

| | 01 | 02 | 03 |
|--|---|---|--|
| <p>TODOS LOS DIAS, ADEMÁS DE LOS PLATOS INDICADOS, TAMBIÉN HAY DISPONIBLE UN BUFFET DE ENSALADA COMPUESTO DE:</p> <ul style="list-style-type: none"> ✓ 1 TIPO DE LECHUGA ✓ 4 TOPPING PARA ELEGIR <p>DÍA NO LECTIVO</p> | <p>FRUTA FRESCA DE TEMPORADA (PRIMAVERA): MANZANA, PLÁTANO/BANANA, PERA, MELÓN, SANDÍA</p> <p>La fruta servida, podrá variar en función de la disponibilidad, garantizando en todo caso que se trata de fruta fresca y de temporada</p> | <p>VACACIONES DE SEMANA SANTA</p> | <p>VACACIONES DE SEMANA SANTA</p> |
| <p>06</p> <p>CREMA DE CALABAZA ASADA CON PICATOSTES REVUELTO DE HUEVO</p> <p>ENSALADA DE LECHUGA Y MAIZ</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>07</p> <p>LENTEJAS CON PATATAS</p> <p>CONTRAMUSLO DE POLLO AL LIMON</p> <p>BONIATO AL HORNO</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>08</p> <p>CREMA DE CALABACIN</p> <p>HUEVOS AL HORNO CON TOMATE</p> <p>PATATAS DADO FRITAS</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>09</p> <p>PATATAS CON ACELIGA, ZANAHORIA Y PUERRO</p> <p>GARBANZOS SALTEADOS CON POLLO, CALABACIN, BERENJENA, CALABAZA, TOMATE Y LIMÓN</p> <p>ENSALADA DE LECHUGA Y REMOLACHA</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> |
| <p>13</p> <p>CREMA DE CALABAZA ASADA CON PICATOSTES</p> <p>REVUELTO DE HUEVO</p> <p>ENSALADA DE LECHUGA Y MAIZ</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>14</p> <p>PASTA CON SALSA DE TOMATE Y OREGANO</p> <p>ALUBIAS SALTEADAS CON LOMBARDA Y CALABAZA</p> <p>TOMATE ALIÑADO CON OREGANO</p> <p>YOGUR DE SOJA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>15</p> <p>ESPINACAS SALTEADAS</p> <p>POLLO CON AJO Y PEREJIL</p> <p>PATATAS AL HORNO CON AJO Y TOMILLO</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>16</p> <p>ARROZ INTEGRAL SALTEADO CON CHAMPIÑONES Y BACON</p> <p>MERLUZA AL HORNO O A LA PLANCHA</p> <p>CALABACIN ASADO</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> |
| <p>20</p> <p>GARBANZOS CON ESPINACAS</p> <p>TORTILLA FRANCESA CON CHAMPIÑÓN Y FINAS HIERBAS</p> <p>ENSALADA DE LECHUGA Y TOMATE</p> <p>YOGUR DE SOJA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>21</p> <p>CREMA DE VERDURAS Y HORTALIZAS</p> <p>POLLO AL HORNO O A LA PLANCHA</p> <p>ENSALADA DE LECHUGA Y ZANAHORIA</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>22</p> <p>ESPAGUETIS INTEGRALES SALTEADOS CON AJO Y PIMENTON</p> <p>GALLINETA A LA VIZCAINA</p> <p>PATATA COCIDA</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>23</p> <p>PATATAS CON POLLO</p> <p>LENTEJAS CON VERDURAS</p> <p>BROCOLI SALTEADO</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> |
| <p>27</p> <p>CODITOS CON SALSA DE TOMATE</p> <p>PECHUGA DE POLLO AL HORNO O A LA PLANCHA</p> <p>CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>28</p> <p>CREMA DE JUDIAS VERDES, CALABACIN, CALABAZA Y ACELIGAS CON PICATOSTES</p> <p>TORTILLA DE PATATA</p> <p>ENSALADA DE LECHUGA Y ZANAHORIA</p> <p>YOGUR DE SOJA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>29</p> <p>ARROZ INTEGRAL CON SALSA DE TOMATE</p> <p>ALUBIAS SALTEADAS CON CEBOLLA Y ZANAHORIA</p> <p>ENSALADA DE TOMATE Y MAIZ</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>30</p> <p>PATATAS CON ARROZ</p> <p>SALMON AL HORNO CON AJO Y PEREJIL</p> <p>ENSALADA DE LECHUGA Y MAIZ</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> |
| <p>17</p> <p>SOPA CASERA DE VERDURAS CON FIDEOS</p> <p>PECHUGA DE PAVO AL HORNO O A LA PLANCHA</p> <p>ENSALADA DE LECHUGA Y PEPINO</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>10</p> <p>MACARRONES INTEGRALES CON SALSA DE TOMATE</p> <p>CINTA DE LOMO AL HORNO O A LA PLANCHA</p> <p>ENSALADA DE LECHUGA Y ZANAHORIA</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>24</p> <p>ARROZ CON SALSA DE TOMATE Y HUEVO</p> <p>PAVO AL HORNO O A LA PLANCHA</p> <p>ENSALADA DE LECHUGA Y PEPINO</p> <p>FRUTA FRESCA DE TEMPORADA</p> <p>PAN BLANCO SIN ALÉRGENOS</p> | <p>Atendiendo al Rgto. 1169/2011 pueden solicitar al personal de SERUNION la información de sustancias que pueden causar alergias o intolerancias</p> |

| | 01 | 02 | 03 |
|--|--|---|---|
| <p>IN ADDITION TO THE MENU, WE HAVE A SALAD BUFFET AVAILABLE EVERY DAY. THE SALAD BUFFET CONSIST OF:</p> <ul style="list-style-type: none"> ✓ 1 TYPE OF LETTUCE ✓ 4 TOPPINGS OF YOUR CHOICE | <p>FRESH SEASONAL FRUIT (SPRING): APPLE, BANANA, PEAR, MELON, WATERMELON</p> <p>The fruit served will depend on availability, but we guarantee that it will always be fresh and in season</p> | <p>EASTER HOLIDAYS</p> | <p>EASTER HOLIDAYS</p> |
| <p>NON-SCHOOL DAY</p> | <p>06</p> <p>ROASTED PUMPKIN SOUP WITH CROUTONS SCRAMBLED EGGS LETTUCE AND CORN SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>07</p> <p>LENTILS WITH POTATOES LEMON-MARINATED CHICKEN THIGH BAKED SWEET POTATO FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>08</p> <p>CREAM OF COURGETTE SOUP BAKED EGGS WITH TOMATO DICED FRIED POTATOES FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> |
| <p>09</p> <p>WHOLEMEAL MACARONI WITH TOMATO SAUCE OVEN-BAKED OR GRILLED PORK LOIN LETTUCE AND CARROT SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>10</p> <p>ROASTED PUMPKIN SOUP WITH CROUTONS SCRAMBLED EGGS LETTUCE AND CORN SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>11</p> <p>CHICKPEAS WITH SPINACH FRENCH OMELETTE WITH MUSHROOMS AND HERBS LETTUCE AND TOMATO SALAD SOYA YOGHURT ALLERGEN-FREE WHITE BREAD</p> | <p>12</p> <p>PASTA WITH TOMATO AND OREGANO SAUCE SAUTÉED BEANS WITH RED CABBAGE AND PUMPKIN TOMATOES SEASONED WITH OREGANO SOYA YOGHURT ALLERGEN-FREE WHITE BREAD</p> |
| <p>13</p> <p>CREAM OF VEGETABLE SOUP ROASTED OR GRILLED CHICKEN LETTUCE AND CARROT SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>14</p> <p>SAUTÉED SPINACH CHICKEN WITH GARLIC AND PARSLEY BAKED POTATOES WITH GARLIC AND THYME FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>15</p> <p>WHOLEMEAL SPAGHETTI SAUTÉED WITH GARLIC AND PAPRIKA VIZCAINA-STYLE SEA BASS BOILED POTATO FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>16</p> <p>POTATOES WITH CHICKEN LENTILS WITH VEGETABLES SAUTÉED BROCCOLI FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> |
| <p>17</p> <p>HOMEMADE VEGETABLE SOUP WITH NOODLES BAKED OR GRILLED TURKEY BREAST LETTUCE AND CUCUMBER SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>18</p> <p>SAUTÉED BROWN RICE WITH MUSHROOMS AND BACON BAKED OR GRILLED HAKE ROASTED COURGETTE FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>19</p> <p>POTATOES WITH CHARD, CARROTS AND LEEK SAUTÉED CHICKPEAS WITH CHICKEN, COURGETTE, AUBERGINE, PUMPKIN, TOMATO AND LEMON LETTUCE AND BEETROOT SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>20</p> <p>CHICKPEAS WITH SPINACH FRENCH OMELETTE WITH MUSHROOMS AND HERBS LETTUCE AND TOMATO SALAD SOYA YOGHURT ALLERGEN-FREE WHITE BREAD</p> |
| <p>21</p> <p>CREAM OF GREEN BEANS, COURGETTE, PUMPKIN AND CHARD SOUP WITH CROUTONS POTATO OMELETTE LETTUCE AND CARROT SALAD SOYA YOGHURT ALLERGEN-FREE WHITE BREAD</p> | <p>22</p> <p>BROWN RICE WITH TOMATO SAUCE SAUTÉED BEANS WITH ONION AND CARROT TOMATO AND SWEETCORN SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>23</p> <p>BROWN RICE WITH TOMATO SAUCE ROASTED OR GRILLED TURKEY LETTUCE AND CUCUMBER SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>24</p> <p>POTATOES WITH RICE BAKED SALMON WITH GARLIC AND PARSLEY LETTUCE AND CORN SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> |
| <p>25</p> <p>PASTA WITH TOMATO SAUCE BAKED OR GRILLED CHICKEN BREAST MUSHROOMS SAUTÉED WITH GARLIC AND PARSLEY FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>26</p> <p>CREAM OF VEGETABLE SOUP ROASTED OR GRILLED CHICKEN LETTUCE AND CARROT SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>27</p> <p>PASTA WITH TOMATO SAUCE BAKED OR GRILLED CHICKEN BREAST MUSHROOMS SAUTÉED WITH GARLIC AND PARSLEY FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>28</p> <p>CREAM OF GREEN BEANS, COURGETTE, PUMPKIN AND CHARD SOUP WITH CROUTONS POTATO OMELETTE LETTUCE AND CARROT SALAD SOYA YOGHURT ALLERGEN-FREE WHITE BREAD</p> |
| <p>29</p> <p>SAUTÉED BROWN RICE WITH MUSHROOMS AND BACON BAKED OR GRILLED HAKE ROASTED COURGETTE FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>30</p> <p>POTATOES WITH RICE BAKED SALMON WITH GARLIC AND PARSLEY LETTUCE AND CORN SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>31</p> <p>WHOLEMEAL SPAGHETTI SAUTÉED WITH GARLIC AND PAPRIKA VIZCAINA-STYLE SEA BASS BOILED POTATO FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> | <p>32</p> <p>CREAM OF VEGETABLE SOUP ROASTED OR GRILLED CHICKEN LETTUCE AND CARROT SALAD FRESH SEASONAL FRUIT ALLERGEN-FREE WHITE BREAD</p> |

According to Rgto. 1169/2011 you can ask SERUNION staff for information on substances that can cause allergies or intolerances