

LUNES 03	MARTES 04	MIÉRCOLES 05	JUEVES 06	VIERNES 07	SABADO 08	DOMINGO 09
COMIDA						
BUFFET DE ENSALADA CODITOS CON CREMA SUAVE DE BECHAMEL ENSALADA DE PASTA TROPICAL CORDON BLEU DE POLLO SAN JACOBO DE YORK Y QUESO ENSALADA DE MAIZ DULCE Y REMOLACHA FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA CREMA DE VERDURAS Y HORTALIZAS GUISANTES SALTEADOS CON CHAMPIÑONES Y HUEVO MAGRO DE CERDO CON SALSA DE TOMATE LACON A LA GALLEGA PATATAS PANADERAS AL HORNO YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ARROZ A LA MILANESA ARROZ TRES DELICIAS TORTILLA ESPAÑOLA TORTILLA FRANCESA ENSALADA DE COL FRESCA Y ZANAHORIA RALLADA FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA PATATAS A LA RIOJANA ENSALADA ALEMANA DE PATATA Y CABALLA SALMON AL HORNO CON SALSA TERIYAKI Y SESAMO SALMON AL HORNO MACERADO CON PIÑA ESPIRALES AGLIO-OLIO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA <u>JORNADA INDIA</u> <u>GARBANZOS AL ESTILO</u> <u>HINDÚ---INDIA</u> <u>GARBANZOS SALTEADOS CON</u> <u>BACON</u> <u>POLLO TIKKA MASSALA---</u> <u>INDIA</u> ALITAS DE POLLO KENTUCKY <u>ARROZ SALTEADO CON</u> <u>ESPECIAS---INDIA</u> BIZCOCHO O FURTA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS BACON REVUELTO DE QUESO POLLO A LA PLANCHA FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS SALCHICHAS PATATAS GRATINADAS FISH AND CHIPS FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
CENA						
BUFFET DE ENSALADA ENSALADA CESAR SALCHICHAS FRESCAS EN SALSA STROGONOF PATATAS FRITAS CASERAS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE LACITOS CON JAMON YORK REVUELTO DE HUEVO, PATATA Y BACON TOMATE FRESCO A LA PROVENZA FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA CAPRESSE FOGONERO AL HORNO CON SALSA MEDITERRANEA PATATAS RISOLADAS FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA HUEVOS REVUELTOS COSTILLAS LACADAS CON SALSA BARBACOA PATATAS DADO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA PASTA SALTEADA CON AJO, PIMENTON DUCLE Y CEBOLLA GYROS DE MAGRO CON SALSA TZATIKI VERDURAS REHOGADAS CON PEREJIL FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE YORK HAMBURGUESA COMPLETA CON QUESO GOUDA, TOMATE, CEBOLLA CARAMELIZADA Y MAHONESA PATATAS GAJO AL COMINO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA COLESLOW TACOS AL PASTOR DELICIAS DE CALABACIN REBOZADO FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

LUNES 10	MARTES 11	MIERCOLES 12	JUEVES 13	VIERNES 14	SABADO 15	DOMINGO 16
COMIDA						
BUFFET DE ENSALADA LAZOS DE PASTA CON SALSA DE TOMATE Y GRATINADOS CON QUESO LASAÑA DE CARNE CON BECHAMEL GRATINADA CINTA DE LOMO ADOBADA A LA PLANCHA WOK DE CERDO CON VERDURITAS CALABAZA ASADA CON TOQUE DE PIMIENTAS FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA CREMA DE VERDURAS Y HORTALIZAS POZOLE ROJO (GUIZO DE MAIZ CON TOMATE) REVUELTO DE HUEVO, JAMON SERRANO Y PATATA TORTILLA ESPAÑOLA ZANAHORIA AL ESTILO MORUNO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA LENTEJAS GUISADAS CON CHORIZO GUISANTES SALTEADOS CON YORK GALLINETA A LA SICILIANA GALLINETA A LA ANZALUZA PURE DE PATATAS CASERO YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA HOT POKE (PROYECTO NUTRILAB) ARROZ A LA CAZUELA ALBONDIGAS DE POLLO AL CHILINDRON FILETE DE POLLO A LA PLANCHA AL LIMON ENSALADA DE MAIZ DULCE Y REMOLACHA FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA SOPA DE ESTRELLITAS CON CALDO CASERO CONSOME DE AVE CASERO POLLO ASADO EN SU JUGO AL ROMERO FILETE DE LOMO A LA PLANCHA PATATAS FRITAS CASERAS NATILLAS CASERAS O FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS GRATEN DE PATATAS PASTA SALTEADA AL WOK CINTA DE LOMO EN SALSA FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS ENSALADA CESAR REVUELTO CAMPERO CON CHORIZO FILETE DE POLLO PLANCHA FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
CENA						
BUFFET DE ENSALADA ENSALADA DE QUINOA CON QUESO CROQUE MONSIEUR PATATAS PANADERA AL HORNO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA SANTURCE CAZON EN ADOBO PATATAS FRITAS CASERAS FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE LECHUGA CON APIO, MANZANA Y NUECES HUEVOS ROTOS CON BACON Y PATATAS PIMIENTOS ASADOS FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA E ARROZ CON HUEVO EMPANADA CASERA BOLOÑESA PATATAS DADO AL AJILLO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA Y CABALLA TORTILLA DE PATATA Y CALABACIN ARROS SALTEADO THAI FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADAS ENSALADA DE PASTA TRICOLOR PIZZA PATATAS PROVENZAL CON AJO Y TOMILLO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADAS ENSALADA DE QUESO DE CABRA POLLO FRITO ARROZ CON TOQUE DE CURRY FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

LUNES 17	MARTES 18	MIÉRCOLES 19	JUEVES 20	VIERNES 21	SABADO 22	DOMINGO 23
COMIDA						
BUFFET DE ENSALADA ARROZ CON SALSA DE TOMATE CASERA ARROZ TRES DELICIAS HUEVOS FRITOS Y SALCHICHAS FRESCAS REVUELTO DE HUEVO Y BACON ENSALADA VARIADA FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO INTEGRAL O CHAPATA)	BUFFET DE ENSALADA GUISO DE ALUBIAS PINTAS CON PATATAS ESPINACAS CON GARBANZOS FILETE DE CONTRAMUSLO DE POLLO AL HORNO A LAS FINAS HIERBAS FILETE DE CONTRAMUSLO DE POLLO EN SALSA TOMATE FRESCO ALIÑADO CON VINAGRETA DE ALBAHACA YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA CREMA DE BONIATO, CALABAZA Y PUERRO SALTEADO DE JUDÍAS VERDES CON PATATA Y AJITO BACALAO CON MUSELINA DE AJO BACALAO REBOZADO PATATAS A LO POBRE FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA SOPA CASERA DE PUCHERO CON ARROZ SOPA CASERA DE VERDURAS CON ARROZ RAGOUT DE CERDO A LA JARDINERA MAGRO DE CERDO CON SALSA DE MANZANA DELICIAS DE CALABACIN REBOZADO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA <u>JORNADA ITALIA</u> <u>TAGLIATELLE CON SALSA ALFREDO--ITALIA</u> <u>CANELONES DE CARNE CON BECHAMEL GRATINADOS CON QUESO--ITALIA</u> <u>PIZZA PROSCIUTTO--ITALIA</u> ESCALOPE DE POLLO EMPANADO CALABAZA ASADA CARAMELIZADA PANNA COTA O FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS SALCHICHAS PATATAS GRATINADAS COSTILLAS AL HORNO FRUTA FRESCA DE TEMPORADA YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS BACON ARROZ CON POLLO ADOBO FRUTA FRESCA DE TEMPORADA YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
CENA						
BUFFET DE ENSALADA ENSALADA CON ATUN Y HUEVO GALLO AL HORNO CON CRUMBLE DE CEBOLLA PATATAS FRITAS CASERAS FRUTA FRESCA DE TEMPORADA YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA CAMPERA MAGRO DE CERDO A LA RIOJANA COSU COUS CON HIERBABUENA FRESCA FRUTA FRESCA DE TEMPORADA YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA TROPICAL TORTILLA ESPAÑOLA TOMATE FRESCO GRATINADO CON QUESO Y ESPECIAS FRUTA FRESCA DE TEMPORADA YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA MIXTA ROLLITOS DE PRIMAVERA ARROZ TRES DELICIAS FRUTA FRESCA DE TEMPORADA YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE ARROZ CON LECHUGA, QUESO FRESCO Y MAIZ DULCE EMPANADA DE ATUN CASERA PATATA ASADA FRUTA FRESCA DE TEMPORADA YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADAS ENSALADA CÉSAR TACOS DE TERNERA PICADA NACHOS CON GUACAMOLE FRUTA FRESCA DE TEMPORADA YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADAS ENSALADA ALEMANA DE PATATA HAMBURGUESA COMPLETA PATATAS FRITAS TEX MEX FRUTA FRESCA DE TEMPORADA YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

LUNES 24	MARTES 25	MIÉRCOLES 26	JUEVES 27	VIERNES 28	SABADO 29	DOMINGO 30
BUFFET DE ENSALADA COCIDO DE GARBANZOS CON VERDURAS CREMA DE GARBANZOS CON ESPECIAS HAMBURGUESA CON SALSA BARBACOA HAMBURGUESA CON SALSA DE MOSTAZA ANTIGUA ENSALADA DE LECHUGA, MAIZ Y ZANAHORIA RALLADA FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA WOK DE PASTA CON VERDURAS Y BACON CODITOS CON PESTO DE ESPINACAS Y TOMATE SECO CABALLA CON SALSA NAPOLITANA EMPANADILLAS DE ATUN PATATAS PANADERA AL TOMILLO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA CREMA DE VERDURAS Y HORTALIZAS JUDIAS CON TAQUITOS DE JAMON Y TOMATE ESTOFADO DE POLLO AL CURRY BOCADITOS DE POLLO SALTEADOS CON MANGO Y SOJA ARROZ SALTEADO CON AJO CEBOLLA FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	COMIDA BUFFET DE ENSALADA PAELLA MIXTA ENSALADA DE ARROZ CON PIÑA Y SALSA ROSA TORTILLA FRANCESA TORTILLA DE PATATA GRATINADA TOMATE FRESCO ALIÑADO CON VINAGRETA DE AJO Y PEREJIL MOUSSE DE CHOCOLATE O FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA SOPA CASERA DE LLUVIA CON PICADILLO COPA CASERA DE VERDURAS CON FIDEOS CINTA DE LOMO ADOBADA A LA PLANCHA LOMO FRESCO DE CERDO CON SALSA DE QUESOS PATATAS FRITAS CASERAS YOGUR CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS BACON CRISPY PASTA CARBONARA ALBÓNDIGAS EN SALSA FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS HUEVOS REVUELTOS CON QUESO ARROZ CON POLLO Y CURRY CINTA DE LOMO EN SALSA DE PIMIENTA FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
B BUFFET DE ENSALADA ENSALADA CAMPESINA REVUELTO DE CHAMPIÑONES Y JAMON SERRANO PATATAS DADO AL AJILLO FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	B UFFET DE ENSALADA ENSALADILLA RUSA CHULETA DE SAJONIA A LA PLANCHA ARITOS DE CEBOLLA FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE PASTA CON VERDURITAS CALAMAR A LA PLANCHA PATATAS FRITAS CASERAS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	CENA BUFFET DE ENSALADA ENSALADA CON JAMON YOR, QUESO FRESCO Y NUECES POLLO EN SALSA DE ALMENDRAS PURÉ DE MANZANA FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA NICOISE FLAMENQUINES PURE DE PATATA CASERO FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADAS ENSALADA DE GARBANZOS CON TOMATE, ATÚN, MAIZ Y ZANAHORIA HOT DOG ESTILO NY PATATAS FRITAS CASERAS FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADAS ENSALADA COLESLAW ENCHILADA DE POLLO ARROZ SALTEADO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

MENÚ YAGO SCHOOL MÁLAGA

NOVEMBER YAGO MALAGA

MONDAY 03

SALAD BUFFET
PASTA (MACARONI) WITH
LIGHT BÉCHAMEL CREAM
TROPICAL PASTA SALAD
CHICKEN CORDON BLEU
SAN JACOBO (HAM AND
CHEESE)
LETTUCE, BEETROOT, AND
CORN SALAD
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

TUESDAY 04

SALAD BUFFET
VEGETABLE CREAM (GREEN
BEANS, ZUCCHINI, PUMPKIN,
AND SWISS CHARD)
SAUTÉED PEAS WITH
MUSHROOMS AND EGG
PORK LOIN WITH TOMATO
SAUCE
LACON GALLEGA (POTATOES
AND PAPIKRA)
BAKED POTATO
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

WEDNESDAY 05

SALAD BUFFET
MILANESE RICE
THREE DELIGHTS RICE
POTATO OMELETTE
FRENCH OMELETTE
CABBAGE AND CARROT SALAD
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE
WHEAT, OR CIABATTA)

THURSDAY 06

COMIDA

SALAD BUFFET
RIOJANA POTATOES
GERMAN SALAD (POTATOES
AND MACKEREL)
ROASTED SALMON WITH
TERIYAKI
BAKED SALMON MARINATED
WITH PINEAPPLE
SAUCE AND SESAME
PASTA (FUSILLI) AGLIO E OLIO
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE
WHEAT, OR CIABATTA)

FRIDAY 07

SALAD BUFFET
HINDU GASTRONOMIC DAY
CHICKPEAS HINDU STYLE
STIR-FRIED CHICKPEAS WITH
BACON
CHICKEN TIKKA MASALA
KENTUCKY CHICKEN WINGS
STIR-FRIED RICE WITH SPICES
HOMEMADE CAKE OR FRESH
FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT OR CIABATTA)

SATURDAY 08

BRUNCH:
ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
BACON
CHEESY SCRAMBLED EGGS
GRILLED CHICKEN
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SUNDAY 09

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
SAUSAGES
SAUCEED POTATOES
FISH AND CHIPS
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

CENA

SALAD BUFFET
CAESAR SALAD
FRESH SAUSAGES IN
STROGONOFF SAUCE
HOMEMADE FRENCH FRIES
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
BOW TIE SALAD WITH HAM
SCRAMBLED EGGS WITH
POTATOES AND BACON
FRESH PROVENÇAL-STYLE
TOMATOES
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
CAPRESE SALAD
BAKED FISH WITH
MEDITERRANEAN SAUCE
ROASTED POTATOES
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
SCRAMBLED EGGS
GLAZED RIBS WITH BARBECUE
SAUCE
DICED POTATOES
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
SATEED PASTA WITH GARLIC,
SWEET PAPRIKA AND ONION
LEAN PORK GYROS WITH
TZATZIKI SAUCE
SAUTEED VEGETABLES WITH
PARSELEY
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
YORK SALAD
COMPLETE HAMBURGUER WITH
GOUDA CHEESE, TOMATO,
CARAMELIZED ONION AND
MAYONNAISE
CUMIN POTATO WEDGES
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
COLESLAW
TACOS AL PASTOR
BREADED ZUCCHINI DELIGHTS
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

MENÚ YAGO SCHOOL MÁLAGA

NOVEMBER YAGO MALAGA

MONDAY 10

SALAD BUFFET
PASTA (TIES) WITH GRATIN
TOMATO SAUCE
MEAT LASAGNA WITH
GRATINÉED BECHAMEL SAUCE
GRILLED MARINATED PORK
LOIN
WOK (PORK LOIN WITH
VEGETABLES)
ROASTED PUMPKIN WITH
BLACK PEPPER
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

TUESDAY 11

SALAD BUFFET
VEGETABLE CREAM
POZOLE (CORN STEW WITH
TOMATO)
SCRAMBLED EGGS WITH
HAM, POTATOES AND
CUMIN
POTATOES OMELETTE
SAUTÉED CARROTS
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

WEDNESDAY 12

SALAD BUFFET
LENTILS STEW WITH
CHORIZO
SAUTÉED PEAS WITH HAM
BREADED FISH
(GALLINETA)
FISH (GALLINETA) WITH
TOMATO SAUCE
HOMEMADE MASHED
POTATOES
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

THURSDAY 13

COMIDA

SALAD BUFFET
NUTRILAB PROJECT
HOT POKE
RICE CASSEROLE
CHICKEN MEATBALLS WITH
CHILINDRON SAUCE
GRILLED CHICKEN WITH
LEMON
CORN AND BEETROOT
SALAD
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

FRIDAY 14

SALAD BUFFET
HOMEMADE CHICKEN SOUP
WITH NOODLES
HOMEMADE CHICKEN
CONSOMMÉ
ROASTED CHICKEN WITH
ROSEMARY
GRILLED PORK LOIN
HOMEMADE FRIED
POTATOES
HOMEMADE CUSTARD
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SATURDAY 15

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
POTATO GRATEN
WOK-SAUTÉED PASTA
PORK LOIN IN SAUCE
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SUNDAY 16

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
CAESAR SALAD
SCRAMBLED EGGS WITH
CHORIZO
GRILLED CHICKEN FILLET
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA))

CENA

SALAD BUFFET
QUINOA SALAD WITH
CHEESE
CROQUE MONSIEUR
BAKED POTATOES
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
SANTURCE SALAD
MARINATED DOGFISH
HOMEMADE FRENCH FRIES
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
LETTUCE SALAD WITH CELERY,
APPEL AND WALNUTS
BOKEN EGGES WITH BACON
AND POTATOES
ROASTED PEPPERS
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
RICE AND EGG SALAD
HOMEMADE BOLOGNESE
EMPANADA
GARLIC DICED POTATOES
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
GERMAN POTATO AND
MACKEREL SALAD
POTATO AND ZUCCHINI
OMELETTE
THAI STIR-FRIED RICE
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
TRICOLOR PASTA SALAD
PIZZA
PROVENÇAL POTATOES WITH
GARLIC AND THYME
FRESH SEASONAL FRUIT-
NATURAL YOGURT WITH
TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEWHEAT OR
CHAPATA)

SALAD BUFFET
GOAT CHEESE SALAD
FRIED CHICKEN
CURRY RICE
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT, OR
CIABATTA)

MENÚ YAGO SCHOOL MÁLAGA

NOVEMBER YAGO MALAGA

MONDAY 17

SALAD BUFFET
RICE WITH HOMEMADE
TOMATO SAUCE
THREE DELIGHTS RICE
FRIED EGGS WITH FRESH
SAUSAGES
SCRAMBLED EGGS WITH
BACON
MIXED SALAD
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

TUESDAY 18

SALAD BUFFET
BEANS WITH POTATOES
AND VEGETABLES
SPINACH WITH
CHICKPEAS
HERB-STYLED CHICKEN
CHICKEN WITH SAUCE
TOMATO SALAD WITH
BASIL VINAIGRETTE
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

WEDNESDAY 19

SALAD BUFFET
SWEET POTATO, PUMPKIN,
AND LEEK CREAM
SAUTÉED GREEN BEANS
WITH POTATOES AND
GARLIC
BREADED COD
COD WITH GARLIC SAUCE
POTATOES
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA))

THURSDAY 20

COMIDA

SALAD BUFFET
PUCHERO SOUP WITH
RICE
VEGETABLES SOUP WITH
RICE
PORK RAGOUT WITH
VEGETABLES
PORK LOIN RAGOUT
WITH APPLE SAUCE
BREADED ZUCCHINI
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

FRIDAY 21

SALAD BUFFET
**ITALIAN GASTRONOMIC
DAY**
**MEAT CANNELLONI WITH
BECHAMEL SAUCE
GRATINÉED WITH CHEESE
TAGLIATELLE ALFREDO
SAUCE**
PIZZA PROSCIUTTO
BREADED CHICKEN
ESCALOPE
CARMELIZED ROASTED
PUMPKIN
PANNA COTTA OR FRESH
FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SATURDAY 22

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
SAUSAGES
SAUCEED POTATOES
BAKED RIBS
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SUNDAY 23

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
BACON
CHICKEN AND RICE
ADOBO
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
TUNA AND EGG SALAD
BAKED ROOSTER WITH
ONION CRUMBLE
HOMEMADE FRENCH
FRIES
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
COUNTRY SALAD
LEAN PORK RIOJA STYLE
COUSCOUES WITH FRESH
MINT
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
TROPICAL SALAD
SPANISH OMELETTE
FES TOMATO GRATIN WITH
CHEESE AND SPICES
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

CENA

SALAD BUFFET
MIXED SALAD
SPRING ROLLS
THREE DELIGHTS RICE
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
RICE SALAD WITH LETTUCE,
FRESH CHEESE AND
SWEETCORN
HOMEMADE TUNA
EMPANADA
BAKED POTATO
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
CAESAR SALAD
MINCED BEEF TACOS
NACHOS WITH GUACAMOLE
FRESH SEASONAL FRUIT-
NATURAL YOGURT WITH
TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEWHEAT OR
CHAPATA)

SALAD BUFFET
GERMAN POTATO SALAD
COMPLETE BURGER
TEX MEX FRIES
FRESH SEASONAL FRUIT-
NATURAL YOGURT WITH
TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEWHEAT OR
CHAPATA)

MENÚ YAGO SCHOOL MÁLAGA

NOVEMBER YAGO MALAGA

MONDAY 24

SALAD BUFFET
CHICKPEAS CASSEROLE
WITH VEGETABLES
CHICKPEAS CREAM
GRILLED BURGER WITH
BBQ SAUCE
GRILLED BURGER WITH
MUSTARD SAUCE
LETTUCE, CORN, AND
CARROT SALAD
FRESH FRUIT
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

TUESDAY 25

SALAD BUFFET
WOK (PASTA WITH
VEGETABLES AND BACON)
PASTA (MACARONI) WITH
SPINACH AND SUNDRIED
TOMATO PESTO
TUNA PATTIES
FISH (MACKEREL) WITH
TOMATO SAUCE
BAKED POTATOES WITH
THYME
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

WEDNESDAY 26

SALAD BUFFET
VEGETABLE CREAM
(GREEN BEANS, ZUCCHINI,
PUMPKIN, AND SWISS
CHARD)
GREEN BEANS WITH HAM
AND TOMATO
CHICKEN CURRY STEW
CHICKEN STIR-FRIED WITH
MANGO AND SOY
STIR-FRIED RICE WITH
GARLIC AND ONION
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

THURSDAY 27

COMIDA
SALAD BUFFET
MIXED PAELLA
RICE SALAD WITH
PINEAPPLE AND PINK
SAUCE
FRENCH OMELETTE
GRATIN POTATOES
OMELETTE
TOMATO SALAD WITH
GARLIC AND PARSLEY
VINAIGRETTE
CHOCOLATE MOUSSE OR
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

FRIDAY 28

SALAD BUFFET
HOMEMADE SOUP WITH
NOODLES, HAM, CHICKEN
AND BOILED EGG
HOMEMADE VEGETABLES
SOUP WITH NOODLES
GRILLED MARINATED PORK
LOIN
PORK LOIN WITH CHEESE
SAUCE
HOMEMADE FRIED
POTATOES
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SATURDAY 29

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
CRISPY BACON
PASTA CARBONARA
MEATBALLS IN SAUCE
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SUNDAY 30

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
SCRAMBLED EGGS WITH
CHEESE
CHICKEN AND CURRY RICE
PORK LOIN IN PEPPER SAUCE
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

CENA

SALAD BUFFET
COUNTRY SALAD
SCRAMBLED EGGS WITH
MUSHROOMS AND
SERRANO HAM
DICED POTATOES IN GARLIC
SAUCE
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
RUSSIAN SALAD
GRILLED PORK CHOP
ONION RINGS
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
PASTA SALAD WITH
VEGETABLES
GRILLED CALAMARI
HOMEMADE FRENCH
FRIES
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
SALAD WITH HAM, FRESH
CHEESE AND WALNUTS
CHICKEN IN ALMOND
SAUCE
APPEL PUREE
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
NICOISE SALAD
FLAMENQUINES
HOMEMADE MASHED
POTATOES
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE
WHEAT, OR CIABATTA)

SALAD BUFFET
CHICKPEA SALAD WITH
TOMATO, TUNA, CORN,
AND CARROT
NY-STYLE HOT DOG
HOMEMADE FRIES
FRESH SEASONAL FRUIT -
PLAIN YOGURT WITH
TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
COLESLAW SALAD
ENCHILADA
CHICKEN
SAUTÉ RICE
FRESH SEASONAL FRUIT-
NATURAL YOGURT WITH
TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEWHEAT OR
CHAPATA)