

LUNES 01	MARTES 02	MIÉRCOLES 03	JUEVES 04	VIERNES 05	SABADO 06	DOMINGO 07
COMIDA						
BUFFET DE ENSALADA CODITOS CARBONARA CODITOS AL POMODORO CON ACEITUNAS FRESCAS REVUELTO DE PATATAS CON JAMÓN SERRANO HUEVOS A LA MALLORQUINA ENSALADA MIXTA FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA SOPA DE ESTRELLAS CON CALDO CASERO CHAMPIÑONES SALTEADOS AL AJILLO LOMO DE MERLUZA EN SALSA AMERICANA PALITOS DE MERLUZA REBOZADA ARROZ EN BLANCO SALTEADO YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA GUIZO DE ALUBIAS BLANCAS CON ZANAHORIAS ENSALADA DE ALUBIAS BLANCAS ALIÑADAS ALBÓNDIGAS EN SALSA ESPAÑOLA KEFTEDES CON SALSA TZATZIKI CALABACÍN ASADO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA CREMA DE VERDURAS Y HORTALIZAS JUDIAS VERDES A LA PORTUGUESA BLANQUETA DE PAVO PASTEL DE CARNE PATATAS DADO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA JORNADA MÉJICO ARROZ A LA MEJICANA  FRIJOLES REFritos  FAJITAS MIXTA  BURRITOS DE CARNE  NACHOS CON GUACAMOLE  FRUTA FRESCA DE TEMPORADA O TORTA ELOTE  SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS SALCHICHAS FRESCAS AL HORNO PATATAS CHEESE BACON FILETE DE POLLO A LA PLANCHA FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS HUEVOS REVUELTOS CON PIMIENTOS ARROZ SALTEADO CON SETAS CHULETAS DE CERDO AL AJILLO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
CENA						
BUFFET DE ENSALADA ENSALADA DE LECHUGA CON APIO, MANZANA Y NUECES BOLITAS DE POLLO COREANO CON MIEL Y SOJA REPOLLO ESTILO KIMCHI FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA SANTURCE SERRANITO PATATAS FRITAS CASERAS FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE ARROZ CON HUEVO, ACEITUNAS, YORK Y MAIZ CROQUETAS DE JAMÓN GUISANTES SALTEADOS CON CEBOLLA FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA MIXTA CON ESPARRÁGOS Y ATÚN TORTILLA ESPAÑOLA SALTEADO MEDITERRANEO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE PATATA CON HUEVO GALLO EN ADOBO DE LIMÓN FRITO COUS COUS DE CILANTRO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE QUINO CON QUESO FRESCO Y RABANITOS BROCHETA DE POLLO CON SALSA TERIYAKI FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA MEDITERRANEA HAMBURGUESA COMPLETA CON QUESO, TOMATE, CEBOLLA CARAMELIZADA Y LECHUGA ARITOS DE CEBOLLA FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

LUNES 08	MARTES 09	MIÉRCOLES 10	JUEVES 11	VIERNES 12	SABADO 13	DOMINGO 14
COMIDA						
BUFFET DE ENSALADA MACARRONES A LA BOLOÑESA ESPAGUETIS CON SALSA DE CHAMPIÑONES FOGONERO CON VINAGRETA BLANCA FOGONERO A LA ROTEÑA PURÉ DE PATATAS CASERA FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA GUIZO DE LENTEJAS CON ZANAHORIA Y SOFRITO DE PIMIENTOS CASEROS PISTO DE VERDURAS HORTELANO CONTRAMUSLO DE POLLO AL LIMÓN POLLO EN SALSA LIGERA DE COCO Y CÚRCUMA ENSALADA DE LECHUGA, ACEITUNAS Y MAÍZ DULCE FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA CREMA DE CALABACÍN COLIFLOR AL AJO ARRIERO RAGOUT DE TERNERA A LA JARDINERA TERNERA AL ESTILO ALEMÁN ESPIRALES SALTEADOS YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA GUISANTES EN AMARILLO CON JAMÓN BRÓCOLI CON BECHAMEL GRATINADO HUEVOS AL PLATO REVUELTO DE HUEVO Y JAMÓN YORK PATATAS DADO FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ARROZ CON SALSA DE TOMATE CASERA ARROZ A LA AMERICANA CINTA DE LOMO ADOBADA A LA PLANCHA SURTIDO DE CROQUETAS ENSALADA VARIADA FRUTA FRESCA DE TEMPORADA O NATILLAS CASERAS SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERÍA HORNEADA BUFFET DE ENSALADAS BACON CRISPY REVUELTO DE HUEVO Y PAVO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERÍA HORNEADA BUFFET DE ENSALADAS SALCHICHAS FRESCAS CON QUESO PATATAS GRATINADAS CON BECHAMEL FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
CENA						
BUFFET DE ENSALADA ENSALADA COLESLAW TORTILLA FRANCESA CON QUESO ARROZ SALTEADO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE PASTA TRICOLOR SALCHICHAS BRATWURST COL SALTEADA Y PURÉ DE PATATAS CASERO FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE PATATA Y POLLO CON VINAGRETA DE MIEL BACALADILLA A LA ANDALUZA CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA TROPICAL ESTOFADO DE MAGRO CON VERDURITAS BONIATOS AL HORNO FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE GARBANZOS ÁRABE POLLO A LA PARMIGIANA ZANAHORIA BABY SALTEADA FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADILLA RUSA TACOS AL PASTOR PATATAS ASADAS CON TOMATE GRATINADO FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA CAMPERA PIZZA PATATAS CHIPS FRUTA FRESCA DE TEMPORADA- YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

LUNES 15	MARTES 16	MIÉRCOLES 17	JUEVES 18	VIERNES 19	SABADO 20	DOMINGO 21
COMIDA						
BUFFET DE ENSALADA COCIDO AL ESTILO ANDALUZ CREMA DE CALABAZA ASADA CON PICATOSTES REVUELTO DE HUEVO Y QUESO FUNDIDO HUEVOS BELLA AURORA ZANAHORIAS BABY SALTEADAS FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ARROZ MARINERO ARROZ FRITO CON JAMÓN YORK POLLO TIKA MASALA FILETE DE POLLO MORUNO A LA PLANCHA TOMATE FRESCO ALIÑADO CON VINAGRETA DE AJO Y OREGANO YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ESPINACAS CON BECHAMEL GRATINADAS ENSALADA CÉSAR LOMO EN SALSA FILETE DE JAMÓN A LA PLANCHA PATATAS ASADAS FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA CODITOS A LA NAPOLITANA CODITOS AL PESTO CON AJO Y ALBAHACA LOMO DE MERLUZA AL HORNO CROQUETAS DE BACALAO ENSALADA MIXTA FRUTA FRESCA DE TEMPORADA SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA JORNADA EEUU CHOWDER DE POLLO  SOPA CASERA DE VERDURAS CON FIDEOS  HAMBURGUESA COMPLETA CON QUESO  HAMBURGUESA CON SALSA BARBACOA  ARITOS DE CEBOLLA  FRUTA FRESCA DE TEMPORADA O BROWNIE DE CHOCOLATE  SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS BACON CRISPY PASTA A LA CARBONARA POLLO FRITO CRUJIENTE FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BRUNCH: *PANES Y UNTABLES VARIADOS *EMBUTIDOS *CEREALES Y BOLLERIA HORNEADA BUFFET DE ENSALADAS SALCHICHAS FRESCAS AL HORNO O A LA PLANCHA ARROZ CON SALSA DE TOMATE CASERA FLAMENQUINES FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)
CENA						
BUFFET DE ENSALADA ENSALADA DE LECHUGA CON APIO Y NUECES CHULETA DE SAJONIA A LA PLANCHA PATATAS FRITAS CASERAS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA MIXTA DUELOS Y QUEBRANTOS BERENJENAS REBOZADAS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE ARROZ CON HUEVO, ACEITUNAS, YORK Y MAIZ CAZON EN ABOBO ASADILLO DE PIMIENTOS ROJOS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA CAMPERA POLLO EN SALSA DE NARANJA SALTEADO DE VERDURAS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA SANTURCE FISH AND CHIPS CALABACÍN AL GRILL FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE ALUBIAS CON COUS COUS Y HIERBABUENA QUESADILLA DE JAMÓN Y QUESO NACHOS FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)	BUFFET DE ENSALADA ENSALADA DE QUINOA CON QUESO FRESCO Y RABANITOS HAMBURGUESA CON SALSA DE CEBOLLA PATATAS FRITAS TEX-MEX FRUTA FRESCA DE TEMPORADA-YOGUR NATURAL CON TOPPING SURTIDO DE PANES (PAN BLANCO, INTEGRAL O CHAPATA)

MENÚ YAGO SCHOOL MÁLAGA

DECEMBER YAGO MALAGA

MONDAY 01

SALAD BUFFET
PASTA WITH CARBONARA SAUCE
PASTA WITH POMODORO SAUCE AND OLIVES
SCRAMBLED EGGS WITH POTATOES AND HAM
MALLORQUINA EGGS
MIXED SALAD
FRESH FRUIT
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

TUESDAY 02

SALAD BUFFET
PASTA SOUP WITH HOMEMADE BROTH
SAUTÉED MUSHROOMS WITH GARLIC
HAKE FILLET IN AMERICAN SAUCE
BREADED HAKE STICKS
SAUTÉED WHITE RICE
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

WEDNESDAY 03

SALAD BUFFET
WHITE BEAN STEW WITH CARROTS
WHITE BEAN SALAD WITH OIL DRESSING
MEATBALLS IN SPANISH SAUCE
KEFTEDES WITH TZATZIKI SAUCE
ROASTED ZUCCHINI
FRESH FRUIT
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

THURSDAY 04

COMIDA

SALAD BUFFET
CREAM OF VEGETABLE SOUP
GREEN BEANS WITH PORTUGUESE SAUCE
TURKEY STEW
MEAT PIE
BAKED DICED POTATOES
FRESH FRUIT
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

FRIDAY 05

SALAD BUFFET
MEXICAN GASTRONOMIC DAY
MEXICAN RICE 
FRIED BEANS 
MIXED FAJITAS 
MEAT BURRITOS 
NACHOS WITH GUACAMOLE 
FRESH FRUIT OR ELOTE PIE 
ASSORTED BREADS (WHITE, WHOLE WHEAT OR CIABATTA)

SATURDAY 06

BRUNCH:
ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
FRESH OVEN-BAKED SAUSAGES
POTATOES WITH CHEESE SAUCE AND BACON
GRILLED CHICKEN FILLET
FRESH FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SUNDAY 07

BRUNCH:
*ASSORTED BREADS AND SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
SCRAMBLED EGGS WITH PEPPERS
STIR-FRIED RICE WITH MUSHROOMS
GARLIC PORK CHOPS
FRESH FRUIT - PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

CENA

SALAD BUFFET
LETTUCE SALAD WITH CELERY, APPLE, AND WALNUTS
KOREAN CHICKEN BALLS WITH HONEY AND SOY SAUCE
KIMCHI-STYLE CABBAGE
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
SANTURCE SALAD
SERRANITO SANDWICH
HOMEMADE POTATOES FRIES
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
RICE SALAD WITH EGG, OLIVES, HAM AND CORN
HAM CROQUETTES
SAUTÉED PEAS WITH ONION
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
MIXED SALAD WITH ASPARAGUS AND TUNA
SPANISH OMELET
MEDITERRANEAN STIR-FRY
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
POTATO SALAD WITH EGG
FRIED FISH (GALLO) IN LEMON MARINADE
CILANTRO COUSCOUS
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
QUINOA SALAD WITH FRESH CHEESE AND RADISHES
CHICKEN SKEWER WITH TERIYAKI SAUCE
ROASTED POTATOES
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
MEDITERRANEAN SALAD
COMPLETE HAMBURGER WITH CHEESE, TOMATO, CARAMELIZED ONIONS, AND LETTUCE
FRIED ONION RINGS
FRESH FRUIT-PLAIN YOGURT WITH TOPPING
ASSORTED BREADS (WHITE, WHOLE WHEAT, OR CIABATTA)

MENÚ YAGO SCHOOL MÁLAGA

DECEMBER YAGO MALAGA

MONDAY 08

SALAD BUFFET
MACARONI BOLOGNESE
SPAGHETTI WITH
MUSHROOM SAUCE
FOGONERO WITH WHITE
VINAIGRETTE
FOGONERO ROTEÑA STYLE
HOMEMADE MASHED
POTATOES
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

TUESDAY 09

SALAD BUFFET
LENTIL STEW WITH CARROTS
AND HOMEMADE PEPPER
STIR-FRY
VEGETABLES RATATOUILLE
LEMON CHICKEN
CHICKEN WITH COCONUT
AND TURMERIC SAUCE
LETTUCE, OLIVE, AND
SWEETCORN SALAD
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

WEDNESDAY 10

SALAD BUFFET
CREAM OF ZUCCHINI SOUP
AJOARRIERO
CAWLIFLOWER
BEEF RAGOUT WITH
VEGETABLES
BEEF RAGOUT GERMAN
STYLE
SAUTÉED PASTA (FUSILLI)
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

THURSDAY 11

COMIDA

SALAD BUFFET
PEAS IN YELLOW SAUCE
WITH HAM
BROCCOLI WITH BÉCHAMEL
SAUCE AU GRATIN
BAKED EGGS
SCRAMBLED EGGS WITH
HAM
FRIED DICED POTATOES
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

FRIDAY 12

SALAD BUFFET
RICE WITH HOMEMADE
TOMATO SAUCE
RICE AMERICAN STYLE
GRILLED MARINATED PORK
LOIN
ASSORTED CROQUETTES
MIXED SALAD
FRESH FRUIT OR HOMEMADE
CUSTARD
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SATURDAY 13

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
Crispy bacon
Scrambled eggs with turkey
Meatballs in almond sauce
FRESH FRUIT - PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SUNDAY 14

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
Fresh sausages with cheese
Potatoes au gratin with
béchamel sauce
Barbecued chicken wings
FRESH FRUIT - PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA))

CENA

SALAD BUFFET
COLESLAW
FRENCH OMELET WITH
CHEESE
STIR-FRIED RICE
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
TRICOLOR PASTA SALAD
BRATWURT SAUSAGES
SAUSAGE-ROASTED CABBAGE
AND HOMEMADE MASHED
POTATOES
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
POTATO AND CHICKEN SALAD
WITH HONEY VINAIGRETTE
ANDALUSIAN-STYLE WHITING
SAUTÉED MUSHROOMS WITH
GARLIC AND PARSLEY
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
TROPICAL SALAD
LEAN PORK STEW WITH
VEGETABLES
BAKED SWEET POTATOES
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
SPICY CHICKPEA SALAD
CHICKEN PARMESAN
SAUTÉED BABY CARROTS
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SALAD BUFFET
RUSSIAN SALAD
TACOS AL PASTOR
STEWED POTATOES WITH
GRATINÉED TOMATO SAUCE
FRESH FRUIT-NATURAL YOGURT
WITH TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEWHEAT OR
CHAPATA)

SALAD BUFFET
POTATO SALAD
PIZZA
POTATO CHIPS
FRESH FRUIT - PLAIN YOGURT
WITH TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLE WHEAT, OR
CIABATTA)

MONDAY 15

SALAD BUFFET
ANDALUSIAN-STYLE STEW
ROASTED PUMPKIN
CREAM SOUP WITH
CROUTONS
SCRAMBLED EGGS WITH
MELTED CHEESE
BELLA AURORA EGGS
SAUTÉED BABY CARROTS
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

TUESDAY 16

SALAD BUFFET
MARINERA RICE
FRIED RICE WITH HAM
CHICKEN TIKKA MASALA
GRILLED CHICKEN FILLET
WITH RAS EL HANOUT
SPICES
FRESH TOMATO SEALED
WITH GARLIC AND
OREGANO VINAIGRETTE
YOGURT WITH
TOPPING
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

WEDNESDAY 17

SALAD BUFFET
SPINACH WITH BÉCHAMEL
SAUCE AU GRATIN
CAESAR SALAD
PORK LOIN IN SAUCE
GRILLED HAM STEAK
ROASTED POTATOES
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA))

THURSDAY 18

COMIDA

SALAD BUFFET
PASTA NAPOLITANA
STYLE
PASTA WITH GARLIC AND
BASIL PESTO SAUCE
BAKED HAKE FILLET
COD CROQUETTES
MIXED SALAD
FRESH FRUIT
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

FRIDAY 19

SALAD BUFFET
EEUU GASTRONOMIC DAY
CHICKEN CHOWDER 
VEGETABLES SOUP WITH
NOODLES
BURGER WITH CHEESE 
BURGER WITH BARBECUE
SAUCE 
ONION RINGS 
FRESH FRUIT **OR CHOCOLAT**
BROWNIE 
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SATURDAY 20

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
SAUSAGES
SAUCEED POTATOES
BAKED RIBS
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

SUNDAY 21

BRUNCH:
*ASSORTED BREADS AND
SPREADS
*COLD CUTS
*CEREALS AND BAKED PASTRIES
SALAD BAR
BACON
CHICKEN AND RICE
ADOBO
FRESH SEASONAL FRUIT - PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR CIABATTA)

CENA

SALAD BUFFET
LETTUCE SALAD WITH
CELERY AND WALNUTS
GRILLED CHOP SAJONIA
STYLE
HOMEMADE FRIES
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
MIXED SALAD
DUELOS Y QUEBRANTOS
BREADED EGGPLANT
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
RICE SALAD WITH EGG,
OLIVES, HAM AND CORN
FISH (CAZÓN) IN
MARINADE
ROASTED RED PEPPERS
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS
(WHITE, WHOLE WHEAT,
OR CIABATTA)

SALAD BUFFET
POTATO SALAD
CHICKEN IN ORANGE SAUCE
SAUTÉED VEGETABLES
FRESH FRUIT-PLAIN
YOGURT WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
SANTURCE SALAD
FISH AND CHIPS
GRILLED ZUCCHINI
FRESH FRUIT-PLAIN YOGURT
WITH TOPPING
ASSORTED BREADS (WHITE,
WHOLE WHEAT, OR
CIABATTA)

SALAD BUFFET
BEAN SALAD WITH COUSCOUS
AND MINT
HAM AND CHEESE QUESADILLA
NACHOS
FRESH FRUIT-NATURAL YOGURT
WITH TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEWHEAT OR
CHAPATA)

SALAD BUFFET
QUINOA SALAD WITH FRESH
CHEESE AND RADISHES
HAMBURGER WITH ONION
SAUCE
TEX-MEX FRIES
FRESH FRUIT-NATURAL YOGURT
WITH TOPPING
ASSORTMENT OF BREADS
(WHITE, WHOLEWHEAT OR
CHAPATA)