TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>ENSALADILLA RUSA</p> <p>HOT DOG ESTILO NY</p> <p>PINCHITOS DE POLLO A LA PLANCHA</p> <p>PATATAS ASADAS</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>	<p>SOPA DE PICADILLO CON YORK Y FIDEOS</p> <p>PIZZA TROPICAL</p> <p>BACALAO AL AJOARRIERO</p> <p>ARITOS DE CEBOLLA</p> <p>FRUTA FRESCA DE TEMPORADA-YOGUR</p> <p>NATURAL CON TOPPING</p> <p>SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)</p>

COMIDA

CENA

LUNES 27

BUFFET DE ENSALADA
 CODITOS CON BECHAMEL
 ENSALADA DE PASTA
 TROPICAL
 FLAMENQUINES ESTILO
 CORDOBÉS
 ESCALOPE DE POLLO
 EMPANADO CASERO
 CHAMPiÑONES SALTEADOS
 CON AJU Y PEREJIL
 FRUTA FRESCA DE
 TEMPORADA
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

MARTES 28

BUFFET DE ENSALADA
 CREMA DE VERDURAS Y
 HORTALIZAS DE TEMPORADA
 CON CROUTONS
 GUISANTES SALTEADOS CON
 HUEVO
 TORTILLA ESPAÑOLA
 TORTILLA FRANCESA
 PISTO DE VERDURAS
 HORTELANO
 YOGUR SABORES VARIADOS
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

MIERCOLES 29

BUFFET DE ENSALADA
 ARROZ INTEGRAL TRES
 DELICIAS
 ARROZ A LA MILANESA CON
 CARNE
 ALUBIAS SALTEADAS CON
 PICADA DE SOJA AHUMADA
 MAGRO DE CERDO CON SALSA
 DE TOMATE CASERA
 PURÉ DE PATATAS CASERO
 FRUTA FRESCA DE
 TEMPORADA
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

JUEVES 30

COMIDA

BUFFET DE ENSALADA
 PATATAS A LA RIOJANA
 ENSALADA ALEMANA DE
 PATATA Y CABALLA
 SALMÓN AL HORNO
 MACERADO EN PIÑA
 SalmÓN AL HORNO CON
 SALSA TERIYAKI Y SÉSAMO
 ESPIRALES AGLIO-OLIO
 FRUTA FRESCA DE
 TEMPORADA
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

CENA

SOPA MINESTRONE CON
 CALDO CASERO
 COSTILLAS LACADAS CON
 SALSA BARBACOA
 CINTA DE LOMO ADOBADA A
 LA PLANCHA
 PATATAS DADO
 FRUTA FRESCA DE
 TEMPORADA-YOGUR
 NATURAL C/TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

CREMA DE COLIFLOR CON
 ALMENDRA TOSTADA
 BOQUERONES A LA
 ANDALUZA
 PEPITO DE TERNERA CON PAN
 CHAPATA
 BONIATO AL HORNO
 FRUTA FRESCA DE
 TEMPORADA-YOGUR
 NATURAL C/TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

RAVIOLIS DE CARNE CON
 SALSA DE FUNGHI
 REVUELTO DE HUEVO Y
 PAVO
 FILETE DE POLLO A LA
 PLANCHA
 TOMATE A LA PROVENZA
 FRUTA FRESCA DE
 TEMPORADA-YOGUR
 NATURAL C/TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

ENSALADA CÉSAR
 SALCHICHAS FRESCAS EN
 SALSA STROGONOFF
 MERLUZA AL LIMÓN
 PATATAS FRITAS CASERAS
 FRUTA FRESCA DE
 TEMPORADA-YOGUR
 NATURAL C/TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

MONDAY 06	TUESDAY 07	WEDNESDAY 08	THURSDAY 09	FRIDAY 10	SATURDAY 11	SUNDAY 12
<p>SALAD BAR</p> <p>MILANESE-STYLE RICE WITH MEAT</p> <p>AMERICAN-STYLE RICE FOGONERO</p> <p>WITH WHITE VINAIGRETTE</p> <p>FOGONERO, ROTE-STYLE</p> <p>HOME-MADE MASHED POTATOES</p> <p>YOGHURT IN VARIOUS FLAVOURS</p> <p>OR ICE CREAM IN VARIOUS FLAVOURS</p> <p>ASSORTMENT OF BREADS (WHITE BREAD, WHOLEMEAL OR CIABATTA)</p>	<p>SALAD BAR</p> <p>LENTIL STEW WITH CARROTS AND SAUTÉED PEPPERS</p> <p>VEGETABLE PISTO</p> <p>LEMON-INFUSED CHICKEN THIGH</p> <p>CHICKEN IN A LIGHT COCONUT AND TURMERIC SAUCE</p> <p>ROASTED SWEET</p> <p>POTATO/FRESH SEASONAL FRUIT</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>SALAD BAR</p> <p>SMOOTH COURGETTE SOUP</p> <p>CAULIFLOWER WITH GARLIC SAUCE</p> <p>SPOKE-SHAPED EGGS</p> <p>SCRAMBLED EGGS WITH HAM</p> <p>CRISPY DICED POTATOES</p> <p>FRESH SEASONAL FRUIT</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>SALAD BAR</p> <p>STEWED POTATOES WITH NOODLES AND HAKE</p> <p>GRATINATED TARTIFLETTE</p> <p>SAUTÉED CHICKPEAS WITH CHICKEN STRIPS AND LEMON</p> <p>VEAL RAGOUT WITH VEGETABLES</p> <p>SAUTÉED SPIRAL PASTA</p> <p>FRESH SEASONAL FRUIT</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>SALAD BAR</p> <p>WHOLEMEAL MACARONI BAKEC WITH CHEESE</p> <p>MACARONI WITH MUSHROOM SAUCE</p> <p>MARINATED GRILLED PORK LOIN</p> <p>ASSORTMENT OF CROQUETTES</p> <p>WOK-STIRRED VEGETABLES</p> <p>FRESH SEASONAL FRUIT OR CUSTARD</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>BRUNCH:</p> <p>*ASSORTED BREADS AND SPREADS</p> <p>*COLD CUTS</p> <p>*CEREALS AND BAKED PASTRIES</p> <p>SALAD BAR</p> <p>CRISPY BACON</p> <p>SCRAMBLED EGGS WITH TURKEY</p> <p>MEATBALLS IN ALMOND SAUCE</p> <p>FRESH SEASONAL FRUIT AND PLAIN YOGHURT</p> <p>WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>BRUNCH:</p> <p>*ASSORTED BREADS AND SPREADS</p> <p>*CEREALS AND BAKED PASTRIES</p> <p>SALAD BAR</p> <p>FRESH SAUSAGES WITH CHEESE</p> <p>BAKED POTATOES WITH BÉCHAMEL SAUCE</p> <p>BARBECUED CHICKEN</p> <p>WINGS</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>
COMIDA						
<p>PASTA SALAD WITH HONEY MUSTARD DRESSING</p> <p>POTATO OMELETTE AU GRATIN WITH CHEESE AND BÉCHAMEL SAUCE</p> <p>FRESH GRILLED PORK LOIN</p> <p>MUSHROOMS SAUTÉED WITH GARLIC AND PARSLEY</p> <p>FRESH SEASONAL FRUIT WITH PLAIN YOGHURT AND TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>RICE SALAD WITH SOY VINAIGRETTE</p> <p>BAKED BRATWURST</p> <p>SAUSAGE</p> <p>HAKE FILLET IN PIKILLOS SAUCE</p> <p>SAUTÉED CABBAGE AND HOMEMADE MASHED POTATOES</p> <p>FRESH SEASONAL FRUIT WITH PLAIN YOGHURT AND TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>CHICKPEA AND CHICKEN SALAD WITH HONEY VINAIGRETTE</p> <p>ANDALUSIAN-STYLE COD FILLET</p> <p>HOME-MADE PIE WITH SWEET HAM, CHEESE AND RAISINS</p> <p>FRESH SEASONAL FRUIT - PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>BAKED NACHOS WITH CREAMY GUACAMOLE AND CHEESE</p> <p>CHICKEN AND TENDER VEGETABLE BURRITOS</p> <p>GRILLED SALMON FILLET</p> <p>TOMATOES PROVENÇAL</p> <p>FRESH SEASONAL FRUIT – NATURAL YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>CREAM OF LEEK AND CARROT SOUP</p> <p>CHICKEN PARMIGIANA</p> <p>SCRAMBLED EGGS WITH COD FLAKES</p> <p>HOME-MADE CHIPS</p> <p>FRESH SEASONAL FRUIT – PLAIN YOGHURT WITH TOPPING</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>HOME-MADE MINCED MEAT SOUP WITH CHICKEN AND VERMICELLI</p> <p>TACOS AL PASTOR</p> <p>BAKED CHICKEN BREAST</p> <p>GNOCCHI WITH TOMATO SAUCE</p> <p>FRESH SEASONAL FRUIT – PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>POTATO SALAD</p> <p>ARTISAN BARBECUE PIZZA</p> <p>GRILLED PORK SKEWER</p> <p>CRISPS</p> <p>FRESH SEASONAL FRUIT – PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>
CENA						

MONDAY 13

SALAD BAR
ANDALUSIAN STEW
CREAM OF ROASTED
PUMPKIN SOUP WITH
CROUTONS
SCRAMBLED EGGS WITH
MELTED CHEESE
BELLA AURORA EGGS
SAUTÉED BABY CARROTS
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

TUESDAY 14

SALAD BAR
NEAPOLITAN SHORT PASTA
SHORT PASTA WITH
SEAFOOD
SAUTÉED BEANS WITH RED
CABBAGE, PUMPKIN AND
PESTO SAUCE
PORK LOIN WITH APPLE
AND ONION CHUTNEY
GRILLED VEGETABLES
YOGHURT IN VARIOUS
FLAVOURS
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

WEDNESDAY 15

SALAD BAR
SPINACH AU GRATIN WITH
BÉCHAMEL SAUCE
CAESAR SALAD
GARLIC CHICKEN TACOS
GRILLED MORUNO-STYLE
CHICKEN FILLET
ROASTED POTATOES WITH
THYME
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

THURSDAY 12

COMIDA

SALAD BAR
MIXED PAELLA (WHOLEMEAL
RICE) WITH SEAFOOD AND
LEAN MEAT
ASIAN-STYLE FRIED RICE
BAKED HAKE LOIN
HANDMADE COD
CROQUETTES
BATTERED COURGETTE
FRESH SEASONAL FRUIT
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

FRIDAY 16

SALAD BAR
US DAY
BROCCOLI CHOWDER
HOME-MADE VEGETABLE
SOUP WITH NOODLES
FULL HAMBURGER WITH
CHEESE
HAMBURGER WITH
BARBECUE SAUCE
HOME-MADE CHIPS
FRESH FRUIT OR
CHOCOLATE BROWNIE
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

SATURDAY 17

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED
PASTRIES
SALAD BAR
CRISPY BACON
CREAMY CARBONARA PASTA
CRISPY FRIED CHICKEN
FRESH SEASONAL FRUIT –
PLAIN YOGHURT WITH
TOPPINGS
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

SUNDAY 18

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
FRESH SAUSAGES, BAKED OR
GRILLED
RICE WITH HOMEMADE TOMATO
SAUCE
CORDOBA-STYLE FLAMENQUÍN
FRESH SEASONAL FRUIT – PLAIN
YOGHURT WITH TOPPINGS
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

CENA

CAESAR SALAD
CHICKEN IN ORANGE SAUCE
HOME-MADE FRENCH
OMELETTE
SPIRAL PASTA SAUTÉED IN
BASIL OIL
FRESH SEASONAL FRUIT –
PLAIN YOGURT WITH TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

MILD MISO SOUP
HOME-STYLE MARINATED
FISH (CAZÓN)
GRILLED HAM SLICE
RED PEPPER STIR-FRY
FRESH SEASONAL FRUIT –
PLAIN YOGURT WITH
TOPPINGS
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

SMOOTH PUMPKIN AND
CARROT SOUP
DUELOS Y QUEBRANTOS
GRILLED VEAL STEAK
BATTERED AUBERGINES
WITH HONEY AND SOY
SAUCE
FRESH SEASONAL FRUIT -
PLAIN YOGURT WITH
TOPPINGS
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

LETTUCE SALAD WITH CELERY
AND WALNUTS, SERVED WITH A
MUSTARD VINAIGRETTE
ROASTED CHICKEN THIGH IN ITS
OWN JUICES
TUNA MILHOYAS
HOME-MADE CHIPS
FRESH SEASONAL FRUIT – PLAIN
YOGHURT WITH TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

VEGETABLE LASAGNA AU
GRATIN
HOME-MADE HAKE CUTLET
GRILLED TURKEY CHOP
SAUTÉED CABBAGE
FRESH SEASONAL FRUIT
WITH PLAIN YOGHURT AND
TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
BAGUETTE)

CREAM OF SEASONAL
VEGETABLES SOUP
HAM AND CHEESE QUESADILLA
GRILLED FRESH PORK LOIN
FRESH SEASONAL FRUIT
AND PLAIN YOGHURT WITH
TOPPINGS
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

QUINOA SALAD WITH
FRESH CHEESE AND
RADISHES
BURGER WITH ONION
SAUCE
GRILLED HAKE WITH HERBS
TEX-MEX CHIPS
FRESH SEASONAL FRUIT –
PLAIN YOGHURT WITH
TOPPINGS
ASSORTMENT OF BREADS
(WHITE, WHOLEMEAL OR
CIABATTA)

MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24	SATURDAY 25	SUNDAY 26
<p>SALAD BAR</p> <p>CHICKPEAS STEWED WITH CHORIZO</p> <p>CHICKPEA AND SPINACH STEW</p> <p>FRENCH OMELETTE WITH MUSHROOMS AND HERBS</p> <p>SCRAMBLED EGGS WITH CHISTORRA</p> <p>GRILLED VEGETABLES</p> <p>ASSORTED FLAVOURED YOGHURT OR VANILLA PUDDING</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>SALAD BAR</p> <p>CREAMY SOUP OF SEASONAL VEGETABLES</p> <p>CREAM OF COURGETTE SOUP WITH CRISPY ONION</p> <p>CHICKEN STEW</p> <p>CHICKEN IN A LIGHT MUSTARD SAUCE</p> <p>SAUTÉED WHITE RICE</p> <p>FRESH SEASONAL FRUIT</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>SALAD BAR</p> <p>WHOLEMEAL AGLIO-OLIO SPAGHETTI WITH TURKEY AND CHIVES</p> <p>WOK-STIRRED SPIRAL PASTA WITH VEGETABLES</p> <p>RED SEABREAM VIZCAINA-STYLE</p> <p>RED SEA BASSBREAM</p> <p>ANDALUSIAN-STYLE</p> <p>HOME-MADE MASHED POTATOES</p> <p>FRESH SEASONAL FRUIT</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>SALAD BAR</p> <p>CHICKEN AND POTATO STEW</p> <p>SEAFOOD-STYLE POTATO STEW</p> <p>HOMEMADE LENTIL</p> <p>BOLOGNESE MILHOJAS</p> <p>LACÓN AND MOZZARELLA MILHOJAS</p> <p>GARLIC BROCCOLI</p> <p>FRESH SEASONAL FRUIT</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>SALAD BAR</p> <p>CUBAN-STYLE RICE WITH HOMEMADE TOMATO SAUCE AND EGG / CHAUFIA RICE</p> <p>FRESH BAKED SAUSAGES WITH MUSHROOMS</p> <p>HOME-MADE CHIPS</p> <p>FRESH SEASONAL FRUIT OR HOME-MADE CUSTARD</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>BRUNCH:</p> <p>*ASSORTED BREADS AND SPREADS</p> <p>*COLD CUTS</p> <p>*CEREALS AND BAKED PASTRIES</p> <p>SALAD BAR</p> <p>SCRAMBLED EGGS</p> <p>CHEESE AND BACON POTATOES</p> <p>BARBECUED PORK RIBS</p> <p>PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTED BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>BRUNCH:</p> <p>*ASSORTED BREADS AND SPREADS</p> <p>*COLD CUTS</p> <p>*CEREALS AND BAKED PASTRIES</p> <p>SALAD BAR</p> <p>CRISPY BACON</p> <p>BAKED RICE</p> <p>BEEF KEBAB</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE BREAD, WHOLEMEAL BREAD OR CIABATTA)</p>
COMIDA						
<p>PASTA SALAD WITH HONEY MUSTARD DRESSING</p> <p>ROTEÑA-STYLE CHICKEN FILLET</p> <p>OVEN-BAKED PORK LOIN IN ITS OWN JUICES</p> <p>OVEN-BAKED BREADED POTATOES</p> <p>FRESH SEASONAL FRUIT WITH PLAIN YOGHURT AND TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>VEGETABLE STEW SAUTÉÉD WITH BACON</p> <p>SPANISH OMELETTE</p> <p>GRILLED SALMON FILLET</p> <p>CARAMELISED ONIONS</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPING</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>RICE SALAD WITH TUNA AND BALSAMIC VINAIGRETTE</p> <p>SERRANITO</p> <p>FRESH HAM SLICES WITH PEPPER</p> <p>HOME-MADE CHIPS</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPING</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>CAESAR SALAD</p> <p>MEATBALLS IN ONION SAUCE</p> <p>BAKED HAKE FILLET INFUSED WITH GARLIC AND PARSLEY</p> <p>COUSCOUS</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPING</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>CREAMY COURGETTE AND POTATO SOUP WITH CROUTONS</p> <p>LEAN PORK IN AROMATIC SAUCE</p> <p>SWEET POTATO</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>RUSSIAN SALAD</p> <p>NEW YORK-STYLE HOT DOG</p> <p>GRILLED CHICKEN SKEWERS</p> <p>ROASTED POTATOES</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>MINCED MEAT SOUP WITH HAM AND NOODLES</p> <p>TROPICAL PIZZA</p> <p>COD IN GARLIC SAUCE</p> <p>ONION RINGS</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>
CENA						
<p>PASTA SALAD WITH HONEY MUSTARD DRESSING</p> <p>ROTEÑA-STYLE CHICKEN FILLET</p> <p>OVEN-BAKED PORK LOIN IN ITS OWN JUICES</p> <p>OVEN-BAKED BREADED POTATOES</p> <p>FRESH SEASONAL FRUIT WITH PLAIN YOGHURT AND TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>VEGETABLE STEW SAUTÉÉD WITH BACON</p> <p>SPANISH OMELETTE</p> <p>GRILLED SALMON FILLET</p> <p>CARAMELISED ONIONS</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPING</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>RICE SALAD WITH TUNA AND BALSAMIC VINAIGRETTE</p> <p>SERRANITO</p> <p>FRESH HAM SLICES WITH PEPPER</p> <p>HOME-MADE CHIPS</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPING</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>CAESAR SALAD</p> <p>MEATBALLS IN ONION SAUCE</p> <p>BAKED HAKE FILLET INFUSED WITH GARLIC AND PARSLEY</p> <p>COUSCOUS</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPING</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>CREAMY COURGETTE AND POTATO SOUP WITH CROUTONS</p> <p>LEAN PORK IN AROMATIC SAUCE</p> <p>SWEET POTATO</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>RUSSIAN SALAD</p> <p>NEW YORK-STYLE HOT DOG</p> <p>GRILLED CHICKEN SKEWERS</p> <p>ROASTED POTATOES</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>	<p>MINCED MEAT SOUP WITH HAM AND NOODLES</p> <p>TROPICAL PIZZA</p> <p>COD IN GARLIC SAUCE</p> <p>ONION RINGS</p> <p>FRESH SEASONAL FRUIT –</p> <p>PLAIN YOGHURT WITH TOPPINGS</p> <p>ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)</p>

MONDAY 27

SALAD BAR
 PASTA WITH BÉCHAMEL SAUCE
 TROPICAL PASTA SALAD
 CORDOBA-STYLE FLAMENQUINES
 HOME-MADE BREADED CHICKEN ESCALOPE
 MUSHROOMS SAUTÉED WITH GARLIC AND PARSLEY
 FRESH SEASONAL FRUIT
 ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

TUESDAY 28

SALAD BAR
 CREAM OF SEASONAL VEGETABLES WITH CROUTONS
 SAUTÉED PEAS WITH EGG SPANISH OMELETTE
 FRENCH OMELETTE
 GARDEN-STYLE RATATOUILLE
 YOGHURT IN VARIOUS FLAVOURS
 ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

WEDNESDAY 29

SALAD BAR
 THREE-DELICACY WHOLEMEAL RICE
 MILANESE-STYLE RICE WITH MEAT
 SAUTÉED BEANS WITH SMOKED SOYA MINCE
 LEAN PORK WITH HOMEMADE TOMATO SAUCE
 HOMEMADE MASHED POTATOES
 FRESH SEASONAL FRUIT
 ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

THURSDAY 30

COMIDA

SALAD BAR
 POTATOES RIOJANA-STYLE
 GERMAN POTATO AND MACKEREL SALAD
 BAKED SALMON MARINATED IN PINEAPPLE
 BAKED SALMON WITH TERIYAKI SAUCE AND SESAME
 AGLIO E OLIO SPIRAL PASTA
 FRESH SEASONAL FRUIT
 ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

CENA

CAESAR SALAD
 FRESH SAUSAGES IN STROGONOFF SAUCE
 LEMON-FLAVOURED HAKE
 HOME-MADE CHIPS
 FRESH SEASONAL FRUIT – PLAIN YOGHURT WITH TOPPINGS
 ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

MEAT RAVIOLI WITH MUSHROOM SAUCE
 SCRAMBLED EGGS AND TURKEY
 GRILLED CHICKEN FILLET
 PROVENCAL TOMATOES
 FRESH SEASONAL FRUIT - PLAIN YOGHURT WITH TOPPINGS
 ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

CREAM OF CAULIFLOWER SOUP WITH TOASTED ALMONDS
 ANDALUSIAN-STYLE ANCHOVIES
 BEEF BURGER WITH CIABATTA BREAD
 BAKED SWEET POTATO
 FRESH SEASONAL FRUIT – PLAIN YOGURT WITH TOPPING
 ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CIABATTA)

MINSTRONE SOUP WITH HOME-MADE BROTH
 GLASSED RIBS WITH BARBECUE SAUCE
 MARINATED GRILLED PORK LOIN
 DICED POTATOES
 FRESH SEASONAL FRUIT - PLAIN YOGHURT WITH TOPPING
 ASSORTMENT OF BREADS (WHITE, WHOLEMEAL OR CHAPATA)