

### LUNES

### MARTES

### MIÉRCOLES

### JUEVES

### VIERNES

**02**

SOPA CASERA CON PICADILLO DE HUEVO Y ARROZ  
CROQUE MONSIEUR  
TAQUITOS DE ATÚN A LA VIZCAINA  
PATATAS PANADERA AL HORNO  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON  
TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**03**

TABOULEH  
CAZON EN ADOBO CASERO  
ALITAS DE POLLO CON SALSA BBQ  
PATATAS FRITAS CASERAS  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
CON TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**04**

SOPA CASERA CON PICADILLO DE VERDURAS Y FIDEOS  
HUEVOS ROTOS CON BACON Y PATATAS  
PEPITO DE TERNERA CON PAN CHAPATA  
ASADILLO DE PIMIENTOS VERDES  
FRUTA FRESCA DE TEMPORADA-YOGUR  
NATURAL CON TOPPING  
SURTIDO DE PANES  
(PAN BLANCO, INTEGRAL O CHAPATA)

**05**

ENSALADA DE PASTA CON VIRUTAS  
DE HUEVO  
EMPANADA CASERA BOLONESA  
MERLUZA EN SALSA DE PIQUILLOS  
PATATAS DADO AL AJILLO  
FRUTA FRESCA DE TEMPORADA-YOGUR  
NATURAL CON TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**06**

ENSALADA DE QUINOA CON QUESO  
TORTILLA FRANCESA DE CALABACIN  
BROCHETA DE PINCHO MORUNO  
ARROZ SALTEADO THAI  
FRUTA FRESCA DE TEMPORADA-YOGUR  
NATURAL CON TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL  
O CHAPATA)

**09**

SOPA CASTELLANA CON PICADILLO DE HUEVO Y  
JAMON  
GALLO AL HORNO CON CRUMBLE DE CEBOLLA  
PECHUGA DE POLLO MARINADA CON TOMILLO Y  
LIMON  
PATATAS FRITAS CASERAS  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**10**

GNOCCHIS EN SALSA DE QUESO  
MAGRO DE CERDO A LA RIOJANA  
MERLUZA ORLY  
CUSCÚS CON HIERBABUENA  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**11**

ENSALADA DE PASTA TROPICAL  
TORTILLA ESPAÑOLA  
SANDWICH CLUB (POLLO, YORK, QUESO, BACON,  
LECHUGA Y TOMATE)  
ARITOS DE CEBOLLA  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**12**

ENSALADA CAMPERA  
FILETE DE RAPE A LA ROMANA  
BISTEC DE TERNERA A LA PLANCHA  
ARROZ TRES DELICIAS  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**13**

CREMA DE VERURAS Y HORTALIZAS DE  
TEMPORADA  
EMPANADA DE CARNE CASERA  
TORTILLA FRANCESA CON PAVO  
CHAMPIÑONES SALTEADOS CON JAMÓN  
SERRANO Y AJITOS  
FRUTA FRESCA DE TEMPORADA-YOGUR  
NATURAL C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**16**

CREMA SUAVE DE BROCOLI  
REVUELTO DE CHAMPIÑONES Y PAVO  
ALITAS DE POLLO KENTUCKY  
PATATAS DADO  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**17**

ENSALADILLA RUSA  
CHULETA DE SAJONIA A LA PLANCHA  
TOSTA DE QUESO CREMA, YORK, MOZZARELLA Y  
AGUACATE  
PURÉ DE MANZANA  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**18**

SOPA MARINERA CON PASTA  
RABAS DE CALAMAR REBOZADAS CASERAS  
BROCHETA DE PINCHO MORUNO EN ADOBO  
PATATAS FRITAS CASERAS  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**19**

ENSALADA DE PASTA CON VERDURAS  
FLAMENQUÍN AL ESTILO CORDOBÉS  
EMPANADA CASERA DE SALMON, QUESO Y  
CEBOLLA CARAMELIZADA  
ARITOS DE CEBOLLA  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**20**

MUSAKA DE VERDURAS  
POLLO EN SALSA CON ALMENDRAS  
TORTILLA PAISANA CON CHORIZO  
ASADILLO DE PIMIENTOS VERDES  
FRUTA FRESCA DE TEMPORADA-YOGUR  
NATURAL C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**23**

CREMA DE PATATAS Y ZANAHORIA CON  
CROUTONS  
BOLITAS DE POLLO COREANO  
CON MIEL Y SOJA  
JUREL EN SALSA DE TOMATE CASERA  
REPOLLO ESTILO KIMCHI  
FRUTA FRESCA DE TEMPORADA-YOGUR  
NATURAL C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**24**

ENSALADA CESAR  
SERRANITO  
HUEVOS A LA FLORENTINA  
PATATAS FRITAS CASERAS  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O  
CHAPATA)

**25**

ENSALADA DE ARROZ CON HUEVO,  
ACEITUNAS, YORK Y MAIZ  
CROQUETAS ARTESANAS  
FOGONERO EN SALSA VERDE  
GUISANTES SALTEADOS CON CEBOLLA  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO, INTEGRAL  
O CHAPATA)

**26**

SOPA DE FIDEOS CON CALDO CASERO Y PICADILLO  
DE JAMON CURADO  
TORTILLA ESPAÑOLA  
FILETE DE JAMON ASADO  
SALTEADO MEDITERRANEO  
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL  
C/TOPPING  
SURTIDO DE PANES (PAN BLANCO,  
INTEGRAL O CHAPATA)

**27**

KARTOFFELSALAT  
GALLO EN ADOBO DE LIMÓN FRITO  
CHULETA DE CERDO A LA PLANCHA  
CUSCÚS DE CILANTRO  
FRUTA FRESCA DE TEMPORADA-YOGUR  
NATURAL C/TOPPING  
SURTIDO DE PANES (PAN BLANCO,  
INTEGRAL O CHAPATA)

**30**

VACACIONES DE SEMANA SANTA

**31**

VACACIONES DE SEMANA SANTA

Atendiendo al Rgto. 1169/2011  
pueden solicitar al personal de  
SERUNION la información de sustancias  
que pueden causar alergias o intolerancias

### LUNES

**02**

HOMEMADE SOUP WITH SCRAMBLED EGG AND RICE  
CROQUE MONSIEUR  
TUNA TACOS VIZCAINA STYLE  
BAKED POTATOES  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**09**

CASTELLANA SOUP (EGG AND HAM)  
ROAST FISH (GALLO) WITH ONION CRUMBLE  
MARINATED CHICKEN BREAST WITH THYME AND LEMON  
HOMEMADE FRIED POTATOES  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**16**

CREAM OF BROCCOLI SOUP  
MUSHROOM AND TURKEY SCRAMBLE  
KENTUCKY CHICKEN WINGS  
DICED POTATOES  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**23**

CREAM OF POTATO AND CARROT SOUP WITH CROUTONS  
KOREAN CHICKEN BALLS WITH HONEY AND SOY SAUCE  
FISH (JUREL) IN HOMEMADE TOMATO SAUCE  
KIMCHI-STYLE CABBAGE  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**30**

EASTER HOLIDAYS

### MARTES

**03**

TABBOULEH  
FISH (CAZÓN) IN HOMEMADE MARINADE  
CHICKEN WINGS WITH BBQ SAUCE  
HOMEMADE FRIED POTATOES  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**10**

GNOCCHI IN CHEESE SAUCE  
PORK LEAN RIOJA STYLE  
FISH (HAKE) ORLY  
COUSCOUS WITH MINT  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**17**

RUSSIAN SALAD  
GRILLED PORK CHOP  
TOASTED SANDWICH WITH CREAM CHEESE, HAM, MOZZARELLA, AND AVOCADO  
APPLE PUREE  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**24**

CAESAR SALAD  
SERRANITO SANDWICH  
EGGS FLORENTINE  
HOMEMADE FRIED POTATOES  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**31**

EASTER HOLIDAYS

### MIÉRCOLES

**04**

HOMEMADE SOUP WITH VEGETABLES  
PICADILLO AND NOODLES  
SCRAMBLED EGGS WITH BACON AND POTATOES  
BEEF SANDWICH WITH CIABATTA BREAD  
GREEK PEPPER SAUTEED  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**11**

TROPICAL PASTA SALAD  
SPANISH OMELETTE  
CLUB SANDWICH (CHICKEN, HAM, CHEESE, BACON, LETTUCE, AND TOMATO)  
ONION RINGS  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**18**

SEAFOOD SOUP WITH PASTA  
HOMEMADE BREADED CALAMARI RINGS  
MARINATED PORK SKEWERS  
HOMEMADE FRENCH FRIES  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**25**

RICE SALAD WITH EGG, OLIVES, HAM, AND CORN  
HOMEMADE CROQUETTES  
FISH (FOGONERO) IN GREEN SAUCE  
SAUTÉED PEAS WITH ONION  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

### JUEVES

**05**

PASTA SALAD WITH EGG  
HOMEMADE BOLOGNESE EMPANADA  
FISH (HAKE) IN PIQUILLO PEPPER SAUCE  
DICED POTATOES WITH GARLIC  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**12**

POTATOES SALAD  
FRIED FISH (RAPE) FILLET  
GRILLED BEEF STEAK  
THREE DELIGHTS RICE  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**19**

PASTA SALAD WITH VEGETABLES  
CORDOBAN-STYLE FLAMENQUÍN  
HOMEMADE EMPANADA WITH SALMON, CHEESE, AND CARAMELIZED ONION  
ONION RINGS  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**26**

NOODLE SOUP WITH HOMEMADE BROTH AND HAM PICADILLO  
SPANISH OMELET  
ROASTED HAM STEAK  
MEDITERRANEAN STIR-FRY VEGETABLES  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

### VIERNES

**06**

QUINOA SALAD WITH CHEESE  
ZUCCHINI OMELET  
SPICED CHICKEN  
THAI FRIED RICE  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**13**

CREAM OF SEASONAL VEGETABLE SOUP  
HOMEMADE MEAT PIE  
FRENCH OMELET WITH TURKEY  
SAUTÉED MUSHROOMS WITH SERRANO HAM AND GARLIC  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**20**

VEGETABLE MOUSSAKA  
CHICKEN IN ALMOND SAUCE  
COUNTRY-STYLE OMELETTE WITH CHORIZO  
GREEN PEPPER ROAST  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

**27**

KARTOFFELSATLAT  
FRIED FISH (GALLO) IN LEMON MARINADE  
GRILLED PORK CHOP  
CILANTRO COUSCOUS  
FRESH FRUIT-PLAIN YOGURT WITH TOPPING  
ASSORTED BREADS  
(WHITE, WHOLE WHEAT, OR CIABATTA)

According to Rgto. 1169/2011 you can ask SERUNION staff for information on substances that can cause allergies or intolerances