

LUNES 2	MARTES 3	MIÉRCOLES 4	JUEVES 5	VIERNES 6	SABADO 7	DOMINGO 8
COMIDA						
BUFFET DE ENSALADA ARROZ A LA MILANESA CON CARNE ARROZ A LA AMERICANA FOGONERO CON VINAGRETA BLANCA FOGONERO A LA ROTEÑA PURÉ DE PATATA CASERO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA GUISO DE LENTEJAS CON ZANAHORIA Y SOFRITO DE PIMIENTOS PISTO DE VERDURAS HORTELANO CONTRAMUSLO DE POLLO AL AROMA DE LIMÓN POLLO EN SALSA LIGERA DE COCO Y CÚRCUMA BONIATO ASADO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA CREMA SUAVE DE CALABACÍN COLIFLOR AL AJOARRIERO RAGOUT DE TERNERA A LA JARDINERA TERNERA AL ESTILO ALEMÁN ESPIRALES SALTEADOS YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA POTAJE TRADICIONAL DE GARBANZOS CON ESPINACAS GARBANZOS SALTEADOS CON BACON HUEVOS AL PLATO REVUELTO DE HUEVO Y JAMÓN YORK PATATAS DADO-CRUJIENTES FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA MACARRONES AL GRATEN CON QUESO MACARRONES CON SALSA DE CHAMPIÑONES CINTA DE LOMO ADOBADA A LA PLANCHA SURTIDO DE CROQUETAS VERDURAS AL WOK FRUTA FRESCA DE TEMPORADA NATILLAS CASERAS SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS BACON CRISPY REVUELTO DE HUEVO Y PAVO ALBONDIGAS EN SALSA DE ALMENDRAS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS SALCHICHAS FRESCAS CON QUESO PATATAS GRATINADAS CON BECHAMEL ALITAS DE POLLO A LA BARBACOA FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
CENA						
BUFFET DE ENSALADA ENSALADA DE PASTA CON SALSA DE MIEL Y MOSTAZA TORTILLA DE PATATA GRATINADA CINTA DE LOMO FRESCA A LA PLANCHA CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE ARROZ CON SALSA DE SOJA SALCHICHA BRATWURST HORNEADA FILETE DE MERLUZA EN SALSA DE PIQUILLOS PURE DE PATATA CASERO FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE PATATA Y POLLO CON VINAGRETA DE MIEL BACALADILLA A LA ANDALUZA EMPANADA CASERA DE JAMON DULCE, QUESO Y PASAS ARROZ BLANCO SALTEADO FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA NACHOS AL HORNO CON GUACAMOLE SUAVE Y QUESO BURRITOS DE POLLO Y VERDURAS TIERNAS SUPREMA DE SALMON A LA PLANCHA TOMATE A LA PROVENZAL FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA CREMA SUAVE DE PUERRO Y ZANAHORIA FILETE DE POLLO A LA PARMIGIANA REVUELTO DE HUEVO Y MIGAS DE BACALAO PATATAS FRITAS CASERAS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA SOPA CASERA DE PICADILLO CON POLLO Y PASTA LLUVIA TACOS AL PASTOR FILETE DE GALLO AL HORNO GNOCCIS CON SOFRITO DE TOMATE FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA CAMPERA PIZZA ARTESANA BARBACOA PINCHO MORUNO DE CERDO A LA PLANCHA PATATAS CHIPS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

LUNES 9	MARTES 10	MIÉRCOLES 11	JUEVES 12	VIERNES 13	SABADO 14	DOMINGO 15
BUFFET DE ENSALADA COCIDO ANDALUZ CREMA DE CALABAZA ASADA CON PICATOSTES REVUELTO DE HUEVO Y QUESO FUNDIDO HUEVOS BELLA AURORA ZANAHORIAS BABY SALTEADA FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA SOPA DE PICADILLO CON JAMON SERRANO Y HUEVO COCIDO SOPA CASERA DE VERDURAS Y FIDEOS CORDON BLEU FILETE DE POLLO MORUNO A LA PLANCHA PURE DE PATATA CASERO YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ESPINACAS CON BECHAMEL GRATINADAS ENSALADA CÉSAR LOMO EN SALSA FILETE DE JAMÓN A LA PLANCHA PATATAS ASADAS CON TOMILLO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	COMIDA BUFFET DE ENSALADA PASTA CORTA NAPOLITANA PASTA CORTA A LA MARINERA LOMO DE MERLUZA AL HORNO CROQUETAS ARTESANAS DE BACALAO CALABACIN REBOZADO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA JORNADA ASIÁTICA ARROZ FRITO AL ESTILO ASIÁTICO ARROZ SALTEADO CON BACON Y CHAMPIÑONES POLLO TIKKA MASALA ALITAS DE POLLO KENTUCKY SALTEADO DE COL FRUTA FRESCA DE TEMPORADA O BIZCOCHO SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS BACON CRISPY PASTA A LA CARBONARA CREMOSA POLLO FRITO CRUJIENTE FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS HUEVOS REVUELTOS CON QUESO ARROZ CON POLLO Y CURRY CINTA DE LOMO EN SALSA DE PIMIENTA FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
BUFFET DE ENSALADA ENSALADA DE LECHUGA CON APIO Y NUECES Y VINAGRETA DE MOSTAZA CHULETA DE SAJONIA A LA PLANCHA MOLHOJAS DE ATUN PATATAS FRITAS CASERAS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA CREMA SUAVE DE CALABAZA Y ZANAHORIA DUELOS Y QUEBRANTOS HAMBURGUESA MIXTA A LA PLANCHA BERENJENAS REBOZADAS CON SALSA DE MIEL Y MOSTAZA FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA SOPA MISO SUAVE CAZON CASERO EN ABOBO PECHUGA DE POLLO A LA PLANCHA ASADILLO DE PIMIENTOS ROJOS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	CENA BUFFET DE ENSALADA ENSALADA CESAR POLLO EN SALSA DE NARANJA TORTILLA FRANCESA CASERA ARROZ SALTEADO FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA LASAÑA DE VERDURAS GRATINADAS CON QUESO FISH AND CHIPS CASERO BISTEC DE TERNERA A LA PLANCHA FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADAS CREMA DE VERDURAS Y HORTALIZAS DE TEMPORADA QUESADILLA DE JAMÓN Y QUESO CINTA DE LOMO FRESCA A LA PLANCHA NACHOS CON GUACAMOLE FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADAS ENSALADA DE QUINOA CON QUESO FRESCO Y RABANITOS HAMBURGUESA CON SALSA DE CEBOLLA MERLUZA A LA PLANCHA CON FINA HIERBAS PATATAS TEX MEX FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

LUNES 16

BUFFET DE ENSALADA
 GARBANZOS ESTOFADOS CON
 CHORIZO
 POTAJE DE GARBANZOS CON
 ESPINACAS
 HUEVO VILLARROY
 REVUELTO DE HUEVO CON
 CHISTORRA
 VERDURAS AL GRILL
 YOGUR NATURAL CON
 TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

MARTES 17

BUFFET DE ENSALADA
 CREMA SUAVE DE VERDURAS
 Y HORTALIZAS DE
 TEMPORADA
 CREMA DE CALABACÍN CON
 CEBOLLA CRUJIENTE
 CINTA DE LOMO CON
 CHUTNEY DE MANZANA Y
 CEBOLLA
 CINTA DE LOMO AL HORNO
 EN SU JUGO
 ARROZ BLANCO SALTEADO
 FRUTA FRESCA DE
 TEMPORADA
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

MIERCOLES 18

BUFFET DE ENSALADA
 ESPIRALES AGLIO-OLIO CON
 PAVO Y CEBOLLINO
 ESPIRALES CON VERDURAS AL
 WOK
 GALLINETA A LA VIZCAINA
 GALLINETA A LA ANDALUZA
 PURÉ DE PATATA CASERO
 FRUTA FRESCA DE
 TEMPORADA
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

JUEVES 19

COMIDA

BUFFET DE ENSALADA
 GUISO DE LENTEJAS CON
 VERDURAS
 MENESTRA DE VERDURAS
 CON SALSA DE TOMATE
 CASERA
 CALDERETA DE POLLO
 POLLO EN SALSA LIGERA DE
 MOSTAZA
 BROCOLI AL AJILLO
 FRUTA FRESCA DE
 TEMPORADA
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

VIERNES 20

BUFFET DE ENSALADA
 ARROZ A LA CUBANA CON
 SALSA DE TOMATE CASERA Y
 HUEVO
 ARROZ CHAUFÁ
 SALCHICHAS FRESCAS AL
 HORNO
 SALCHICHAS FRESCAS EN
 SALSA CON CHAMPIÑONES
 PATATAS FRITAS CASERAS
 FRUTA FRESCA DE
 TEMPORADA O ARROZ CON
 LECHE CASERO
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

SABADO 21

BRUNCH:
 *PANES Y UNTABLES
 VARIADOS
 *EMBUTIDOS
 *CEREALES Y BOLLERIA
 HORNEADA
 BUFFET DE ENSALADAS
 BACON CRISPY
 ARROZ AL GRATIN
 CINTA DE LOMO FRESCA EN
 SALSA ESPAÑOLA
 FRUTA FRESCA DE
 TEMPORADA-YOGUR
 NATURAL CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

DOMINGO 22

BRUNCH:
 *PANES Y UNTABLES
 VARIADOS
 *EMBUTIDOS
 *CEREALES Y BOLLERIA
 HORNEADA
 BUFFET DE ENSALADAS
 HUEVOS REVUELTOS
 PATATAS CHESE BACON
 COSTILLAS DE CERDO A LA
 BARBACOA
 YOGUR NATURAL CON
 TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

CENA

BUFFET DE ENSALADA
 ENSALADA DE PASTA CON
 SALSA DE MOSTAZA Y MIEL
 FILETE DE GALLO A LA ROTEÑA
 CONTRAMUSLO DE POLLO A LA
 PLANCHA
 PATATAS PANADERA AL
 HORNO
 FRUTA FRESCA DE
 TEMPORADA-YOGUR NATURAL
 CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

BUFFET DE ENSALADA
 CREMA SUAVE DE CALABACIN Y
 PATATA CON CROUTONS
 TORTILLA ESPAÑOLA
 SUPREMA DE SALMON A LA
 PLANCHA
 CEBOLLA CARAMELIZADA
 FRUTA FRESCA DE
 TEMPORADA-YOGUR NATURAL
 CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

BUFFET DE ENSALADA
 ENSALADA DE ARROZ CON
 ATÚN
 Y VINAGRETA BALSAMICA
 SERRANITO
 FILETE DE JAMON FRESCO A LA
 PIMIENTA
 PATATAS FRITAS CASERAS
 FRUTA FRESCA DE
 TEMPORADA-YOGUR NATURAL
 CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

BUFFET DE ENSALADA
 ENSALADA CESAR
 ALBONDIGAS EN SALSA DE
 CEBOLLA
 FILETE DE MERLUZA AL HORNO
 CON INFUSION DE AJO Y
 PEREJIL
 COUS COUS
 FRUTA FRESCA DE
 TEMPORADA-YOGUR NATURAL
 CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

BUFFET DE ENSALADA
 VERDURAS SALTEADAS CON
 ARROZ
 MAGRO DE CERDO EN SALSA
 AROMÁTICA
 REVUELTO DE HUEVO Y QUESO
 FUNDIDO
 BONIATO ASADO
 FRUTA FRESCA DE
 TEMPORADA-YOGUR NATURAL
 CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

BUFFET DE ENSALADA
 ENSALADILLA RUSA
 HOT DOG ESTILO NY
 PINCHITOS DE POLLO A LA
 PLANCHA
 PATATAS ASADAS
 FRUTA FRESCA DE
 TEMPORADA-YOGUR NATURAL
 CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

BUFFET DE ENSALADA
 SOPA CASERA DE PICADILLO
 CON YORK Y FIDEOS
 PIZZA TROPICAL
 CABALLA AL AJOARRIERO
 AROS DE CEBOLLA CASEROS
 FRUTA FRESCA DE
 TEMPORADA-YOGUR NATURAL
 CON TOPPING
 SURTIDO DE PANES (PAN
 BLANCO, INTEGRAL O
 CHAPATA)

LUNES 23

BRUNCH:
*PANES Y UNTABLES VARIADOS
*EMBUTIDOS
*CEREALES Y BOLLERIA HORNEADA
BUFFET DE ENSALADAS BACON A LA PLANCHA
REVUELTO DE HUEVO Y YORK
ALBONDIGAS EN SALSA DE TOMATE CASERO
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

MARTES 24

BRUNCH:
*PANES Y UNTABLES VARIADOS
*EMBUTIDOS
*CEREALES Y BOLLERIA HORNEADA
BUFFET DE ENSALADAS LOMO ADOBADO A LA PLANCHA
PASTA CON SALSA DE QUESOS CREMOSA
POLLO FRITO CRUJIENTE
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

MIÉRCOLES 24

BRUNCH:
*PANES Y UNTABLES VARIADOS
*EMBUTIDOS
*CEREALES Y BOLLERIA HORNEADA
BUFFET DE ENSALADAS BACON CRISPY
ARROZ AL GRATEN
CINTA DE LOMO FRESCA EN SALSA ESPAÑOLA
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

JUEVES 25

COMIDA

BRUNCH:
*PANES Y UNTABLES VARIADOS
*EMBUTIDOS
*CEREALES Y BOLLERIA HORNEADA
BUFFET DE ENSALADAS HUEVOS REVUELTOS
PATATAS CHESE BACON
COSTILLAS DE CERDO A LA BARBACOA
YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

VIERNES 26

BRUNCH:
*PANES Y UNTABLES VARIADOS
*EMBUTIDOS
*CEREALES Y BOLLERIA HORNEADA
BUFFET DE ENSALADAS SALCHICHAS FRESCAS A LA PLANCHA
PATATAS RISOLADAS AL TOMILLO
ALITAS DE POLLO
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

SABADO 27

BRUNCH:
*PANES Y UNTABLES VARIADOS
*EMBUTIDOS
*CEREALES Y BOLLERIA HORNEADA
BUFFET DE ENSALADAS BACON
REVUELTO DE HUEVO Y QUESO
FILETE DE POLLO A LA PLANCHA
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

DOMINGO 28

BRUNCH:
*PANES Y UNTABLES VARIADOS
*EMBUTIDOS
*CEREALES Y BOLLERIA HORNEADA
BUFFET DE ENSALADAS SALCHICHAS FRESCAS
PATATAS GRATINADAS
FISH AND CHIPS
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

BUFFET DE ENSALADA SOPA DE POLLO CASERA CON ARROZ
SALCHICHAS FRESCAS EN SALSA STROGONOFF
FILETE DE JAMON A LA PLANCHA
PATATAS FRITAS CASERAS
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

BUFFET DE ENSALADA PASTA ESPIRAL CON YORK, TOMATE, CEBOLLA Y QUESO
PINCHITOS DE POLLO A LA PLANCHA
POLLO EN SU JUGO
TOMATE A LA PROVENZAL-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

BUFFET DE ENSALADA ENSALADA CAPRESSE
FOGONERO AL HORNO CON SALSA MEDITERRANEA
MERLUZA EN ADOBO FRITA
ARROZ SALTEADO COIN CHAMPIÑONES
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

CENA

BUFFET DE ENSALADA HUEVOS REVUELTOS AL OREGANO
COSTILLAS LACADAS CON SALSA BARBACOA
FILETE DE POLLO AL HORNO
PATATAS DADO
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

BUFFET DE ENSALADA PASTA SALTEADA CON TOMATE, CEBOLLA Y ATUN
GYROS DE TERNERA CON SALSA TZATIKI
VERDURITAS SALTEADAS
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

BUFFET DE ENSALADA CREMA DE VERDURAS CASERA
HAMBURGUESA COMPLETA
LOMO DE CERDO A LA PLANCHA
PATATAS GAJO ESPECIADAS
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

BUFFET DE ENSALADA ENSALADA COLESLAW
TACOS AL PASTOR
FILETE DE TERNERA A LA PLANCHA
CALABACIN REBOZADO
FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING
SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

MENÚ YAGO SCHOOL MÁLAGA

FEBRUARY YAGO MALAGA

MONDAY 02

SALAD BUFFET
MILANESE-STYLE RICE
WITH MEAT
AMERICAN-STYLE RICE
FOGONERO WITH WHITE
VINAIGRETTE
FOGONERO ROTEÑA
STYLE
HOMEMADE MASHED
POTATOES
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

TUESDAY 03

SALAD BUFFET
LENTIL STEW WITH
CARROTS AND
HOMEMADE PEPPER
STIR-FRY
VEGETABLES
RATATOUILLE
CHICKEN THIGH
COOKED WITH LEMON
AROMA
CHICKEN WITH
COCONUT AND
TURMERIC SAUCE
ROASTED SWEET
POTATO
FRESH FRUIT
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

WEDNESDAY 04

SALAD BUFFET
SMOOTH ZUCCHINI CREAM
AJOARRIERO
CAWLIFLOWER
BEEF RAGOUT WITH
VEGETABLES
BEEF RAGOUT GERMAN
STYLE
SAUTÉED PASTA (FUSILLI)
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

THURSDAY 05

COMIDA

SALAD BUFFET
TRADITIONAL CHICKPEA
AND SPINACH STEW
SAUTÉED CHICKPEAS
WITH BACON
BAKED EGGS
SCRAMBLED EGGS WITH
HAM
CRISPY DICED POTATOES
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

FRIDAY 06

SALAD BUFFET
MACARONI AU GRATIN
WITH CHEESE
MACARONI WITH
MUSHROOM SAUCE
GRILLED MARINATED PORK
LOIN
ASSORTED CROQUETTES
WOK-FRIED VEGETABLES
FRESH FRUIT OR
HOMEMADE CUSTARD
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SATURDAY 07

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
CRISPY BACON
TURKEY EGG SCRAMBLE
MEAT BALLS IN ALMOND
SAUCE
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SUNDAY 08

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
FRESH SAUSAGES WITH CHEESE
SCALLOPED POTATOES WITH
BECHAMEL SAUCE
BARBECUED CHICKEN WINGS
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

CENA

SALAD BUFFET
PASTA SALAD WITH
HONEY MUSTARD SAUCE
GRATINATED POTATO
OMELET WITH CHEESE
AND BÉCHAMEL SAUCE
FRESH GRILLED PORK
LOIN
SAUTÉED MUSHROOMS
WITH GARLIC AND
PARSLEY
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
RICE SALAD WITH SOY
VINAIGRETTE
BAKED BRATWURST
SAUSAGES
HAKE FILLET IN PIQUILLO
PEPPER SAUCE
SAUSAGE-DRIED CABBAGE
AND HOMEMADE MASHED
POTATOES
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
POTATO AND CHICKEN
SALAD WITH HONEY
VINAIGRETTE
FRIED FISH (BACALADILLA)
ANDALUSIAN-STYLE
HOMEMADE EMPANADA
WITH HAM, CHEESE, AND
RAISINS
SAUTÉED WHITE RICE
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
BAKED NACHOS WITH MILD
GUACAMOLE AND CHEESE
CHICKEN AND BABY
VEGETABLE BURRITOS
GRILLED SALMON SUPREME
PROVENÇAL TOMATO
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
CREAMY LEEK AND CARROT
SOUP
CHICKEN PARMESAN FILLET
SCRAMBLED EGGS WITH
COD CRUMBS
HOMEMADE FRENCH FRIES
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
HOMEMADE PICADILLO SOUP
WITH CHICKEN AND PASTA
TACOS AL PASTOR
BAKED CHICKEN FILLET
GNOCCHI WITH TOMATO
SAUCE
FRESH SEASONAL FRUIT-
NATURAL YOGURT WITH
TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEWHEAT OR
CHAPATA)

SALAD BUFFET
COUNTRY SALAD
ARTISAN BBQ PIZZA
GRILLED PORK SKEWERS
POTATO CHIPS
FRESH SEASONAL FRUIT-
NATURAL YOGURT WITH
TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEWHEAT OR
CHAPATA)

MONDAY 09

SALAD BUFFET
ANDALUSIAN-STYLE STEW
ROASTED PUMPKIN
CREAM SOUP WITH
CROUTONS
SCRAMBLED EGGS WITH
MELTED CHEESE
BELLA AURORA EGGS
SAUTÉED BABY CARROTS
FRESH FRUIT
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

TUESDAY 10

SALAD BUFFET
MINCED MEAT SOUP WITH
SERRANO HAM AND
BOILED EGG
HOMEMADE VEGETABLE
AND NOODLE SOUP
CORDON BLEU
GRILLED MOORISH
CHICKEN FILLET
HOMEMADE MASHED
POTATOES
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

WEDNESDAY 11

SALAD BUFFET
SPINACH WITH BÉCHAMEL
SAUCE AU GRATIN
CAESAR SALAD
PORK LOIN IN SAUCE
GRILLED HAM STEAK
ROASTED POTATOES WITH
THYME
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

THURSDAY 12 COMIDA

SALAD BUFFET
NEAPOLITAN-STYLE SHORT
PASTA
SHORT PASTA WITH
SEAFOOD SAUCE
BAKED HAKE FILLET
HOMEMADE COD
CROQUETTES
BREADED ZUCCHINI
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

FRIDAY 13

SALAD BUFFET
ASIAN GASTRONOMIC DAY
ASIAN-STYLE FRIED RICE
STIR-FRIED RICE WITH
BACON AND MUSHROOMS
CHICKEN TIKKA MASALA
KENTUCKY CHICKEN WINGS
STIR-FRIED CABBAGE
FRESH FRUIT OR CAKE
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SATURDAY 14

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
CRISPY BACON
PASTA CARBONARA CREAMY
CRISPY FRIED CHICKEN
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SUNDAY 15

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
SCRAMBLED EGGS WITH
CHEESE
CHICKEN AND CURRY SAUCE
PORK LOIN IN PEPPER SAUCE
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

CENA

SALAD BUFFET
LETTUCE SALAD WITH
CELERY AND WALNUTS AND
MUSTARD VINAIGRETTE
GRILLED SAXON CHOP
TUNA FRITTERS
HOMEMADE FRIES
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
CREAMY PUMPKIN AND
CARROT SOUP
DUELOS Y QUEBRANTOS
(A TRADITIONAL SPANISH
DISH)
GRILLED MIXED BURGER
BREADED EGGPLANT WITH
HONEY MUSTARD SAUCE
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
MILD MISO SOUP
MARINADE FISH
(CAZÓN)
GRILLED CHICKEN
BREAST
ROASTED RED PEPPERS
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
CAESAR SALAD
CHICKEN IN ORANGE
SAUCE
HOMEMADE FRENCH
OMELETTE
STIR-FRIED RICE
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
VEGETABLE LASAGNA
AU GRATIN WITH
CHEESE
HOMEMADE FISH AND
CHIPS
GRILLED BEEF STEAK
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE
WHEAT, OR CIABATTA)

SALAD BUFFET
CREAM OF SEASONAL
VEGETABLE SOUP
HAM AND CHEESE
QUESADILLA
FRESH GRILLED PORK LOIN
NACHOS WITH
GUACAMOLE
FRESH SEASONAL FRUIT -
PLAIN YOGURT WITH
TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
QUINOA SALAD WITH FRESH
CHEESE AND RADISHES
HAMBURGUER WITH ONION
SAUCE
GRILLED HAKE WITH HERBS
TEX-MEX POTATOES
FRESH SEASONAL FRUIT-
NATURAL YOGURT WITH
TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEWHEAT OR
CHAPATA)

MONDAY 16

TUESDAY 17

WEDNESDAY 18

THURSDAY 19

COMIDA

FRIDAY 20

SATURDAY 21

SUNDAY 22

SALAD BUFFET
CHICKPEA STEW WITH CHORIZO
CHICKPEA AND SPINACH STEW
VILLARROY EGGS
SCRAMBLED EGGS WITH CHORIZO
GRILLED VEGETABLES
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
CREAMY SOUP OF SEASONAL VEGETABLES
CREAM OF ZUCCHINI SOUP WITH CRISPY ONIONS
PORK LOIN WITH APPLE AND ONION CHUTNEY
BAKED PORK LOIN IN ITS OWN JUICES
SAUTÉED WHITE RICE
FRESH FRUIT
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
GARLIC AND OIL FUSILLI WITH TURKEY AND CHIVES
FUSILLI WITH STIR-FRIED VEGETABLES
FISH (GALLINETA) WITH ONION AND PEPPERS SAUCE
FRIED FISH (GALLINETA)
ANDALUSIAN-STYLE
HOMEMADE MASHED POTATOES
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
LENTIL STEW WITH VEGETABLES
VEGETABLE STEW WITH HOMEMADE TOMATO SAUCE
CHICKEN STEW
CHICKEN IN MUSTARD SAUCE
GARLIC BROCCOLI
FRESH FRUIT
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
CUBAN-STYLE RICE WITH HOMEMADE TOMATO SAUCE AND EGG
CHAUFA RICE
FRESH OVEN-BAKED SAUSAGES
FRESH SAUSAGES IN MUSHROOM SAUCE
HOMEMADE FRENCH FRIES
FRESH FRUIT OR HOMEMADE RICE PUDDING
ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)

BRUNCH:
ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
CRISPY BACON
GRATEN RICE
FRESH PORK LOIN IN SPANISH SAUCE
FRESH FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

BRUNCH:
*ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
SCRAMBLED EGGS
POTATOES, CHEESE AND BACON
BARBACUED PORK RIBS
FRESH FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

CENA

SALAD BUFFET
PASTA SALAD WITH HONEY MUSTARD SAUCE
FISH (GALLO) ROTEÑA-STYLE
GRILLED CHICKEN THIGH
BAKED POTATOES
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
CREAMY ZUCCHINI AND POTATO SOUP WITH CROUTONS
SPANISH OMELET
GRILLED SALMON FILLET
CARAMELIZED ONION
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
TUNA RICE SALAD WITH BALSAMIC VINAIGRETTE
SERRANITO (SERRANITO SANDWICH)
FRESH PEPPERED HAM STEAK
HOMEMADE FRENCH FRIES
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
CAESAR SALAD
MEATBALLS IN ONION SAUCE
BAKED HAKE FILLET WITH GARLIC AND PARSLEY
INFUSION
COUSCOUS
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
SAUTÉED VEGETABLES WITH RICE
LEAN PORK IN AROMATIC SAUCE
SCRAMBLED EGGS WITH MELTED CHEESE
ROASTED SWEET POTATO
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
RUSSIAN SALAD
NY HOT DOG
GRILLED CHICKEN SKEWERS
BAKED POTATOES
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
HOMEMADE MINCED SOUP WITH HAM AND NOODLES
TROPICAL PIZZA
MACKEREL IN GARLIC SAUCE
HOMEMADE ONION RINGS
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

MENÚ YAGO SCHOOL MÁLAGA

FEBRUARY YAGO MALAGA

MONDAY 23

BRUNCH:
*ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
GRILLED BACON
SCRAMBLED EGGS AND HAM
MEATBALLS IN HOMEMADE TOMATO SAUCE
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

TUESDAY 24

BRUNCH:
*ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
GRILLED MARINATED PORK LOIN
PASTA WITH CREAMY CHEESE SAUCE
CRISPY FRIED CHICKEN
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

WEDNESDAY 25

BRUNCH:
*ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
CRISPY BACON
GRATEN RICE
FRESH PORK LOIN IN SPANISH SAUCE
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

THURSDAY 26

COMIDA

BRUNCH:
*ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
SCRAMBLED EGGS
POTATOES WITH CHEESE AND BACON
BARBECUE PORK RIBS
PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

FRIDAY 26

BRUNCH:
*ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
FRESH GRILLED SAUSAGES
ROASTED POTATOES WITH THYME
CHICKEN WINGS
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SATURDAY 28

BRUNCH:
*ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
BACON
SCRAMBLED EGGS AND CHEESE
GRILLED CHICKEN FILLET
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SUNDAY 29

BRUNCH:
*ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
FRESH SAUSAGES
SAUCE POTATOES
FISH AND CHIPS
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

CENA

SALAD BAR
HOMEMADE CHICKEN SOUP WITH RICE
FRESH SAUSAGES IN STROGANOFF SAUCE
GRILLED HAM STEAK
HOMEMADE FRIES
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BAR
SPIRAL PASTA WITH HAM, TOMATO, ONION, AND CHEESE
GRILLED CHICKEN SKEWERS
CHICKEN IN ITS OWN JUICES
TOMATO PROVENÇAL
PLAIN YOGURT WITH TOPPINGS
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BAR
CAPRESSE SALAD
BAKED SEA BREAM WITH MEDITERRANEAN SAUCE
FRIED MARINATED HAKE
SAUTÉED RICE WITH MUSHROOMS
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BAR
SCRAMBLED EGGS WITH OREGANO
GLAZED RIBS WITH BARBECUE SAUCE
BAKED CHICKEN FILLET
DICED POTATOES
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BAR
PASTA SAUTÉED WITH TOMATO, ONION, AND TUNA
BEEF GYROS WITH TZATIKI SAUCE
SAUTÉED VEGETABLES
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BAR
HOMEMADE VEGETABLE CREAM SOUP
COMPLETE HAMBURGER
GRILLED PORK LOIN
SPICED POTATO WEDGES
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
COLESLAW SALAD
TACOS AL PASTOR
GRILLED BEEF STEAK
BREADED ZUCCHINI
FRESH SEASONAL FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)