

DOMINGO 1

COMIDA

BRUNCH

PANES VARIADOS
UNTABLES VARIADOS
EMBUTIDO VARIADO
CEREALES
BOLLERÍA HORNEADA
BUFFET DE ENSALADA
SALCHICHAS CON
QUESO
PATATAS GRATINADAS
CON BECHAMEL
ALITAS A LA BARBACOA
FRUTA VARIADA
LÁCTEOS

CENA

BUFFET DE ENSALADA
ENSALADA CAMPERA
PIZZA
PATATAS CHIPS
FRUTA FRESCA-YOGUR
PAN BLANCO/INTEGRAL

LUNES 2	MARTES 3	MIÉRCOLES 4	JUEVES 5	VIERNES 6	SABADO 7	DOMINGO 8
COMIDA						
CODITOS BOLOÑESA	GAZPACHO	ESPINACAS CON BECHAMEL GRATINADAS	ARROZ MAR Y MONTAÑA	ENSALADA DE GARBANZOS	BRUNCH	BRUNCH
ENSALADA DE PASTA	CREMA DE CALABAZA ASADA CON TOPING DE HUEVO	ENSALADA CESAR	ARROZ FRITO CON YORK	MENESTRA DE VERDURAS	PANES VARIADOS	PANES VARIADOS
CROQUETAS DE BACALAO	POLLO AL CURRY	LOMO EN SALSA	LOMO DE MERLUZA AL HORNO	REVUELTO DE ESPARRAGOS	UNTABLES VARIADOS	UNTABLES VARIADOS
BACALAO GRATINADO	FILETE DE POLLO ESPECIADO	FILETE DE JAMÓN A LA PLANCHA	MERLUZA A LA ROMANA	HUEVOS BELLA AURORA	EMBUTIDO VARIADO	EMBUTIDO VARIADO
COLIFLOR SALTEADA	ENSALADA MIXTA	PATATAS ASADAS	TOMATE ALIÑADO	ZANAHORIAS BABY SALTEADAS	CEREALES	CEREALES
YOGUR	FRUTA FRESCA	FRUTA FRESCA	YOGUR NATURAL CON TOPPING	FRUTA FRESCA	BOLLERÍA HORNEADA	BOLLERÍA HORNEADA
PAN INTEGRAL	PAN BLANCO	PAN BLANCO	PAN BLANCO	PAN BLANCO	BUFFET DE ENSALADA	BUFFET DE ENSALADA
					BACON	SALCHICHAS
					PASTA CARBONARA	ARROZ CON TOMATE
					POLLO FRITO	FILETE DE POLLO
					FRUTA VARIADA	EMPANADO
					LÁCTEOS	FRUTA VARIADA
						LÁCTEOS
CENA						
BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA
ENSALADA DE LECHUGA CON APIO Y NUECES	ENSALADA DE ARROZ CON HUEVO, ACEITUNAS, YORK Y MAIZ	ENSALADA MIXTA	ENSALADA CAMPERA	ENSALADA SANTURCE	ENSALADA DE ALUBIAS CON COUS COUS Y HIERBABUENA	ENSALADA DE QUINOA CON QUESO FRESCO Y RABANITOS
CHULETA DE SAJONIA A LA PLANCHA	CAZON EN ADOBO	DUELOS Y QUEBRANTOS	LOMO AL HORNO CON SALSA ESTROGONOF	FISH AND CHIPS	QUESADILLA DE JAMÓN Y QUESO	HAMBURGUESA
PATATAS FRITAS	SALTEADO DE VERDURAS	BERENJENA REBOZADA	PATATAS DADO	CALABACIN AL GRILL	NACHOS	PATATAS FRITAS TEX-MEX
FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR
PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL

LUNES 9	MARTES 10	MIÉRCOLES 11	JUEVES 12	VIERNES 13	SABADO 14	DOMINGO 15
COMIDA						
ESPIRALES CON NATA Y CHORIZO ESPIRALES CON VERDURAS AL WOK GALLO CON SALSA DE PIQUILLO GALLO FRITO ENSALADA DE COL YOGUR PAN INTEGRAL	SALMOREJO CREMA DE PUERRO Y PATATA POLLO EN SALSA BARBACOA POLLO EN SALSA LIGERA DE MOSTAZA CALABAZA ASADA FRUTA FRESCA PAN BLANCO	ARROZ CON TOMATE ARROZ A LA AMERICANA CINTA DE LOMO CON CHUTNEY DE MANZANA Y CEBOLLA LOMO EMPANADO CALABACIN ASADO FRUTA FRESCA PAN BLANCO	PATATAS A LA MARINERA GUISO DE PATATAS CON COSTILLA FOGONERO CON SALSA MEDITERRÁNEA EMPANADILLAS DE ATUN ENSALADA DE TOMATE FRUTA FRESCA PAN BLANCO	LENTEJAS CAMPERAS GAZPACHO TORTILLA DE CALABACIN HUEVOS REVUELTOS CON CHISTORRA ARROZ SALTEADO FRUTA FRESCA PAN BLANCO	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA BACON CRISPY ARROZ GRATINADO LOMO EN SALSA FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA SALCHICHAS PATATAS CHEESEBACON COSTILLAS A LA BARBACOA FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA SERRANITO PATATAS FRITAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA TROPICAL TORTILLA DE PATATAS COLIFLOR SALTEADA FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA NICOISE GALLO A LA ROTEÑA BRÓCOLI GRATINADO FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAMPERA ALBONDIGAS EN SALSA DE CEBOLLA COSU COUS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CESAR MAGRO DE CERDO EN SALSA AROMATICA SALTEADO MEDITERRANEO FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADILLA RUSA HOT DOG ESTILO NY PATATAS ASADAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MIXTA PIZZA TROPICAL AROS DE CEBOLLA FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL

LUNES 16	MARTES 17	MIÉRCOLES 18	JUEVES 19	VIERNES 20		
COMIDA						
CODITOS CARBONARA	GAZPACHO	PISTO MANCHEGO CON HUEVO	ARROZ 3 DELICIAS	FUN FAIR		
ENSALADA DE PASTA	CONSOME DE AVE	TACO DE VERDURAS CON TOMATE ESPECIADO	ENSALADA DE ARROZ			
SALMON AL ENELDO	CORDON BLEU DE PAVO	POLLO ASADO EN SALSA DE PASAS	BACALAO AL GRATEN CON ALIO OLI Y FLORES DE MAIZ			
SALMON EN SALSA DE SOJA	CARRILLERA DE CERDO EN SALSA	ALITAS DE POLLO BARBACOA	BUÑUELOS DE BACALAO			
ENSALADA DE MAIZ Y REMOLACHA	PATATAS PANADERAS	ENSALADA VARIADA	GUISANTES SALTEADOS			
FRUTA FRESCA	YOGUR NATURAL CON TOPPING	FRUTA FRESCA	FRUTA FRESCA			
PAN INTEGRAL	PAN BLANCO	PAN BLANCO	PAN BLANCO			
CENA						
BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA			
ENSALADA CESAR	ENSALADA DE LACITOS CON YORK	ENSALADA CAPRESSE	HUEVOS REVUELTOS			
RABAS DE CALAMAR	GYROS DE MAGRO CON SALSA TZATIKI	REVUELTO DE YORK CON PATATAS	COSTILLAS BARBACOA			
PATATAS FRITAS	SALTEADO CAMPESTRE	CALABACÍN REBOZADO	PATATAS AL HORNO			
FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR			
PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL			

SUNDAY 1

COMIDA

BRUNCH

ASSORTED BREADS
ASSORTED SPREADS
ASSORTED COLD MEATS
CEREALS
BAKED GOODS
SALAD BAR
SAUSAGES WITH CHEESE
POTATOES AU GRATIN
WITH BECHAMEL
BBQ WINGS
FRESH FRUIT
YOGHURT

CENA

SALAD BAR
COUNTRY SALAD
PIZZA
POTATO CHIPS
FRESH FRUIT/YOGHURT
WHOLEMALE
BREAD/FRESH BREAD

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7	SUNDAY 8
			COMIDA			
PASTA BOLOGNESE	GAZPACHO	SPINACH GRATIN WITH BECHAMEL SAUCE	SEA AND MOUNTAIN' RICE	CHICKPEAS SALAD	BRUNCH	BRUNCH
PASTA SALAD	CREAM OF ROASTED PUMPKIN SOUP WITH AN EGG GARNISH	CAESAR SALAD	FRIED RICE WITH COOKED HAM	MIXED VEGETABLE STEW	ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS	ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS
COD CROQUETTES	CURRIED CHICKEN	PORK TENDERLOIN IN SAUCE	OVEN-BAKED HAKE LOIN	SCRAMBLED EGGS WITH ASPARAGUS	BAKED GOODS SALAD BAR BACON	BAKED GOODS SALAD BAR SAUSAGES
COD AU GRATIN SAUTÉED CAULIFLOWER	SPICY CHICKEN FILLET MIXED SALAD	GRILLED HAM FILLET ROAST POTATOES	HAKE IN BATTER DRESSED TOMATO	BELLA AURORA' EGGS SAUTÉED BABY CARROTS	PASTA CARBONARA FRIED CHICKEN FRESH FRUIT YOGHURT	RICE WITH TOMATO BREADED CHICKEN FRESH FRUIT YOGHURT
YOGHURT	FRESH FRUIT	FRESH FRUIT	NATURAL YOGHURT WITH TOPPING	FRESH FRUIT		
WHOLEMALE BREAD	FRESH BREAD	FRESH BREAD	FRESH BREAD	FRESH BREAD		
			CENA			
SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
LETTUCE, CELERY AND WALNUT SALAD	RICE SALAD WITH EGG, OLIVES, COOKED HAM AND SWEETCORN	MIXED SALAD	COUNTRY SALAD	SANTURCE SALAD	BEAN SALAD WITH COUSCOUS AND MINT	QUINOA SALAD WITH FRESH CHEESE AND RADISHES
GRILLED KASSLER	DOGFISH IN MARINADE	DUELOS Y QUEBRANTOS (CHORIZO, BACON AND EGGS)	ROASTED TENDERLOIN WITH STROGANOFF SAUCE	FISH AND CHIPS	HAM AND CHEESE QUESADILLA	HAMBURGER
CHIPS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SAUTÉED VEGETABLES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	BATTERED AUBERGINE FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	FRIED POTATOES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	GRILLED COURGETTE FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	NACHOS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	TEX-MEX POTATOES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD

MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13	SATURDAY 14	SUNDAY 15
COMIDA				BRUNCH		
FUSILLI WITH CREAM AND CHORIZO FUSILLI WITH STIR-FRIED WOK VEGETABLES JOHN DORY WITH PIQUILLO PEPPER SAUCE FRIED JOHN DORY COLESLAW YOGHURT WHOLEMALE BREAD	SALMOREJO CREAM OF LEAK AND POTATO SOUP CHICKEN IN BBQ SAUCE CHICKEN IN A LIGHT MUSTARD SAUCE ROASTED PUMPKIN FRESH FRUIT FRESH BREAD	RICE WITH TOMATO AMERICAN RICE PORK LOIN WITH APPLE AND ONION CHUTNEY BREADED TENDERLOIN ROASTED COURGETTE FRESH FRUIT FRESH BREAD	POTATOES MARINARA POTATO CASSEROLE WITH RIBS POLLOCK WITH MEDITERRANEAN SAUCE TUNA PASTIES TOMATO SALAD FRESH FRUIT FRESH BREAD	COUNTRY-STYLE LENTILS GAZPACHO COURGETTE OMELETTE SCRAMBLED EGGS WITH CHISTORRA SAUSAGE SAUTÉED RICE FRESH FRUIT FRESH BREAD	ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR CRISPY BACON RICE AU GRATIN TENDERLOIN IN SAUCE FRESH FRUIT YOGHURT	ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR SAUSAGES POTATOES WITH CHEESEBACON BBQ RIBS FRESH FRUIT YOGHURT
CENA						
SALAD BAR GERMAN POTATO SALAD SERRANITO SANDWICH CHIPS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR TROPICAL SALAD POTATO OMELETTE SAUTÉED CAULIFLOWER FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR NICOISE SALAD ROTA-STYLE JOHN DORY SAUTÉED BROCCOLI FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COUNTRY SALAD MEATBALLS IN AN ONION SAUCE COUS COUS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR CAESAR SALAD PORK LOIN IN A AROMATIC SAUCE MEDITERRANEAN SAUTÉED VEGETABLES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR SPANISH POTATO SALAD NY STYLE HOT DOG ROAST POTATOES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR MIXED SALAD TROPICAL PIZZA ONION RINGS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD

MONDAY 16

TUESDAY 17

WEDNESDAY 18

THURSDAY 19

FRIDAY 20

COMIDA

PASTA CARBONARA

PASTA SALAD

SALMON WITH DILL

SALMON IN SOY SAUCE
SWEETCORN AND
BEETROOT SALAD

FRESH FRUIT

WHOLEMALE BREAD

POULTRY SOUP WITH
NOODLES AND
CHICKPEAS

CHICKEN CONSOMMÉ

TURKEY CORDON BLEU

PORK CHEEK IN SAUCE
SAUTÉED POTATO SLICES

NATURAL YOGHURT
WITH TOPPING
FRESH BREAD

LA MANCHA-STYLE
RATATOUILLE WITH EGG

VEGETABLE TACO WITH
SPICY TOMATO

ROAST CHICKEN IN
RAISIN SAUCE

BBQ CHICKEN WINGS

MIXED SALAD

FRESH FRUIT

FRESH BREAD

SPECIAL FRIED RICE

RICE SALAD

COD AU GRATIN WITH
AIOLI AND MAIZE
FLOWERS

COD FRITTERS

SAUTÉED PEAS

FRESH FRUIT

FRESH BREAD

FUN FAIR

CENA

SALAD BAR

CAESAR SALAD

BATTERED CALAMARI

CHIPS

FRESH FRUIT/YOGHURT
WHOLEMALE
BREAD/FRESH BREAD

SALAD BAR
FARFALLE SALAD WITH
COOKED HAM

PORK TENDERLOIN
GYROS WITH TZATZIKI

SAUTÉED VEGETABLES
FRESH FRUIT/YOGHURT
WHOLEMALE
BREAD/FRESH BREAD

SALAD BAR

CAPRESE SALAD

SCRAMBLED EGGS WITH
COOKED HAM AND
POTATO

BREADED COURGETTE
FRESH FRUIT/YOGHURT
WHOLEMALE
BREAD/FRESH BREAD

SALAD BAR

SCRAMBLED EGGS

BBQ RIBS

BAKED POTATOES
FRESH FRUIT/YOGHURT
WHOLEMALE
BREAD/FRESH BREAD

DOMINGO 1

COMIDA

BRUNCH

PAN SIN GLUTEN
UNTABLES VARIADOS
EMBUTIDO VARIADO
BUFFET DE ENSALADA

SALCHICHAS CON
QUESO
PATATAS GRATINADAS
CON BECHAMEL
ALITAS A LA BARBACOA
FRUTA VARIADA
LÁCTEOS

CENA

BUFFET DE ENSALADA
ENSALADA CAMPERA
PIZZA SIN GLUTEN
PATATAS CHIPS
FRUTA FRESCA-YOGUR
PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN

SEMANA DEL 2 AL 8 DE JUNIO

LUNES 2	MARTES 3	MIÉRCOLES 4	JUEVES 5	VIERNES 6	SABADO 7	DOMINGO 8
COMIDA						
PASTA SIN GLUTEN BOLOÑESA	GAZPACHO SIN GLUTEN	ESPINACAS CON BECHAMEL GRATINADAS	ARROZ MAR Y MONTAÑA	ENSALADA DE GARBANZOS	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA
BACALAO AL HORNO	POLLO AL HORNO	LOMO EN SALSA	LOMO DE MERLUZA AL HORNO	REVUELTO DE ESPÁRRAGOS ZANAHORIAS BABY SALTEADAS	BACON	SALCHICHAS
COLIFLOR SALTEADA	ENSALADA MIXTA	PATATAS ASADAS	TOMATE ALIÑADO	FRUTA FRESCA	PASTA SIN GLUTEN CARBONARA	ARROZ CON TOMATE
YOGUR	FRUTA FRESCA	FRUTA FRESCA	YOGUR NATURAL CON TOPPING	PAN SIN GLUTEN	POLLO FRITO	FILETE DE POLLO
PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN		FRUTA VARIADA LÁCTEOS	FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA
ENSALADA DE LECHUGA CON APIO Y NUECES	ENSALADA DE ARROZ CON HUEVO, ACEITUNAS, YORK Y MAIZ	ENSALADA MIXTA	ENSALADA CAMPERA	ENSALADA SANTURCE	ENSALADA DE ALUBIAS CON COUS COUS Y HIERBABUENA	ENSALADA DE QUINOA CON QUESO FRESCO Y RABANITOS
CHULETA DE SAJONIA A LA PLANCHA	MERLUZA AL HORNO	DUELOS Y QUEBRANTOS	LOMO AL HORNO CON SALSA ESTROGONOF	GALLO AL HORNO	QUESADILLA SIN GLUTEN DE JAMÓN Y QUESO	HAMBURGUESA SIN GLUTEN
PATATAS FRITAS	SALTEADO DE VERDURAS	BERENJENA SALTEADA	PATATAS DADO	CALABACIN AL GRILL	NACHOS	PATATAS FRITAS TEX- MEX
FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 9 AL 15 DE JUNIO

LUNES 9	MARTES 10	MIÉRCOLES 11	JUEVES 12	VIERNES 13	SABADO 14	DOMINGO 15
COMIDA						
PASTA SIN GLUTEN CON NATA Y CHORIZO	SALMOREJO SIN GLUTEN	ARROZ CON TOMATE	PATATAS A LA MARINERA	GAZPACHO SIN GLUTEN	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA
GALLO CON SALSA DE PIQUILLO	POLLO EN SALSA BARBACOA	CINTA DE LOMO CON CHUTNEY DE MANZANA Y CEBOLLA	FOGONERO CON SALSA MEDITERRÁNEA	TORTILLA DE CALABACÍN	BACON CRISPY	SALCHICHAS
ENSALADA DE COL YOGUR	CALABAZA ASADA	CALABACÍN ASADO	ENSALADA DE TOMATE	ARROZ SALTEADO	ARROZ GRATINADO	PATATAS CHESE BACON
PAN SIN GLUTEN	FRUTA FRESCA	FRUTA FRESCA	FRUTA FRESCA	FRUTA FRESCA	LOMO EN SALSA FRUTA VARIADA LÁCTEOS	COSTILLAS A LA BARBACOA
	PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN		FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA	BUFFET DE ENSALADA ENSALADA TROPICAL	BUFFET DE ENSALADA ENSALADA NICOISE	BUFFET DE ENSALADA ENSALADA CAMPERA	BUFFET DE ENSALADA ENSALADA CESAR	BUFFET DE ENSALADA ENSALADILLA RUSA	BUFFET DE ENSALADA ENSALADA MIXTA
SERRANITO SIN GLUTEN	TORTILLA DE PATATAS	GALLO A LA ROTEÑA	ALBONDIGAS EN SALSA DE CEBOLLA	MAGRO DE CERDO EN SALSA AROMATICA	HOT DOG ESTILO NY SIN GLUTEN	PIZZA TROPICAL SIN GLUTEN
PATATAS FRITAS	COLIFLOR SALTEADA	BRÓCOLI GRATINADO	COSU COUS	SALTEADO MEDITERRANEO	PATATAS ASADAS	VERDURAS SALTEADAS
FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 16 AL 20 DE JUNIO

LUNES 16	MARTES 17	MIÉRCOLES 18	JUEVES 19	VIERNES 20		
COMIDA						
PASTA SIN GLUTEN CARBONARA	GAZPACHO SIN GLUTEN	PISTO MANCHEGO CON HUEVO	ARROZ 3 DELICIAS	PASTA SIN GLUTEN CARBONARA		
SALMON AL ENELDO	CARRILLERA DE CERDO EN SALSA	POLLO ASADO EN SALSA DE PASAS	BACALAO AL GRATEN CON ALI OLI Y FLORES DE MAÍZ	SALMON AL ENELDO		
ENSALADA DE MAÍZ Y REMOLACHA	PATATAS PANADERAS	ENSALADA VARIADA	GUISANTES SALTEADOS	ENSALADA DE MAÍZ Y REMOLACHA		
FRUTA FRESCA	YOGUR NATURAL CON TOPPING	FRUTA FRESCA	FRUTA FRESCA	FRUTA FRESCA		
PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN		
CENA						
BUFFET DE ENSALADA ENSALADA CESAR	BUFFET DE ENSALADA ENSALADA DE PASTA SIN GLUTEN CON YORK	BUFFET DE ENSALADA ENSALADA CAPRESSE	BUFFET DE ENSALADA HUEVOS REVUELTOS			
MERLUZA AL HORNO	GYROS DE MAGRO CON SALSA TZATIKI	REVUELTO DE YORK CON PATATAS	COSTILLAS BARBACOA			
PATATAS FRITAS	SALTEADO CAMPESTRE	CALABACÍN SALTEADO	PATATAS AL HORNO			
FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR	FRUTA FRESCA-YOGUR			
PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN			

SUNDAY 1

COMIDA

BRUNCH

GLUTEN FREE BREAD
ASSORTED SPREADS
ASSORTED COLD MEATS
SALAD BAR
SAUSAGES WITH CHEESE
POTATOES AU GRATIN
WITH BECHAMEL
BBQ WINGS
FRESH FRUIT
YOGHURT

CENA

SALAD BAR
COUNTRY SALAD
GLUTEN FREE PIZZA
POTATO CHIPS
FRESH FRUIT/YOGHURT
GLUTEN FREE BREAD

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7	SUNDAY 8
			COMIDA			
PASTA BOLOGNESE GLUTEN FREE BAKED COD SAUTÉED CAULIFLOWER YOGHURT GLUTEN FREE BREAD	GAZPACHO GLUTEN FREE BAKED CHICKEN MIXED SALAD FRESH FRUIT GLUTEN FREE BREAD	SPINACH GRATIN WITH BECHAMEL SAUCE PORK TENDERLOIN IN SAUCE ROAST POTATOES FRESH FRUIT GLUTEN FREE BREAD	SEA AND MOUNTAIN' RICE OVEN-BAKED HAKE LOIN DRESSED TOMATO NATURAL YOGHURT WITH TOPPING GLUTEN FREE BREAD	CHICKPEAS SALAD SCRAMBLED EGGS WITH ASPARAGUS SAUTÉED BABY CARROTS FRESH FRUIT GLUTEN FREE BREAD	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR BACON PASTA CARBONARA GLUTEN FREE FRIED CHICKEN FRESH FRUIT YOGHURT	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR SAUSAGES RICE WITH TOMATO GRILLED CHICKEN FRESH FRUIT YOGHURT
			CENA			
SALAD BAR LETTUCE, CELERY AND WALNUT SALAD GRILLED KASSLER CHIPS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR RICE SALAD WITH EGG, OLIVES, COOKED HAM AND SWEETCORN BAKED HAKE SAUTÉED VEGETABLES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR MIXED SALAD DUELOS Y QUEBRANTOS (CHORIZO, BACON AND EGGS) BATTERED AUBERGINE FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR COUNTRY SALAD ROASTED TENDERLOIN WITH STROGANOFF SAUCE FRIED POTATOES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR SANTURCE SALAD BAKED FISH GRILLED COURGETTE FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR BEAN SALAD WITH COUSCOUS AND MINT HAM AND CHEESE QUESADILLA GLUTEN FREE NACHOS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR QUINOA SALAD WITH FRESH CHEESE AND RADISHES HAMBURGER GLUTEN FREE TEX-MEX POTATOES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD

MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13	SATURDAY 14	SUNDAY 15
			COMIDA			
GLUTEN FREE PASTA WITH CREAM AND CHORIZO JOHN DORY WITH PIQUILLO PEPPER SAUCE COLESLAW YOGHURT GLUTEN FREE BREAD	SALMOREJO GLUTEN FREE CHICKEN IN BBQ SAUCE ROASTED PUMPKIN FRESH FRUIT GLUTEN FREE BREAD	RICE WITH TOMATO PORK LOIN WITH APPLE AND ONION CHUTNEY ROASTED COURGETTE FRESH FRUIT GLUTEN FREE BREAD	POTATOES MARINARA POLLOCK WITH MEDITERRANEAN SAUCE TOMATO SALAD FRESH FRUIT GLUTEN FREE BREAD	GAZPACHO GLUTEN FREE COURGETTE OMELETTE SAUTÉED RICE FRESH FRUIT GLUTEN FREE BREAD	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR CRISPY BACON RICE AU GRATIN TENDERLOIN IN SAUCE FRESH FRUIT YOGHURT	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR SAUSAGES POTATOES WITH CHEESEBACON BBQ RIBBS FRESH FRUIT YOGHURT
			CENA			
SALAD BAR GERMAN POTATO SALAD SERRANITO SANDWICH GLUTEN FREE CHIPS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR TROPICAL SALAD POTATO OMELETTE SAUTÉED CAULIFLOWER FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR NICOISE SALAD ROTA-STYLE JOHN DORY SAUTÉED BROCCOLI FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR COUNTRY SALAD MEATBALLS IN AN ONION SAUCE COUS COUS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR CAESAR SALAD PORK LOIN IN A AROMATIC SAUCE MEDITERRANEAN SAUTÉED VEGETABLES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR SPANISH POTATO SALAD NY STYLE HOT DOG GLUTEN FREE ROAST POTATOES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR MIXED SALAD TROPICAL PIZZA GLUTEN FREE SAUTEED VEGETABLES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD

MONDAY 16

TUESDAY 17

WEDNESDAY 18

THURSDAY 19

FRIDAY 20

COMIDA

PASTA CARBONARA
GLUTEN FREE

SALMON WITH DILL

SWEETCORN AND
BEETROOT SALAD

FRESH FRUIT
GLUTEN FREE BREAD

GAZPACHO GLUTEN
FREE

PORK CHEEK IN SAUCE

SAUTÉED POTATO SLICES

NATURAL YOGHURT
WITH TOPPING
GLUTEN FREE BREAD

LA MANCHA-STYLE
RATATOUILLE WITH EGG

ROAST CHICKEN IN
RAISIN SAUCE

MIXED SALAD

FRESH FRUIT
GLUTEN FREE BREAD

SPECIAL FRIED RICE
COD AU GRATIN WITH
AIOLI AND MAIZE
FLOWERS

SAUTÉED PEAS

FRESH FRUIT
GLUTEN FREE BREAD

FUN FAIR

CENA

SALAD BAR
CAESAR SALAD

BAKED HAKE

CHIPS
FRESH FRUIT/YOGHURT
GLUTEN FREE BREAD

SALAD BAR
GLUTEN FREE PASTA
SALAD WITH COOKED
HAM

PORK TENDERLOIN
GYROS WITH TZATZIKI

SAUTÉED VEGETABLES
FRESH FRUIT/YOGHURT
GLUTEN FREE BREAD

SALAD BAR
CAPRESE SALAD

SCRAMBLED EGGS WITH
COOKED HAM AND
POTATO

SAUTEED COURGETTE
FRESH FRUIT/YOGHURT
GLUTEN FREE BREAD

SALAD BAR
SCRAMBLED EGGS

BBQ RIBS

BAKED POTATOES
FRESH FRUIT/YOGHURT
GLUTEN FREE BREAD

DOMINGO 1

COMIDA

BRUNCH

PANES VARIADOS
ACEITE Y TOMATE
CEREALES
BOLLERÍA HORNEADA
BUFFET DE ENSALADA
PATATAS CON
VERDURAS
MENESTRA SALTEADA
FRUTA VARIADA

CENA

BUFFET DE ENSALADA
ENSALADA CAMPERA
PIZZA VEGETAL
PATATAS CHIPS
FRUTA FRESCA
PAN BLANCO/INTEGRAL

MENÚ YAGO SCHOOL - VEGANO

SEMANA DEL 2 AL 8 DE JUNIO

LUNES 2	MARTES 3	MIERCOLES 4	JUEVES 5	VIERNES 6	SABADO 7	DOMINGO 8
COMIDA						
ENSALADA DE PASTA CROQUETAS DE ESPINACAS FRUTA FRESCA PAN INTEGRAL	GAZPACHO CREMA DE CALABAZA ASADA CON TOPING DE HUEVO FRUTA FRESCA PAN BLANCO	ESPINACAS CON BECHAMEL ENSALADA CESAR FRUTA FRESCA PAN BLANCO	WOK DE VERDURAS ARROZ CON VERDURAS FRUTA FRESCA PAN BLANCO	ENSALADA DE GARBANZOS MENESTRA DE VERDURAS FRUTA FRESCA PAN BLANCO	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PASTA CON VERDURAS SALTEADO CAMPESTRE FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ARROZ CON VERDURAS CRUDITE DE VERDURAS FRUTA VARIADA
CENA						
BUFFET DE ENSALADA ENSALADA DE LECHUGA CON APIO Y NUECES CREMA DE VERDURAS PATATAS FRITAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE ARROZ CON ACEITUNAS Y MAIZ VERDURAS REBOZADAS SALTEADO DE VERDURAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE LA HUERTA SANDWICH VEGETAL BERENJENA REBOZADA FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAMPERA PANINI VEGETAL PATATAS DADO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA SANTURCE CROQUETAS DE ESPINACAS CALABACIN AL GRILL FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE ALUBIAS CON COUS COUS Y HIERBABUENA QUESADILLA VEGETAL NACHOS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE QUINOA CON RABANITOS HAMBURGUESA VEGETAL PATATAS FRITAS TEX-MEX FRUTA FRESCA PAN BLANCO/INTEGRAL

LUNES 9	MARTES 10	MIÉRCOLES 11	JUEVES 12	VIERNES 13	SABADO 14	DOMINGO 15
COMIDA						
PISTO DE VERDURAS ESPIRALES CON VERDURAS AL WOK ENSALADA DE COL FRUTA FRESCA PAN INTEGRAL	SALMOREJO CREMA DE PUERRO Y PATATA CALABAZA ASADA FRUTA FRESCA PAN BLANCO	ARROZ CON TOMATE CROQUETAS DE ESPINACAS CALABACIN ASADO FRUTA FRESCA PAN BLANCO	WOK DE VERDURAS PATATAS CON VERDURAS ENSALADA DE TOMATE FRUTA FRESCA PAN BLANCO	LENTEJAS CAMPERAS GAZPACHO ARROZ SALTEADO FRUTA FRESCA PAN BLANCO	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ARROZ CON VERDURAS VERDURAS SALTEADAS FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PATATAS CON VERDURAS MENESTRA SALTEADA FRUTA VARIADA
CENA						
BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA SANDWICH VEGETAL PATATAS FRITAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA TROPICAL VERDURAS REBOZADAS COLIFLOR SALTEADA FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA NICOISE CRUDITES DE VERDURAS BRÓCOLI GRATINADO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAMPERA PANINI VEGETAL COSU COUS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CESAR CREMA DE VERDURAS SALTEADO MEDITERRANEO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADILLA RUSA TACO DE VERDURAS PATATAS ASADAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MIXTA PIZZA VEGETAL AROS DE CEBOLLA FRUTA FRESCA PAN BLANCO/INTEGRAL

MENÚ YAGO SCHOOL - VEGANO

SEMANA DEL 16 AL 20 DE JUNIO

LUNES 16	MARTES 17	MIERCOLES 18	JUEVES 19	VIERNES 20		
COMIDA						
WOK DE VERDURAS	GAZPACHO	PISTO MANCHEGO	MENESTRA SALTEADA	FUN FAIR		
ENSALADA DE PASTA	CONSOME DE AVE	TACO DE VERDURAS CON TOMATE ESPECIADO	ENSALADA DE ARROZ			
ENSALADA DE MAIZ Y REMOLACHA	PATATAS PANADERAS	ENSALADA VARIADA	GUISANTES SALTEADOS			
FRUTA FRESCA	FRUTA FRESCA	FRUTA FRESCA	FRUTA FRESCA			
PAN INTEGRAL	PAN BLANCO	PAN BLANCO	PAN BLANCO			
CENA						
BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA			
ENSALADA CESAR	ENSALADA DE PASTA	ENSALADA DE TOMATE	ENSALADA VARIADA			
SANDWICH VEGETAL	CROQUETAS DE ESPINACAS	CREMA DE VERDURAS	PANINI VEGETAL			
PATATAS FRITAS	SALTEADO CAMPESTRE	CALABACÍN REBOZADO	PATATAS AL HORNO			
FRUTA FRESCA	FRUTA FRESCA	FRUTA FRESCA	FRUTA FRESCA			
PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL	PAN BLANCO/INTEGRAL			

SUNDAY 1

COMIDA

BRUNCH

ASSORTED BREADS
OIL AND TOMATO
CEREALS
BAKED GOODS
SALAD BAR
POTATOES WITH
VEGETABLES
VEGETABLES
FRESH FRUIT

CENA

SALAD BAR
COUNTRY SALAD
VEGETAL PIZZA
POTATO CHIPS
FRESH FRUIT
WHOLEMALE
BREAD/FRESH BREAD

MENÚ

YAGO SCHOOL - VEGAN

WEEK 2 TO 8

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7	SUNDAY 8
			COMIDA			
PASTA SALAD	GAZPACHO	SPINACH WITH BECHAMEL SAUCE	VEGETABLES WOK	CHICKPEAS SALAD	BRUNCH	BRUNCH
SPINACH CROQUETTES	CREAM OF ROASTED PUMPKIN SOUP WITH AN EGG GARNISH	CAESAR SALAD	RICE WITH VEGETABLES	MIXED VEGETABLE STEW	ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS	ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS
SAUTÉED CAULIFLOWER	MIXED SALAD	ROAST POTATOES	DRESSED TOMATO	SAUTÉED BABY CARROTS	SALAD BAR	SALAD BAR
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	PASTA WITH VEGETABLES	RICE WITH VEGETABLES
WHOLEMALE BREAD	FRESH BREAD	FRESH BREAD	FRESH BREAD	FRESH BREAD	SAUTEED VEGETABLES	VEGETABLES
					FRESH FRUIT	FRESH FRUIT
			CENA			
SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
LETTUCE, CELERY AND WALNUT SALAD	RICE SALAD WITH OLIVES AND SWEETCORN	SALAD	COUNTRY SALAD	SANTURCE SALAD	BEAN SALAD WITH COUSCIOUS AND MINT	QUINOA SALAD WITH AND RADISHES
CREAM OF VEGETABLES SOUP	BREADED VEGETABLES	VEGETAL SANDWICH	VEGETAL PANINI	SPINACH CROQUETTES	VEGETAL QUESADILLA	VEGETAL BURGER
CHIPS	SAUTÉED VEGETABLES	BATTERED AUBERGINE	FRIED POTATOES	GRILLED COURGETTE	NACHOS	TEX-MEX POTATOES
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
WHOLEMALE	WHOLEMALE	WHOLEMALE	WHOLEMALE	WHOLEMALE	WHOLEMALE	WHOLEMALE
BREAD/FRESH BREAD	BREAD/FRESH BREAD	BREAD/FRESH BREAD	BREAD/FRESH BREAD	BREAD/FRESH BREAD	BREAD/FRESH BREAD	BREAD/FRESH BREAD

MENÚ YAGO SCHOOL - VEGAN

WEEK 9 TO 15

MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13	SATURDAY 14	SUNDAY 15
			COMIDA			
VEGETABLES WITH TOMATO FUSILLI WITH STIR-FRIED WOK VEGETABLES COLESLAW FRESH FRUIT WHOLEMALE BREAD	SALMOREJO CREAM OF LEAK AND POTATO SOUP ROASTED PUMPKIN FRESH FRUIT FRESH BREAD	RICE WITH TOMATO SPINACH CROQUETTES ROASTED COURGETTE FRESH FRUIT FRESH BREAD	VEGETABLES WOK POTATO WITH VEGETABLES TOMATO SALAD FRESH FRUIT FRESH BREAD	COUNTRY-STYLE LENTILS GAZPACHO SAUTÉED RICE FRESH FRUIT FRESH BREAD	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR RICE WITH VEGETABLES SAUTEED VEGETABLES FRESH FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR POTATOES WITH VEGETABLES VEGETABLES FRESH FRUIT
			CENA			
SALAD BAR GERMAN POTATO SALAD VEGETAL SANDWICH CHIPS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR TROPICAL SALAD BREADED VEGETABLES SAUTÉED CAULIFLOWER FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR NICOISE SALAD VEGETABLES SAUTÉED BROCCOLI FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COUNTRY SALAD VEGETAL PANINI COUS COUS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR CAESAR SALAD CREAM OF VEGETABLES SOUP MEDITERRANEAN SAUTÉED VEGETABLES FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR SPANISH POTATO SALAD VEGETABLES TACO ROAST POTATOES FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR SALAD VEGETAL PIZZA ONION RINGS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD

MENÚ

YAGO SCHOOL - VEGAN

WEEK 16 TO 20

MONDAY 16

TUESDAY 17

WEDNESDAY 18

THURSDAY 19

FRIDAY 20

COMIDA

VEGETABLES WOK

PASTA SALAD

SWEETCORN AND
BEETROOT SALAD
FRESH FRUIT
WHOLEMALE BREAD

GAZPACHO

CHICKEN CONSOMMÉ

SAUTÉED POTATO SLICES

FRESH FRUIT
FRESH BREAD

LA MANCHA-STYLE
RATATOUILLE
VEGETABLE TACO WITH
SPICY TOMATO

MIXED SALAD

FRESH FRUIT
FRESH BREAD

VEGETABLES

RICE SALAD

SAUTÉED PEAS

FRESH FRUIT
FRESH BREAD

FUN FAIR

CENA

SALAD BAR
CAESAR SALAD

VEGETAL SANDWICH

CHIPS
FRESH FRUIT
WHOLEMALE
BREAD/FRESH BREAD

SALAD BAR
FARFALLE SALAD

SPINACH CROQUETTES

SAUTÉED VEGETABLES
FRESH FRUIT
WHOLEMALE
BREAD/FRESH BREAD

SALAD BAR
TOMATO SALAD
CREAM OF VEGETABLES
SOUP
BREADED COURGETTE
FRESH FRUIT
WHOLEMALE
BREAD/FRESH BREAD

SALAD BAR
SALAD

VEGETAL PANINI

BAKED POTATOES
FRESH FRUIT
WHOLEMALE
BREAD/FRESH BREAD