

BREAD

MENÚ

OCTOBER 2025

YAGO SCHOOL MÁLAGA PORK-FREE DIET

IUEVES LUNES 01 02 03 RICE WITH TOMATO SAUCE **GAZPACHO VEGETABLE SOUP WITH NOODLES** According to Rgto. 1169/2011 they can ask SERUNION **BAKED CHICKEN THIGH** HOMEMADE FRENCH OMELETTE TURKEY IN PLUM SAUCE staff for information on substances that can cause FRENCH FRIES DRESSED TOMATO WHITE RICE allergies or intolerances FRESH FRUIT FRESH FRUIT NATURAL YOGURT BRFAD BRFAD BRFAD 06 07 09 08 10 SPIRAL PASTA WITH NATURAL TOMATO **HOMEMADE SALMOREJO** WHITE BEANS WITH VEGETABLES MIXED PAELLA CREAM OF SWISS CHARD, GREEN SAUCE, BASIL, AND BLACK OLIVES BEEF MEATBALLS WITH SPANISH **BAKED TURKEY BREAST** BAKED HAKE LOIN WITH GARLIC AND BEANS, ZUCHINNI, SQUASH AND BAKED/GRILLED SALMON SAUCE LETTUCE, TOMATO, TUNA, CORN, AND PARSLEY CARROT **CAULIFLOWER WITH BOILED CARROTS** BAKED PUMPKIN EGG SALAD SAUTEED ZUCCHINI SCRAMBLED POTATOES WITH AND PEAS NATURAL YOGURT FRESH FRUIT FRESH FRUIT SERRANO HAM FRESH FRUIT **BREAD** BREAD BREAD SAUTEED MUSHROOMS WITH **BREAD GARLIC AND PARSLEY** FRESH FRUIT 13 15 17 14 16 MACARONI WITH TOMATO SAUCE LENTEILS WITH POTATOES CREAM OF ZUCHINNI SOUP SAUTEED RICE WITH CARROTS. PEAS SAUTEED PEAS WITH HAM FIREPLACE WITH WHITE WINE **GRILLED CHICKEN WITH LEMON VEAL RAGOUT** AND EGG **BAKED EGGS WITH TOMATO** VINAIGRETTE LETUCCE, CORN AND OLIVE SALAD **BAKED POTATOES WITH GARLIC AND** MACKEREL IN TOMATO SAUCE LETTUCE SALAD, CORN AND OLIVE SAUTEED GREEN BEANS FRESH FRUIT THYME SAUTEED VEGETABLES FRESH FRUIT **BREAD NATURAL YOGURT** FRESH FRUIT BREAD FRESH FRUIT **BREAD BREAD BREAD** 20 22 23 21 24 **ELBOW PASTA WITH BOLOGNESE SAUCE** WHITE BEANS WITH SWISS CHARD RICE WITH TOMATO SAUCE **CREAM OF LEEK SOUP** SAUTEED SPINACH COD WITH GARLIC AND PAPRIKA **GRILLED CHICKEN GRILLED BEEF FILLET BAKED HAKE LOIN** SCRAMBLED EGGS WITH ASPARAGUS SAUTEED CAULIFLOWER LETTUCE, TOMATO, TUNA, CORN, AND ROASTED POTATOES DRESSED TOMATO SAUTEED BABY CARROTS NATURAL YOGURT **EGG SALAD** FRESH FRUIT NATURAL YOGURT FRESH FRUIT **BRFAD** FRESH FRUIT BRFAD BRFAD BRFAD **BREAD** 27 28 29 31 30 SPIRAL PASTA SAUTEED WITH GARLIC **CREAM OF ZUCCHINI SOUP** RICE WITH TOMATO SAUCE POTATOES WITH SQUID AND MUSSELS LENTEILS WITH VEGETABLES AND PAPRIKA **GRILLED CHICKEN** LOIN WITH APPLE AND ONION CHUTNEY TUNA WITH ONION HOMEMADE ZUCCHINI OMELETTE OVEN BAKED PUMPKIN BAKED ZUCCHINI MEDITERRANEAN ROOSTER TOMATO SALAD PLAIN RICE **COLESLAW** FRESH FRUIT FRESH FRUIT FRESH FRUIT FRESH FRUIT NATURAL YOGURT **BREAD BREAD BREAD BREAD**



MENÚ

OCTOBER 2025

YAGO SCHOOL MÁLAGA EGG-FREE DIET

| EDUCA | | EGG-FREE DIET | | |
|---|---|---|--|--|
| LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES |
| According to Rgto. 1169/2011 they can ask SERUNION staff for information on substances that can cause allergies or intolerances | | 01 RICE WITH TOMATO SAUCE BAKED CHICKEN THIGH FRENCH FRIES FRESH FRUIT BREAD | GAZPACHO BAKED HAKE FILLET DRESSED TOMATO FRESH FRUIT BREAD | 03 VEGETABLE SOUP WITH NOODLES TURKEY IN PLUM SAUCE WHITE RICE SOY YOGURT BREAD |
| O6 EGG-FREE PASTA WITH NATURAL TOMATO SAUCE, BASIL, AND BLACK OLIVES BAKED/GRILLED SALMON CAULIFLOWER WITH BOILED CARROTS AND PEAS FRESH FRUIT BREAD | 07 HOMEMADE SALMOREJO LEAN PORK WITH TOMATO SAUCE BAKED PUMPKIN SOY YOGURT BREAD | 08 WHITE BEANS WITH VEGETABLES BAKED TURKEY BREAST LETTUCE, TOMATO, TUNA AND CORN SALAD FRESH FRUIT BREAD | MIXED PAELLA MIXED PAELLA BAKED HAKE LOIN WITH GARLIC AND PARSLEY SAUTEED ZUCCHINI FRESH FRUIT BREAD | 10 CREAM OF SWISS CHARD, GREEN BEANS, ZUCHINNI, SQUASH AND CARROT GRILLED CHICKEN BREAST SAUTEED MUSHROOMS WITH GARLIC AND PARSLEY FRESH FRUIT |
| EGG-FREE PASTA WITH TOMATO SAUCE FIREPLACE WITH WHITE WINE VINAIGRETTE SAUTEED GREEN BEANS FRESH FRUIT BREAD | LENTEILS WITH POTATOES GRILLED CHICKEN WITH LEMON LETUCCE, CORN AND OLIVE SALAD FRESH FRUIT BREAD | CREAM OF ZUCHINNI SOUP VEAL RAGOUT BAKED POTATOES WITH GARLIC AND THYME SOY YOGURT BREAD | A6 SAUTEED RICE WITH CARROTS, PEAS AND EGG MACKEREL IN TOMATO SAUCE SAUTEED VEGETABLES FRESH FRUIT BREAD | SAUTEED PEAS WITH HAM OVEN-BAKED TURKEY BREAST LETTUCE SALAD, CORN AND OLIVE FRESH FRUIT BREAD |
| 20 EGG-FREE PASTA WITH BOLOGNESE SAUCE COD WITH GARLIC AND PAPRIKA SAUTEED CAULIFLOWER SOY YOGURT BREAD | 21 WHITE BEANS WITH SWISS CHARD GRILLED CHICKEN LETTUCE, TOMATO, TUNA AND CORN SALAD FRESH FRUIT BREAD | SAUTEED SPINACH GRILLED SIRLOIN STEAKS ROASTED POTATOES FRESH FRUIT BREAD | RICE WITH TOMATO SAUCE BAKED HAKE LOIN DRESSED TOMATO SOY YOGURT BREAD | CREAM OF LEEK SOUP GRILLED TURKEY BREAST SAUTEED BABY CARROTS FRESH FRUIT BREAD |
| 27 EGG-FREE PASTA SAUTEED WITH GARLIC AND PAPRIKA MEDITERRANEAN ROOSTER COLESLAW SOY YOGURT BREAD | 28 CREAM OF ZUCCHINI SOUP GRILLED CHICKEN OVEN BAKED PUMPKIN FRESH FRUIT BREAD | 29 RICE WITH TOMATO SAUCE LOIN WITH APPLE AND ONION CHUTNEY BAKED ZUCCHINI FRESH FRUIT BREAD | 30 POTATOES WITH SQUID AND MUSSELS TUNA WITH ONION TOMATO SALAD FRESH FRUIT BREAD | 31 LENTEILS WITH VEGETABLES BAKED TURKEY FILLET PLAIN RICE FRESH FRUIT BREAD |



FRESH FRUIT

GLUTEN-FREE BREAD

GLUTEN-FREE BREAD

OCTOBER 2025

YAGO SCHOOL MÁLAGA **DIET WITHOUT COW'S MILK PROTEIN AND** GILITEN_EDEE VIEDNES

| LUNES MARTES | | MIÉRCOLES JUEVES GLUTEN-FREE VIERNES | | |
|---|--|---|---|--|
| According to Rgto. 1169/2011 they can ask SERUNION staff for information on substances that can cause allergies or intolerances | | 01 RICE WITH TOMATO SAUCE BAKED CHICKEN THIGH FRENCH FRIES FRESH FRUIT GLUTEN-FREE BREAD | GREEN BEANS WITH POTATOES AND SERRANO HAM IN TOMATO SAUCE HOMEMADE FRENCH OMELETTE DRESSED TOMATO FRESH FRUIT GLUTEN-FREE BREAD | 03 VEGETABLE SOUP WITH GLUTEN- FREE PASTA TURKEY IN PLUM SAUCE WHITE RICE FRESH FRUIT GLUTEN-FREE BREAD |
| O6 GLUTEN-FREE PASTA WITH NATURAL TOMATO SAUCE, BASIL, AND BLACK OLIVES BAKED/GRILLED SALMON CAULIFLOWER WITH BOILED CARROTS AND PEAS FRESH FRUIT GLUTEN-FREE BREAD | CHICKEN SOUP CHICKEN SOUP LEAN PORK WITH TOMATO SAUCE BAKED PUMPKIN FRESH FRUIT GLUTEN-FREE BREAD | 08 WHITE BEANS WITH VEGETABLES BAKED TURKEY BREAST LETTUCE, TOMATO, TUNA, CORN, AND EGG SALAD FRESH FRUIT GLUTEN-FREE BREAD | MIXED PAELLA BAKED HAKE LOIN WITH GARLIC AND PARSLEY SAUTEED ZUCCHINI FRESH FRUIT GLUTEN-FREE BREAD | CREAM OF SWISS CHARD, GREEN BEANS, ZUCHINNI, SQUASH AND CARROT SCRAMBLED POTATOES WITH SERRANO HAM SAUTEED MUSHROOMS WITH GARLIC AND PARSLEY FRESH FRUIT |
| 13 GLUTEN-FREE MACARONI WITH TOMATO SAUCE FIREPLACE WITH WHITE WINE VINAIGRETTE SAUTEED GREEN BEANS FRESH FRUIT GLUTEN-FREE BREAD | 14 SAUTEED MUSHROOMS WITH GARLIC AND PARSLEY GRILLED CHICKEN WITH LEMON LETUCCE, CORN AND OLIVE SALAD FRESH FRUIT GLUTEN-FREE BREAD | CREAM OF ZUCHINNI SOUP SCRAMBLED EGGS BAKED POTATOES WITH GARLIC AND THYME FRESH FRUIT GLUTEN-FREE BREAD | A6 SAUTEED RICE WITH CARROTS, PEAS AND EGG MACKEREL IN TOMATO SAUCE SAUTEED VEGETABLES FRESH FRUIT GLUTEN-FREE BREAD | 17 SAUTEED PEAS WITH HAM BAKED EGGS WITH TOMATO LETTUCE SALAD, CORN AND OLIVE FRESH FRUIT GLUTEN-FREE BREAD |
| Q0 GLUTEN-FREE ELBOW WITH TOMATO SAUCE COD WITH GARLIC AND PAPRIKA SAUTEED CAULIFLOWER FRESH FRUIT GLUTEN-FREE BREAD | 21 WHITE BEANS WITH SWISS CHARD GRILLED CHICKEN LETTUCE, TOMATO, TUNA, CORN, AND EGG SALAD FRESH FRUIT GLUTEN-FREE BREAD | SAUTEED SPINACH GRILLED SIRLOIN STEAKS ROASTED POTATOES FRESH FRUIT GLUTEN-FREE BREAD | RICE WITH TOMATO SAUCE BAKED HAKE LOIN DRESSED TOMATO FRESH FRUIT GLUTEN-FREE BREAD | 24 CREAM OF LEEK SOUP SCRAMBLED EGGS WITH ASPARAGUS SAUTEED BABY CARROTS FRESH FRUIT GLUTEN-FREE BREAD |
| 27 GLUTEN-FREE PASTA SAUTEED WITH GARLIC AND PAPRIKA MEDITERRANEAN ROOSTER COLESLAW | CREAM OF ZUCCHINI SOUP GRILLED CHICKEN OVEN BAKED PUMPKIN FRESH FRUIT | RICE WITH TOMATO SAUCE LOIN WITH APPLE AND ONION CHUTNEY BAKED ZUCCHINI FRESH FRUIT | 30 POTATOES WITH SQUID AND MUSSELS TUNA WITH ONION TOMATO SALAD FRESH FRUIT | 31 SAUTEED PEAS WITH ONION HOMEMADE ZUCCHINI OMELETTE PLAIN RICE FRESH FRUIT |

GLUTEN-FREE BREAD

GLUTEN-FREE BREAD

GLUTEN-FREE BREAD



SOY YOGURT

GLUTEN-FREE BREAD

MENÚ

GLUTEN-FREE BREAD

OCTOBER 2025

YAGO SCHOOL MÁLAGA DIET WITHOUT COW'S MILK PROTEIN

| LUNES EDUCA | MARTES | MIÉRCOLES | JUEVES | VIERNES |
|---|--|---|--|--|
| According to Rgto. 1169/2011 they can ask SERUNION staff for information on substances that can cause allergies or intolerances | | 01 RICE WITH TOMATO SAUCE BAKED CHICKEN THIGH FRENCH FRIES FRESH FRUIT GLUTEN-FREE BREAD | GAZPACHO HOMEMADE FRENCH OMELETTE DRESSED TOMATO FRESH FRUIT GLUTEN-FREE BREAD | 03 VEGETABLE SOUP WITH NOODLES TURKEY IN PLUM SAUCE WHITE RICE SOY YOGURT GLUTEN-FREE BREAD |
| O6 SPIRAL PASTA WITH NATURAL TOMATO SAUCE, BASIL, AND BLACK OLIVES BAKED/GRILLED SALMON CAULIFLOWER WITH BOILED CARROTS AND PEAS FRESH FRUIT GLUTEN-FREE BREAD | 07 HOMEMADE SALMOREJO LEAN PORK WITH TOMATO SAUCE BAKED PUMPKIN SOY YOGURT GLUTEN-FREE BREAD | 08 WHITE BEANS WITH VEGETABLES BAKED TURKEY BREAST LETTUCE, TOMATO, TUNA, CORN, AND EGG SALAD FRESH FRUIT GLUTEN-FREE BREAD | MIXED PAELLA MIXED PAELLA BAKED HAKE LOIN WITH GARLIC AND PARSLEY SAUTEED ZUCCHINI FRESH FRUIT GLUTEN-FREE BREAD | CREAM OF SWISS CHARD, GREEN BEANS, ZUCHINNI, SQUASH AND CARROT SCRAMBLED POTATOES WITH SERRANO HAM SAUTEED MUSHROOMS WITH GARLIC AND PARSLEY FRESH FRUIT |
| MACARONI WITH TOMATO SAUCE FIREPLACE WITH WHITE WINE VINAIGRETTE SAUTEED GREEN BEANS FRESH FRUIT GLUTEN-FREE BREAD | 14 LENTEILS WITH POTATOES GRILLED CHICKEN WITH LEMON LETUCCE, CORN AND OLIVE SALAD FRESH FRUIT GLUTEN-FREE BREAD | CREAM OF ZUCHINNI SOUP SCRAMBLED EGGS BAKED POTATOES WITH GARLIC AND THYME SOY YOGURT GLUTEN-FREE BREAD | 16 SAUTEED RICE WITH CARROTS, PEAS AND EGG MACKEREL IN TOMATO SAUCE SAUTEED VEGETABLES FRESH FRUIT GLUTEN-FREE BREAD | 17 SAUTEED PEAS WITH HAM BAKED EGGS WITH TOMATO LETTUCE SALAD, CORN AND OLIVE FRESH FRUIT GLUTEN-FREE BREAD |
| 20 ELBOW PASTA WITH BOLOGNESE SAUCE COD WITH GARLIC AND PAPRIKA SAUTEED CAULIFLOWER SOY YOGURT GLUTEN-FREE BREAD | 21 WHITE BEANS WITH SWISS CHARD GRILLED CHICKEN LETTUCE, TOMATO, TUNA, CORN, AND EGG SALAD FRESH FRUIT GLUTEN-FREE BREAD | SAUTEED SPINACH GRILLED SIRLOIN STEAKS ROASTED POTATOES FRESH FRUIT GLUTEN-FREE BREAD | RICE WITH TOMATO SAUCE BAKED HAKE LOIN DRESSED TOMATO SOY YOGURT GLUTEN-FREE BREAD | CREAM OF LEEK SOUP SCRAMBLED EGGS WITH ASPARAGUS SAUTEED BABY CARROTS FRESH FRUIT GLUTEN-FREE BREAD |
| 27 SPIRAL PASTA SAUTEED WITH GARLIC AND PAPRIKA MEDITERRANEAN ROOSTER COLESLAW | 28 CREAM OF ZUCCHINI SOUP GRILLED CHICKEN OVEN BAKED PUMPKIN FRESH FRUIT | 29 RICE WITH TOMATO SAUCE LOIN WITH APPLE AND ONION CHUTNEY BAKED ZUCCHINI FRESH FRUIT | 30 POTATOES WITH SQUID AND MUSSELS TUNA WITH ONION TOMATO SALAD FRESH FRUIT | 31 LENTEILS WITH VEGETABLES HOMEMADE ZUCCHINI OMELETTE PLAIN RICE FRESH FRUIT |

GLUTEN-FREE BREAD

GLUTEN-FREE BREAD

GLUTEN-FREE BREAD



NATURAL YOGURT

BREAD

MENÚ

BREAD

OCTOBER 2025

YAGO SCHOOL MÁLAGA DIET WITHOUT FISH AND WITHOUT SEAFOOD

FRESH FRUIT

BREAD

BREAD

| EDUCA | | DIET WITHOUT FISH AND WITHOUT SLAFOOD | | |
|---|---|--|---|--|
| LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES |
| According to Rgto. 1169/2011 they can ask SERUNION staff for information on substances that can cause allergies or intolerances | | 01 RICE WITH TOMATO SAUCE BAKED CHICKEN THIGH FRENCH FRIES FRESH FRUIT BREAD | 02 GAZPACHO HOMEMADE FRENCH OMELETTE DRESSED TOMATO FRESH FRUIT BREAD | 03 VEGETABLE SOUP WITH NOODLES TURKEY IN PLUM SAUCE WHITE RICE NATURAL YOGURT BREAD |
| 06 | 07 | 08 | 09 | 10 |
| SPIRAL PASTA WITH NATURAL TOMATO SAUCE, BASIL, AND BLACK OLIVES CHICKEN BREAST CAULIFLOWER WITH BOILED CARROTS AND PEAS FRESH FRUIT BREAD | HOMEMADE SALMOREJO MEATBALLS WITH SPANISH SAUCE BAKED PUMPKIN NATURAL YOGURT BREAD | WHITE BEANS WITH VEGETABLES BAKED TURKEY BREAST LETTUCE, TOMATO, TUNA, CORN, AND EGG SALAD FRESH FRUIT BREAD | MIXED PAELLA BAKED PORK STEAKS SAUTEED ZUCCHINI FRESH FRUIT BREAD | CREAM OF SWISS CHARD, GREEN BEANS, ZUCHINNI, SQUASH AND CARROT SCRAMBLED POTATOES WITH SERRANO HAM SAUTEED MUSHROOMS WITH GARLIC AND PARSLEY FRESH FRUIT |
| 12 | 4.4 | 4.5 | 4.5 | 47 |
| MACARONI WITH TOMATO SAUCE HOMEMADE OMELETTE SAUTEED GREEN BEANS FRESH FRUIT BREAD | LENTEILS WITH POTATOES GRILLED CHICKEN WITH LEMON LETUCCE, CORN AND OLIVE SALAD FRESH FRUIT BREAD | CREAM OF ZUCHINNI SOUP VEAL RAGOUT BAKED POTATOES WITH GARLIC AND THYME NATURAL YOGURT BREAD | A6 SAUTEED RICE WITH CARROTS, PEAS AND EGG BREAST TURKEY SAUTEED VEGETABLES FRESH FRUIT BREAD | SAUTEED PEAS WITH HAM BAKED EGGS WITH TOMATO LETTUCE SALAD, CORN AND OLIVE FRESH FRUIT BREAD |
| 20 | 24 | 22 | 22 | 24 |
| ELBOW PASTA WITH BOLOGNESE SAUCE BREAST TURKEY WITH GARLIC AND PARSLEY SAUTEED CAULIFLOWER NATURAL YOGURT BREAD | 21 WHITE BEANS WITH SWISS CHARD GRILLED CHICKEN LETTUCE, TOMATO, TUNA, CORN, AND EGG SALAD FRESH FRUIT BREAD | SAUTEED SPINACH GRILLED SIRLOIN STEAKS ROASTED POTATOES FRESH FRUIT BREAD | RICE WITH TOMATO SAUCE OVEN-BAKED TURKEY BREAST DRESSED TOMATO NATURAL YOGURT BREAD | CREAM OF LEEK SOUP SCRAMBLED EGGS WITH ASPARAGUS SAUTEED BABY CARROTS FRESH FRUIT BREAD |
| | | | | |
| SPIRAL PASTA SAUTEED WITH GARLIC AND PAPRIKA BAKED EGGS WITH RATATOUILLE COLESLAW | CREAM OF ZUCCHINI SOUP GRILLED CHICKEN OVEN BAKED PUMPKIN FRESH FRUIT | RICE WITH TOMATO SAUCE LOIN WITH APPLE AND ONION CHUTNEY BAKED ZUCCHINI FRESH FRUIT | POTATOES WITH TOMATO SAUCE GRATIN WITH CHEESE BREAST TURKEY WITH ONION TOMATO SALAD | LENTEILS WITH VEGETABLES HOMEMADE ZUCCHINI OMELETTE PLAIN RICE FRESH FRUIT |

BREAD



MENÚ

OCTOBER 2025

YAGO SCHOOL MÁLAGA VEGETARIAN NUT-FREE DIET

IUEVES LUNES 01 02 03 RICE WITH TOMATO SAUCE **GAZPACHO VEGETABLE SOUP WITH NOODLES** According to Rgto. 1169/2011 they can ask SERUNION SCRAMBLED EGGS HOMEMADE FRENCH OMELETTE LENTEILS WITH VEGETABLES staff for information on substances that can cause FRENCH FRIES DRESSED TOMATO WHITE RICE allergies or intolerances FRESH FRUIT FRESH FRUIT NATURAL YOGURT BRFAD BRFAD BREAD 06 07 09 08 10 SPIRAL PASTA WITH NATURAL TOMATO **HOMEMADE SALMOREJO ZUCCHINI CREAM** VEGETABLE PAELLA CREAM OF SWISS CHARD, GREEN SAUCE, BASIL, AND BLACK OLIVES **BOLIED EGGS WITH TOMATO SAUCE** WHITE BEANS WITH VEGETABLES LENTEILS WITH VEGETABLE AND BEANS, ZUCHINNI, SQUASH AND SCRAMBLED EGGS **BAKED PUMPKIN** LETTUCE, TOMATO, TUNA, CORN, AND **POTATOES** CARROT **CAULIFLOWER WITH BOILED CARROTS** NATURAL YOGURT EGG SALAD SAUTEED ZUCCHINI SCRAMBLED POTATOES AND PEAS **BREAD** FRESH FRUIT FRESH FRUIT SAUTEED MUSHROOMS WITH FRESH FRUIT **BREAD BREAD** GARLIC AND PARSLEY **BREAD** FRESH FRUIT 13 17 15 16 MACARONI WITH TOMATO SAUCE SAUTEED MUSHROOMS WITH GARLIC CREAM OF ZUCHINNI SOUP SAUTEED RICE WITH CARROTS, PEAS SAUTEED PEAS WITH HAM HOMEMADE OMELETTE AND PARSLEY SCRAMBLED EGGS AND FGG **BAKED EGGS WITH TOMATO** SAUTEED GREEN BEANS LENTEILS WITH POTATOES BAKED POTATOES WITH GARLIC AND **BREAST TURKEY** LETTUCE SALAD, CORN AND OLIVE FRESH FRUIT FRESH FRUIT LETUCCE, CORN AND OLIVE SALAD THYME SAUTEED VEGETABLES **BREAD** FRESH FRUIT NATURAL YOGURT FRESH FRUIT **BREAD BREAD BREAD BREAD** 20 22 24 **ELBOW PASTA WITH TOMATO SAUCE** PUMPKIN AND BOILED EGG CREAM RICE WITH TOMATO SAUCE SAUTEED SPINACH **CREAM OF LEEK SOUP** FRIED EGGS WHITE BEANS WITH SWISS CHARD HOMEMADE OMELETTE LENTEILS WITH VEGETABLE AND SCRAMBLED EGGS WITH ASPARAGUS SAUTEED CAULIFLOWER LETTUCE, TOMATO, TUNA, CORN, AND **ROASTED POTATOES POTATOES** SAUTEED BABY CARROTS NATURAL YOGURT EGG SALAD FRESH FRUIT DRESSED TOMATO FRESH FRUIT **BREAD** FRESH FRUIT **BREAD** NATURAL YOGURT **BREAD** BRFAD BRFAD 27 28 29 30 31 SPIRAL PASTA SAUTEED WITH GARLIC **ZUCCHINI CREAM RICE WITH TOMATO SAUCE** POTATOES WITH TOMATO SAUCE LENTEILS WITH VEGETABLES AND PAPRIKA CHICKPEAS WITH VEGETABLES SCRAMBLED EGGS **GRATIN WITH CHEESE** HOMEMADE ZUCCHINI OMELETTE **BAKED EGGS WITH RATATOUILLE** OVEN BAKED PUMPKIN **BAKED ZUCCHINI** WHITE BEANS WITH POTATOES PLAIN RICE **COLESLAW** FRESH FRUIT FRESH FRUIT TOMATO SALAD FRESH FRUIT NATURAL YOGURT BRFAD **BREAD** FRESH FRUIT BRFAD BREAD **BREAD**