

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
TODOS LOS DIAS, ADEMÁS DE LOS PLATOS INDICADOS, TAMBIÉN HAY DISPONIBLE UN BUFFET DE ENSALADA COMPUESTO DE: ✓ 1 TIPO DE LECHUGA ✓ 4 TOPPING PARA ELEGIR	Atendiendo al Rgto. 1169/2011 pueden solicitar al personal de SERUNION la información de sustancias que pueden causar alergias o intolerancias			
02 ENSALADA DE PASTA CON SALSA DE MOSTAZA Y MIEL TORTILLA DE PATATA GRATINADA CON QUESO Y BECHAMEL CINTA DE LOMO FRESCA A LA PLANCHA CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	03 ENSALADA DE ARROZ CON VINAGRETA DE SOJA SALCHICHAS BRATWURST HORNEADA FILETE DE MERLUZA EN SALSA DE PIQUILLOS COL SALTEADA Y PURÉ DE PATATA CASERO FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	04 ENSALADA DE PATATA Y POLLO CON VINAGRETA DE MIEL BACALADILLA A LA ANDALUZA EMPANADA CASERA DE JAMON DULCE, QUESO Y PASAS ARROZ BLANCO SALTEADO FRUTA FRESCA - YOGUR NATURAL C/TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	05 NACHOS AL HORNO CON GUACAMOLE SUAVE Y QUESO BURRITOS DE POLLO Y VERDURAS TIERNAS SUPREMA DE SALMON A LA PLANCHA TOMATE A LA PROVENZAL FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	06 CREMA SUAVE DE PUERRO Y ZANAHORIA FILETE DE POLLO A LA PARMIGIANA REVUELTO DE HUEVO Y MIGAS DE BACALAO PATATAS FRITAS CASERAS FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
09 ENSALADA DE LECHUGA CON APIO Y NUECES Y VINAGRETA DE MOSTAZA CHULETA DE SAJONIA A LA PLANCHA MOLHOJAS DE ATUN PATATAS FRITAS CASERAS FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	10 CREMA SUAVE DE CALABAZA Y ZANAHORIA DUELOS Y QUEBRANTOS HAMBURGUESA MIXTA A LA PLANCHA BERENJENAS REBOZADAS CON SALSA DE MIEL Y MOSTAZA FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	11 SOPA MISO SUAVE CAZON CASERO EN ABOBO PECHUGA DE POLLO A LA PLANCHA ASADILLO DE PIMIENTOS ROJOS FRUTA FRESCA - YOGUR NATURAL CON TOPPING O DULCE DE GALLETA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	12 ENSALADA CESAR POLLO EN SALSA DE NARANJA TORTILLA FRANCESA CASERA ARROZ SALTEADO FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	13 LASAÑA DE VERDURAS GRATINADAS CON QUESO FISH AND CHIPS CASERO BISTEC DE TERNERA A LA PLANCHA FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
16 ENSALADA DE PASTA CON SALSA DE MOSTAZA Y MIEL FILETE DE GALLO A LA ROTEÑA CONTRAMUSLO DE POLLO A LA PLANCHA PATATAS PANADERA AL HORNO FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	17 CREMA SUAVE DE CALABACIN Y PATATA CON CROUTONS TORTILLA ESPAÑOLA SUPREMA DE SALMON A LA PLANCHA CEBOLLA CARAMELIZADA FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	18 ENSALADA DE ARROZ CON ATÚN Y VINAGRETA BALSAMICA SERRANITO FILETE DE JAMON FRESCO A LA PIMIENTA PATATAS FRITAS CASERAS FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	19 ENSALADA CESAR ALBONDIGAS EN SALSA DE CEBOLLA FILETE DE MERLUZA AL HORNO CON INFUSION DE AJO Y PEREJIL COUS COUS FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	20 VERDURAS SALTEADAS CON ARROZ MAGRO DE CERDO EN SALSA AROMÁTICA REVUELTO DE HUEVO Y QUESO FUNDIDO BONIATO ASADO FRUTA FRESCA - YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
23 VACACIONES DE SEMANA BLANCA	24 VACACIONES DE SEMANA BLANCA	25 VACACIONES DE SEMANA BLANCA	26 VACACIONES DE SEMANA BLANCA	27 VACACIONES DE SEMANA BLANCA

LUNES**MARTES****MIÉRCOLES****JUEVES****VIERNES**

IN ADDITION TO THE MENU, WE HAVE
A SALAD BUFFET AVAILABLE EVERY DAY.
THE SALAD BUFFET CONSIST OF:
✓ 1 TYPE OF LETTUCE
✓ 4 TOPPINGS OF YOUR CHOICE

According to Rgto. 1169/2011
you can ask SERUNION staff
for information on substances
that can cause allergies or intolerances

02

PASTA SALAD WITH HONEY MUSTARD SAUCE
GRATINATED POTATO OMELET WITH CHEESE AND
BÉCHAMEL SAUCE
FRESH GRILLED PORK LOIN
SAUTÉED MUSHROOMS WITH GARLIC AND PARSLEY
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

03

RICE SALAD WITH SOY VINAIGRETTE
BAKED BRATWURST SAUSAGES
HAKE FILLET IN PIQUILLO PEPPER SAUCE
SAUSAGE-DRIED CABBAGE AND HOMEMADE
MASHED POTATOES
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

04

POTATO AND CHICKEN SALAD WITH HONEY
VINAIGRETTE
FRIED FISH (BACALADILLA) ANDALUSIAN-STYLE
HOMEMADE EMPANADA WITH HAM, CHEESE, AND
RAISINS
SAUTÉED WHITE RICE
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

05

BAKED NACHOS WITH MILD GUACAMOLE AND
CHEESE
CHICKEN AND BABY VEGETABLE BURRITOS
GRILLED SALMON SUPREME
PROVENÇAL TOMATO
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

06

CREAMY LEEK AND CARROT SOUP
CHICKEN PARMESAN FILLET
SCRAMBLED EGGS WITH COD CRUMBS
HOMEMADE FRENCH FRIES
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT,
OR CIABATTA)

09

LETTUCE SALAD WITH CELERY AND WALNUTS AND
MUSTARD VINAIGRETTE
GRILLED SAXON CHOP
TUNA FRITTERS
HOMEMADE FRIES
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

10

CREAMY PUMPKIN AND CARROT SOUP
DUELOS Y QUEBRANTOS (A TRADITIONAL SPANISH
DISH)
GRILLED MIXED BURGER
BREADED EGGPLANT WITH HONEY MUSTARD
SAUCE
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

11

MILD MISO SOUP
MARINADE FISH (CAZÓN)
GRILLED CHICKEN BREAST
ROASTED RED PEPPERS
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

12

CAESAR SALAD
CHICKEN IN ORANGE SAUCE
HOMEMADE FRENCH OMELETTE
STIR-FRIED RICE
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

13

VEGETABLE LASAGNA AU GRATIN WITH CHEESE
HOMEMADE FISH AND CHIPS
GRILLED BEEF STEAK
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

16

PASTA SALAD WITH HONEY MUSTARD SAUCE
FISH (GALLO) ROTEÑA-STYLE
GRILLED CHICKEN THIGH
BAKED POTATOES
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

17

CREAMY ZUCCHINI AND POTATO SOUP WITH
CROUTONS
SPANISH OMELET
GRILLED SALMON FILLET
CARAMELIZED ONION
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

18

TUNA RICE SALAD
WITH BALSAMIC VINAIGRETTE
SERRANITO (SERRANITO SANDWICH)
FRESH PEPPERED HAM STEAK
HOMEMADE FRENCH FRIES
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

19

CAESAR SALAD
MEATBALLS IN ONION SAUCE
BAKED HAKE FILLET WITH GARLIC AND PARSLEY
INFUSION
COUSCOUS
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

20

SAUTÉED VEGETABLES WITH RICE
LEAN PORK IN AROMATIC SAUCE
SCRAMBLED EGGS WITH MELTED CHEESE
ROASTED SWEET POTATO
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR
CIABATTA)

23

SEMANA BLANCA SCHOOL HOLIDAYS

24

SEMANA BLANCA SCHOOL HOLIDAYS

25

SEMANA BLANCA SCHOOL HOLIDAYS

26

SEMANA BLANCA SCHOOL HOLIDAYS

27

SEMANA BLANCA SCHOOL HOLIDAYS