

			JUEVES 1	VIERNES 2	SABADO 3	DOMINGO 4
			COMIDA			
			BRUNCH		BRUNCH	BRUNCH
			PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA BACON CRISPY HUEVOS REVUELTOS GALLO FRITO FRUTA VARIADA LÁCTEOS	SOPA DE ESTRELLITAS CONSOME DE AVE POLLO AL HORNO FILETES DE LOMO A LA PLANCHA ENSALADA DE JUDIAS VERDES, ZANAHORIA Y MAIZ FRUTA FRESCA PAN BLANCO	PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PASTEL DE CARNE PASTA AL WOK LOMO EN SALSA FRUTA VARIADA LÁCTEOS	PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ENSALADA CESAR REVUELTO CAMPERO POLLO FRITO FRUTA VARIADA LÁCTEOS
			CENA			
			BUFFET DE ENSALADA ENSALADA DE ARROZ EMPANADA CASERA DE SALMON CALABACÍN REBOZADO FRUTA FRESCA-YOGUR BUFFET DE ENSALADA	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA Y CABALLA QUICHE LORRAINE DE BACON ARROZ SALTEADO THAY FRUTA FRESCA-YOGUR BUFFET DE ENSALADA	BUFFET DE ENSALADA ENSALADA DE PASTA TRICOLOR PIZZA PATATAS PROVENZAL CON AJO Y TOMILLO FRUTA FRESCA-YOGUR BUFFET DE ENSALADA	BUFFET DE ENSALADA ENSALADA DE QUESO DE CABRA BURRITOS BASTONES DE BERENJENA CON MIEL FRUTA FRESCA-YOGUR BUFFET DE ENSALADA

LUNES 5	MARTES 6	MIÉRCOLES 7	JUEVES 8	VIERNES 9	SABADO 10	DOMINGO 11
COMIDA						
CANELONES DE CARNE MACARRONES NAPOLITANA REVUELTO DE BACON TORTILLA DE CALABACÍN PANACHE DE VERDURAS YOGUR PAN INTEGRAL	GAZPACHO ESPINACAS CON GARBANZOS SALCHICHAS CON PIMIENTOS SALCHICHAS CON SALSA BARBACOA ENSALADA VARIADA FRUTA FRESCA PAN BLANCO	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA BACON CRISPY HUEVOS RELLENOS CINTA DE LOMO MECHADA FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PATATAS ALIÑADAS POLLO EN SALSA PANACHE DE VERDURAS FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA HUEVOS REVUELTOS PESCAITO FRITO ENSALADA DE PIMIENTOS FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA SALCHICHAS PATATAS GRATINADAS COSTILLAS AL HORNO FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA BACON ARROZ CON POLLO ADOBO FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA CON ATÚN Y HUEVO MAGRO DE CERDO A LA RIOJANA COUS COUS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAMPERA GALLO AL HORNO CON CRUMBLE DE CEBOLLA PATATAS ASADAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA TROPICAL TORTILLA DE PATATAS ZANAHORIA BABY FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MIXTA ROLLITOS DE PRIMAVERA ARROZ TRES DELICIAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE ARROZ CON LECHUGA, QUESO FRESCO Y MAIZ BOCADILLO POLLO Y QUESO PATATAS FRITAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CESAR TACOS DE TERNERA PICADA CALABACÍN PLANCHA FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA HAMBURGUESA COMPLETA PATATAS FRITAS TEX MEX FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL

LUNES 12	MARTES 13	MIÉRCOLES 14	JUEVES 15	VIERNES 16	SABADO 17	DOMINGO 18
			COMIDA			
WOK DE PASTA CON VERDURAS Y BACON CODITOS CON PESTO DE ESPINACAS Y TOMATE SECO EMPANADILLAS DE ATÚN ATÚN AL HORNO CON CEBOLLA CARAMELIZADA SALTEADO DE VERDURAS FRUTA FRESCA PAN INTEGRAL	ESPINACAS GRATINADAS CON BECHAMEL COCIDO DE GARBANZOS CON VERDURAS HAMBURGUESA CON QUESO HAMBURGUESA CON SALSA DE MOSTAZA ANTIGUA ENSALADA DE LECHUGA, MAIZ Y ZANAHORIA FRUTA FRESCA PAN BLANCO	ARROZ CON TOMATE ENSALADA DE ARROZ POLLO EN SALSA FILETE DE POLLO AL AJILLO TOMATE ALIÑADO FRUTA FRESCA PAN BLANCO	SALMOREJO JUDIAS VERDES CON JAMÓN Y TOMATE TORTILLA FRANCESA TORTILLA DE PATATA GRATINADA BERENJENA REBOZADA FRUTA FRESCA PAN BLANCO	HABAS BABY SALTEADAS GUISANTES EN AMARILLO CON JAMÓN PAVO EN SALSA DE CIRUELAS PAVO ASADO CON SALSA DE MANZANAS CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL YOGUR PAN BLANCO	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA BACON CRISPY PASTA CARBONARA ALBONDIGAS EN SALSA FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA HUEVOS REVUELTOS CON QUESO ARROZ CON POLLO Y CURRY CINTA DE LOMO EN SALSA FRUTA VARIADA LÁCTEOS
			CENA			
BUFFET DE ENSALADA ENSALADA CAMPESINA REVUELTO DE CHAMPIÑONES Y JAMÓN SERRANO PATATAS DADO FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADILLA RUSA POLLO A LA PLANCHA CON LIMON PURÉ DE MANZANA FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE COUS COUS CON VERDUTRITAS CALAMAR RABAS REBOZADAS PATATAS FRITAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE LACITOS CON YORK CHULETA DE SAJONIA A LA PLANCHA PANACHÉ DE VERDURAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA NICOISE FLAMENQUINES PURE DE PATATA FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE GARBANZOS CON TOMATE, ATÚN, MAIZ Y ZANAHORIA HOT DOG ESTILO NY PIMIENTOS ASADOS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA COLESLAW ENCHILADA DE POLLO COUS COUS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL

LUNES 19	MARTES 20	MIÉRCOLES 21	JUEVES 22	VIERNES 23	SABADO 24	DOMINGO 25
COMIDA						
CODITOS CARBONARA ESPIRALES AL POMODORO CON ACEITUNA FRESCA SALMÓN CON SALSA DE SOJA SALMÓN CON SALSA A LA NARANJA PANACHÉ DE VERDURAS FRUTA FRESCA PAN INTEGRAL	GAZPACHO CONSOME DE AVE ALBONDIGAS EN SALSA ESPAÑOLA BROCHETA DE POLLO EN ADOBO DE ROMERO Y LIMÓN CALABAZA ASADA YOGUR NATURAL CON TOPPING PAN BLANCO	ALUBIAS ALIÑADAS POTAJE DE ALUBIAS PAVO EN SALSA PASTEL DE CARNE ENSALADA MIXTA FRUTA FRESCA PAN BLANCO	PAELLA ENSALADA DE ARROZ TROPICAL LOMO DE MERLUZA EN SALSA AMERICANA PALITOS DE MERLUZA CALABACÍN REBOZADO FRUTA FRESCA PAN BLANCO	VICHYSSEOISE DE PUERRO Y MANZANA COLIFLOR SALTEADA REVUELTO DE PATATAS CON JAMÓN SERRANO HUEVOS A LA MALLORQUINA CHAMPIÑONES SALETADOS CON AJO Y PEREJIL YOGUR PAN BLANCO	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA SALCHICHAS PATATAS CHEESE BACON POLLO A LA PLANCHA FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA HUEVOS REVUELTOS CON PIMIENTOS ARROZ CON SETAS CHULETAS AL AJILLO FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA DE LECHUGA Y MORTADELA TORTILLA DE PATATAS SALTEADO MEDITERRANEO FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA REMOJON GRANADINO SERRANITO PATATAS FRITAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE ARROZ CON HUEVO, ACEITUNAS, YORK Y MAIZ CHULETA SAJONIA PLANCHA COUS COUS CON VERDURAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CON APIO, MANZANA Y NUECES BOLITAS DE POLLO COREANO CON MIEL Y SOJA REPOLLO ESTILO KINCHI FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA SANTURCE GALLO EN ADOBO DE LIMÓN FRITO GUISANTES SALTEADO CON JAMÓN FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE QUINOA CON QUESO FRESCO Y RABANITOS BROCHETA DE POLLO CON SALSA TERIYAKI PATATAS ASADAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MEDITERRANEA HAMBURGUESA COMPLETA CALABACÍN PLANCHA FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL

LUNES 26	MARTES 27	MIÉRCOLES 28	JUEVES 29	VIERNES 30	SABADO 31	DOMINGO 1
COMIDA						
MACARRONES CON TOMATE ESPAGUETIS CON SALSA DE CHAMPIÑONES FOGONERO CON VINAGRETA BLANCA FOGONERO A LA ROTEÑA JUDÍAS VERDES SALTEADAS CON AJITO FRUTA FRESCA PAN INTEGRAL	ENSALADA DE GARBANZOS CHAMPIÑONES SALTEADOS AL AJILLO POLLO A LA PLANCHA CON LIMON BODADITOS DE POLLO SALTEADOS CON MANGO Y SOJA ENSALADA DE MAIZ CON ACEITUNAS FRUTA FRESCA PAN BLANCO	SALMOREJO PISTO DE VERDURAS ESTOFADO DE TERNERA TERNERA A LA ALEMANA PATATAS AL HORNO YOGUR PAN BLANCO	ARROZ MARINERO ARROZ CON TOMATE CABALLA EN SALSA CON TOMATE BUÑUELOS DE BACALAO SALTEADO DE VERDURAS FRUTA FRESCA PAN BLANCO	ENSALADA DE COL, MANZANA Y POLLO HABAS BABY SALTEADAS HUEVOS AL PLATO REVUELTO DE JAMÓN YORK ZANAHORIAS BABY SALTEADAS FRUTA FRESCA PAN BLANCO	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA BACON CRISPY REVUELTO DE YORK ALBONDIGAS EN SALSA DE ALMENDRAS FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA SALCHICHAS CON QUESO PATATAS GRATINADAS CON BECHAMEL ALITAS A LA BARBACOA FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA COLESLAW ESTOFADO DE MAGRO CON VERDURITAS PATATAS DADO FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA Y CABALLA TORTILLA FRANCESA CON QUESO ARROZ SALTEADO FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE PASTA TRICOLOR BACALADILLA A LA ANDALUZA CHAMPIÑONES SALTEADOS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA TROPICAL COL CON SALCHICHA BRATWURST PURÉ DE PATATAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE GARBANZO ARABE FILETE DE POLLO A LA PARMIGIANA ZANAHORIAS BABY SALTEADAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADILLA RUSA TACOS AL PASTOR PATATAS ASADAS CON TOMATE GRATINADO FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAMPERA PIZZA PATATAS CHIPS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL

			THURSDAY 1	FRIDAY 2	SATURDAY 3	SUNDAY 4
			COMIDA			
			BRUNCH		BRUNCH	BRUNCH
			ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR CRISPY BACON SCRAMBLED EGGS FRIED FISH FRESH FRUIT YOGHURT	SOUP WITH PASTA STARS CHICKEN CONSOMMÉ ROAST CHICKEN GRILLED PORK TENDERLOIN FILLETS GREEN BEAN, CARROT AND CORN SALAD FRESH FRUIT FRESH BREAD	ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR MEATLOAF STIR FRIED PASTA TENDERLOIN IN SAUCE FRESH FRUIT YOGHURT	ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR CAESAR SALAD COUNTRY STYLE SCRAMBLED EGGS FRIED CHICKEN FRESH FRUIT YOGHURT
			CENA			
			SALAD BAR RICE SALAD WITH EGG HOMEMADE SALMON PASTY BREADED ZUCCHINI FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR GERMAN POTATO AND MACKEREL SALAD BACON QUICHE LORRAINE SAUTÉED THAI RICE FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR TRICOLORE PASTA SALAD PIZZA POTATOES PROVENÇAL WITH GARLIC AND THYME FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR GOAT CHEESE SALAD BURRITOS EGGPLANT STICKS WITH HONEY FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD

MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9	SATURDAY 10	SUNDAY 11
COMIDA						
MEAT CANNELLONI MACARONI NAPOLETANA SCRAMBLED EGGS WITH BACON COURGETTE OMELETTE MIXED VEGETABLES YOGHURT WHOLEMALE BREAD	GAZPACHO SPINACH WITH CHICKPEAS SAUSAGES WITH PEPPERS SAUSAGES WITH BBQ SAUCE MIXED SALAD FRESH FRUIT FRESH BREAD	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR CRISPY BACON STUFFED EGGS PORK LOIN FRESH FRUIT YOGHURT	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR POTATOES SALAD CHICKEN IN SAUCE VEGETABLES PANACHE FRESH FRUIT YOGHURT	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR SCRAMBLED EGGS FRIED FISH PEPPERS SALAD FRESH FRUIT YOGHURT	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR SAUSAGES POTATOES AU GRATIN OVEN-BAKED RIBS FRESH FRUIT YOGHURT	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR BACON RICE AND CHICKEN MARINADE FRESH FRUIT YOGHURT
CENA						
SALAD BAR TUNA AND EGG SALAD RIOJA-STYLE PORK TENDERLOIN COUSCOUS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COUNTRY SALAD BAKED JOHN DORY WITH AN ONION CRUMBLE ROAST POTATOES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR TROPICAL SALAD POTATO OMELETTE BABY CARROT FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR MIXED SALAD SPRING ROLLS SPECIAL FRIED RICE FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR RICE SALAD WITH LETTUCE, FRESH CHEESE AND CORN CHICKEN AND CHEESE BAGUETTE CHIPS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR CAESAR SALAD MINCED BEEF TACOS GRILLED COURGETTE FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR GERMAN POTATO SALAD COMPLETE HAMBURGER TEX-MEX POTATOES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD

MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16	SATURDAY 17	SUNDAY 18
COMIDA						
STIR-FRIED PASTA WITH VEGETABLES AND BACON ELBOW MACARONI SPINACH AND SUN-DRIED TOMATO PESTO TUNA PASTIES BAKED TUNA WITH CARAMELISED ONION SAUTÉED VEGETABLES FRESH FRUIT WHOLEMALE BREAD	SPINACH GRATIN WITH BECHAMEL SAUCE CHICKPEA STEW WITH VEGETABLES CHEESEBURGER HAMBURGER WITH WHOLEGRAIN MUSTARD SAUCE LETTUCE, CORN AND CARROT SALAD FRESH FRUIT FRESH BREAD	RICE WITH TOMATO RICE SALAD CHICKEN IN SAUCE CHICKEN FILLET IN A GARLIC SAUCE TOMATO SALAD FRESH FRUIT FRESH BREAD	SALMOREJO GREEN BEANS WITH HAM AND TOMATO FRENCH OMELETTE SPANISH OMELETTE AU GRATIN BREADED EGGPLANT FRESH FRUIT FRESH BREAD	SAUTÉED BABY BROAD BEANS PEAS WITH EGG AND HAM TURKEY IN PLUM SAUCE ROAST TURKEY WITH APPLE SAUCE SAUTEED MUSHROOMS YOGHURT FRESH BREAD	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR CRISPY BACON PASTA CARBONARA MEATBALLS IN SAUCE FRESH FRUIT YOGHURT	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR SCRAMBLED EGGS WITH CHEESE RICE WITH CHICKEN AND CURRY PORK FILET IN SAUCE FRESH FRUIT YOGHURT
CENA						
SALAD BAR COUNTRY-STYLE SALAD SCRAMBLED EGGS WITH MUSHROOMS AND SERRANO HAM FRIED POTATOES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR SPANISH POTATO SALAD GRILLED CHICKEN WITH LEMON APPLE PURÉE FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COUSCOUS SALAD WITH BABY VEGETABLES BATTERED CALAMARI RINGS CHIPS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR FARFALLE SALAD WITH COOKED HAM GRIDLED GAMMON CHOP VEGETABLES PANACHE FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR NICOISE SALAD FLAMENQUINES (FRIED PORK AND CHEESE ROLL) MASHED POTATO FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR CHICKPEA SALAD WITH TOMATO, TUNA, SWEETCORN AND CARROTS NY STYLE HOT DOG ROASTED PEPPERS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COLESLAW CHICKEN ENCHILADA COUSCOUS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD

MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23	SATURDAY 24	SUNDAY 25
			COMIDA			
ELBOW MACARONI CARBONARA FUSILLI IN A TOMATO SAUCE WITH FRESH OLIVES SALMON WITH SOY SAUCE SALMON WITH AN ORANGE SAUCE ASSORTED VEGETABLES FRESH FRUIT WHOLEMALE BREAD	GAZPACHO CHICKEN CONSOMMÉ MEATBALLS IN SPANISH SAUCE CHICKEN SKEWER IN A ROSEMARY AND LEMON MARINADE ROASTED PUMPKIN NATURAL YOGHURT WITH TOPPING FRESH BREAD	BEANS SALAD BEAN STEW TURKEY IN SAUCE MEAT CAKE MIXED SALAD FRESH FRUIT FRESH BREAD	PAELLA TROPICAL RICE SALAD HAKE LIN IN AMERICAN SAUCE HAKE STICKS BATTERED COURGETTE FRESH FRUIT FRESH BREAD	CREAM OF LEEKS AND APPLE SAUTÉED CAULIFLOWER SCRAMBLED EGGS WITH POTATO AND SERRANO HAM MAJORCAN EGGS SAUTÉED MUSHROOMS WITH GARLIC AND PARSLEY YOGHURT FRESH BREAD	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR SAUSAGES POTATOES WITH CHEESE AND BACON GRILLED CHICKEN FRESH FRUIT YOGHURT	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR SCRAMBLED EGGS WITH PEPPERS RICE WITH MUSHROOMS PORK CHOPS IN A GARLIC SAUCE FRESH FRUIT YOGHURT
SALAD BAR LETTUCE AND MORTADELLA SALAD POTATO OMELETTE MEDITERRANEAN SAUTÉED VEGETABLES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR REMOJÓN GRANADINO (SALT COD AND ORANGE SALAD) SERRANITO SANDWICH CHIPS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR RICE SALAD WITH EGG, OLIVES, COOKED HAM AND SWEETCORN GRILLED PORK FILET COUSCOUS WITH VEGETABLES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR CELERY, APPLE AND WALNUT SALAD KOREAN CHICKEN BALLS WITH HONEY AND SOY KIMCHI FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR SANTURCE SALAD JOHN DORY IN A FRIED LEMON MARINADE SAUTÉED PEAS WITH CURED HAM FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR QUINOA SALAD WITH FRESH CHEESE AND RADISHES CHICKEN SKEWER WITH TERIYAKI SAUCE ROAST POTATOES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR MEDITERRANEAN SALAD COMPLETE HAMBURGER GRILLED COURGETTE FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD

MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30	SATURDAY 31	SUNDAY 1
			COMIDA			
MACARONI WITH TOMATO SPAGHETTI WITH MUSHROOM SAUCE POLLOCK WITH WHITE VINAIGRETTE ROTA-STYLE POLLOCK SAUTÉED GREEN BEANS WITH GARLIC FRESH FRUIT WHOLEMALE BREAD	CHICKPEAS SALAD SAUTÉED MUSHROOMS WITH GARLIC GRILLED CHICKEN WITH LEMON SAUTÉED CHICKEN BITES WITH MANGO AND SOY CORN AND OLIVE SALAD FRESH FRUIT FRESH BREAD	SALMOREJO VEGETABLE RATATOUILLE VEAL STEW GERMAN-STYLE VEAL ROAST POTATOES YOGHURT FRESH BREAD	SEAFOOD RICE RICE WITH TOMATO MACKEREL IN TOMATO SAUCE COD FRITTERS SAUTÉED VEGETABLES FRESH FRUIT FRESH BREAD	COLESLAW, APPLE AND CHICKEN SALAD SAUTÉED BABY BROAD BEANS SHIRRED EGGS SCRAMBLED EGGS WITH COOKED HAM SAUTEED BABY CARROTS FRESH FRUIT FRESH BREAD	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR CRISPY BACON SCRAMBLED EGGS WITH COOKED HAM MEATBALLS WITH ALMOND SAUCE FRESH FRUIT YOGHURT	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR SAUSAGES WITH CHEESE POTATOES AU GRATIN WITH BECHAMEL BBQ WINGS FRESH FRUIT YOGHURT
			CENA			
SALAD BAR COLESLAW PORK STEW WITH BABY VEGETABLES FRIED POTATOES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR GERMAN POTATO AND MACKEREL SALAD FRENCH OMELETTE WITH CHEESE SAUTÉED RICE FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR TRICOLORE PASTA SALAD FRIED BLUE WHITING SAUTÉED MUSHROOMS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR TROPICAL SALAD CABBAGE WITH BRATWURST SAUSAGE MASHED POTATO FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR ARABIC CHICKPEA SALAD CHICKEN PARMIGIANA SAUTÉED BABY CARROTS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR SPANISH POTATO SALAD TACOS AL PASTOR (PULLED MEAT TACO) ROAST POTATOES WITH TOMATO AU GRATIN FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COUNTRY SALAD PIZZA POTATO CHIPS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 1 AL 4 DE MAYO

			JUEVES 1	VIERNES 2	SABADO 3	DOMINGO 4
			COMIDA			
			BRUNCH		BRUNCH	BRUNCH
			PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA BACON HUEVOS REVUELTOS GALLO AL HORNO FRUTA VARIADA LÁCTEOS	CONSOME DE AVE POLLO AL HORNO ENSALADA DE JUDIAS VERDES, ZANAHORIA Y MAIZ FRUTA FRESCA PAN SIN GLUTEN	PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA PASTEL DE CARNE PASTA SIN GLUTEN AL WOK LOMO EN SALSA FRUTA VARIADA LÁCTEOS	PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA ENSALADA CESAR REVUELTO CAMPERO POLLO AL HORNO FRUTA VARIADA LÁCTEOS
			CENA			
			BUFFET DE ENSALADA ENSALADA DE ARROZ CON HUEVO SALMÓN AL HORNO CALABACÍN SALTEADO FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA Y CABALLA PAVO AL HORNO ARROZ SALTEADO THAY FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE PASTA SIN GLUTEN PIZZA SIN GLUTEN PATATAS PROVENZAL CON AJO Y TOMILLO FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE QUESO DE CABRA BURRITOS SIN GLUTEN BERENJENA CON MIEL FRUTA FRESCA-YOGUR PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 5 AL 11 DE MAYO

LUNES 5	MARTES 6	MIÉRCOLES 7	JUEVES 8	VIERNES 9	SABADO 10	DOMINGO 11
COMIDA						
PASTA SIN GLUTEN NAPOLITANA REVUELTO DE BACON PANACHÉ DE VERDURAS YOGUR PAN SIN GLUTEN	GAZPACHO SIN GLUTEN SALCHICHAS CON PIMIENTOS ENSALADA VARIADA FRUTA FRESCA PAN SIN GLUTEN	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA BACON CRISPY HUEVOS RELLENOS CINTA DE LOMO MECHADA FRUTA VARIADA LÁCTEOS	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA PATATAS ALIÑADAS POLLO EN SALSA PANACHE DE VERDURAS FRUTA VARIADA LÁCTEOS	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA HUEVOS REVUELTOS PESCADO AL HORNO ENSALADA DE PIMIENTOS FRUTA VARIADA LÁCTEOS	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA SALCHICHAS PATATAS GRATINADAS COSTILLAS AL HORNO FRUTA VARIADA LÁCTEOS	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA BACON ARROZ CON POLLO MERLUZA AL HORNO FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA CON ATÚN Y HUEVO MAGRO DE CERDO A LA RIOJANA ARROZ SALTEADO FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA CAMPERA GALLO AL HORNO CON CRUMBLE DE CEBOLLA PATATAS ASADAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA TROPICAL TORTILLA DE PATATAS ZANAHORIA BABY FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA MIXTA WOK DE VERDURAS ARROZ TRES DELICIAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE ARROZ CON LECHUGA, QUESO FRESCO Y MAIZ BOCADILLO SIN GLUTEN POLLO Y QUESO PATATAS FRITAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA CESAR TACOS SIN GLUTEN DE TERNERA PICADA CALABACÍN PLANCHA FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA HAMBURGUESA COMPLETA SIN GLUTEN PATATAS FRITAS TEX MEX FRUTA FRESCA-YOGUR PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 12 AL 18 DE MAYO

LUNES 12	MARTES 13	MIÉRCOLES 14	JUEVES 15	VIERNES 16	SABADO 17	DOMINGO 18
COMIDA						
WOK DE PASTA SIN GLUTEN CON VERDURAS Y BACON ATÚN AL HORNO SALTEADO DE VERDURAS FRUTA FRESCA PAN SIN GLUTEN	ESPINACAS GRATINADAS CON BECHAMEL HAMBURGUESA CON QUESO ENSALADA DE LECHUGA, MAÍZ Y ZANAHORIA FRUTA FRESCA PAN SIN GLUTEN	ARROZ CON TOMATE POLLO EN Salsa TOMATE ALIÑADO FRUTA FRESCA PAN SIN GLUTEN	SALMOREJO SIN GLUTEN TORTILLA FRANCESA BERENJENA SALTEADA FRUTA FRESCA PAN SIN GLUTEN	HABAS BABY SALTEADAS PAVO EN Salsa DE CIRUELAS CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL YOGUR PAN SIN GLUTEN	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA BACON CRISPY PASTA SIN GLUTEN CARBONARA POLLO AL HORNO FRUTA VARIADA LÁCTEOS	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA HUEVOS REVUELTOS CON QUESO ARROZ CON POLLO Y CURRY CINTA DE LOMO EN Salsa FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA CAMPESINA REVUELTO DE CHAMPIÑONES Y JAMÓN SERRANO PATATAS DADO FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADILLA RUSA POLLO A LA PLANCHA CON LIMÓN PURÉ DE MANZANA FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE ARROZ CON VERDUTRITAS MERLUZA AL HORNO PATATAS FRITAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE PASTA SIN GLUTEN CON YORK CHULETA DE SAJONIA A LA PLANCHA PANACHÉ DE VERDURAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA NICOISE LOMO AL HORNO PURE DE PATATA FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE GARBANZOS CON TOMATE, ATÚN, MAÍZ Y ZANAHORIA HOT DOG ESTILO NY SIN GLUTEN PIMIENTOS ASADOS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA COLESLAW ENCHILADA DE POLLO SIN GLUTEN ARROZ SALTEADO FRUTA FRESCA-YOGUR PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 19 AL 25 DE MAYO

LUNES 19	MARTES 20	MIÉRCOLES 21	JUEVES 22	VIERNES 23	SABADO 24	DOMINGO 25
COMIDA						
PASTA SIN GLUTEN CARBONARA	GAZPACHO SIN GLUTEN	ALUBIAS ALIÑADAS	PAELLA	VICHYSOISE DE PUERRO Y MANZANA	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA
SALMÓN CON SALSA DE SOJA	ALBÓNDIGAS EN SALSA ESPAÑOLA	PAVO EN SALSA	LOMO DE MERLUZA EN SALSA AMERICANA	REVUELTO DE PATATAS CON JAMÓN SERRANO CHAMPIÑONES	SALCHICHAS SIN GLUTEN	HUEVOS REVUELTOS CON PIMIENTOS
PANACHÉ DE VERDURAS	CALABAZA ASADA	ENSALADA MIXTA	CALABACÍN SALTEADO	SALTEADOS CON AJO Y PEREJIL	PATATAS CHESSE BACON	ARROZ CON SETAS
FRUTA FRESCA	YOGUR NATURAL CON TOPPING	FRUTA FRESCA	FRUTA FRESCA	YOGUR	POLLO A LA PLANCHA FRUTA VARIADA LÁCTEOS	CHULETAS AL AJILLO FRUTA VARIADA LÁCTEOS
PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN	PAN SIN GLUTEN		
CENA						
BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA	BUFFET DE ENSALADA
ENSALADA DE LECHUGA Y MORTADELA	REMOJON GRANADINO	ENSALADA DE ARROZ CON HUEVO, ACEITUNAS, YORK Y MAIZ	ENSALADA CON APIO, MANZANA Y NUECES	ENSALADA SANTURCE	ENSALADA DE QUINOA CON QUESO FRESCO Y RABANITOS	ENSALADA MEDITERRANEA
TORTILLA DE PATATAS SALTEADO MEDITERRANEO	SERRANITO SIN GLUTEN	CHULETA SAJONIA PLANCHAS	POLLO CON MIEL Y SOJA	GALLO AL HORNO	BROCHETA DE POLLO CON SALSA TERIYAKI	HAMBURGUESA COMPLETA SIN GLUTEN
FRUTA FRESCA-YOGUR PAN SIN GLUTEN	PATATAS FRITAS	ARROZ CON VERDURITAS	REPOLLO ESTILO KINCHI	GUISANTES SALTEADO CON JAMÓN	PATATAS ASADAS	CALABACÍN PLANCHAS
	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN	FRUTA FRESCA-YOGUR PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 26 AL 1 DE JUNIO

LUNES 26	MARTES 27	MIÉRCOLES 28	JUEVES 29	VIERNES 30	SABADO 31	DOMINGO 1
COMIDA						
PASTA SIN GLUTEN CON TOMATE FOGONERO CON VINAGRETA BLANCA JUDÍAS VERDES SALTEADAS CON AJITO FRUTA FRESCA PAN SIN GLUTEN	ENSALADA DE GARBANZOS POLLO A LA PLANCHA CON LIMÓN ENSALADA DE MAÍZ CON ACEITUNAS FRUTA FRESCA PAN SIN GLUTEN	SALMOREJO SIN GLUTEN ESTOFADO DE TERNERA PATATAS AL HORNO YOGUR PAN SIN GLUTEN	ARROZ MARINERO CABALLA EN SALSA CON TOMATE SALTEADO DE VERDURAS FRUTA FRESCA PAN SIN GLUTEN	ENSALADA DE COL, MANZANA Y POLLO HUEVOS AL PLATO ZANAHORIAS BABY SALTEADAS FRUTA FRESCA PAN SIN GLUTEN	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA BACON CRISPY REVUELTO DE YORK LOMO AL HORNO FRUTA VARIADA LÁCTEOS	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA SALCHICHAS CON QUESO PATATAS GRATINADAS CON BECHAMEL ALITAS A LA BARBACOA FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA COLESLAW ESTOFADO DE MAGRO CON VERDURITAS PATATAS DADO FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA Y CABALLA TORTILLA FRANCESA CON QUESO ARROZ SALTEADO FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE PASTA SIN GLUTEN BACALAO AL HORNO CHAMPIÑONES SALTEADOS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA TROPICAL COL CON SALCHICHA BRATWURST PURÉ DE PATATAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE GARBANZO ARABE FILETE DE POLLO A LA PARMIGIANA ZANAHORIAS BABY SALTEADAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADILLA RUSA TACOS AL PASTOR SIN GLUTEN PATATAS ASADAS CON TOMATE GRATINADO FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA CAMPERA PIZZA SIN GLUTEN PATATAS CHIPS FRUTA FRESCA-YOGUR PAN SIN GLUTEN

MENÚ YAGO SCHOOL – GLUTEN FREE

WEEK 1 TO 4

THURSDAY 1

FRIDAY 2

SATURDAY 3

SUNDAY 4

COMIDA

BRUNCH

GLUTEN FREE BREAD
ASSORTED SPREADS
ASSORTED COLD MEATS
SALAD BAR
BACON
SCRAMBLED EGGS
BAKED FISH
FRESH FRUIT
YOGHURT

CHICKEN CONSOMME
ROAST CHICKEN
MIXED SALAD
FRESH FRUIT
GLUTEN FREE BREAD

BRUNCH

GLUTEN FREE BREAD
ASSORTED SPREADS
ASSORTED COLD MEATS
SALAD BAR
MEATLOAF
STIR-FRIED GLUTEN FREE
PASTA
TENDERLOIN IN SAUCE
FRESH FRUIT
YOGHURT

BRUNCH

GLUTEN FREE BREAD
ASSORTED SPREADS
ASSORTED COLD MEATS
SALAD BAR
CAESAR SALAD
COUNTRY-STYLE
SCRAMBLED EGGS
FRIED CHICKEN
FRESH FRUIT
YOGHURT

CENA

SALAD BAR
RICE SALAD WITH EGG
BAKED SALMON
SAUTEED ZUCCHINI
FRESH FRUIT/YOGHURT
GLUTEN FREE BREAD

SALAD BAR
GERMAN POTATO AND
MACKEREL SALAD
BAKED TURKEY
SAUTÉED THAI RICE
FRESH FRUIT/YOGHURT
GLUTEN FREE BREAD

SALAD BAR
GLUTEN FREE PASTA
SALAD
GLUTEN FREE PIZZA
POTATOES PROVENÇAL
WITH GARLIC AND
THYME
FRESH FRUIT/YOGHURT
GLUTEN FREE BREAD

SALAD BAR
GOAT CHEESE SALAD
GLUTEN FREE BURRITOS
EGGPLANT WITH HONEY
FRESH FRUIT/YOGHURT
GLUTEN FREE BREAD

MENÚ YAGO SCHOOL – GLUTEN FREE

WEEK 5 TO 11

MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9	SATURDAY 10	SUNDAY 11
COMIDA						
GLUTEN FREE PASTA NEAPOLITAN SALMON WITH DILL SWEETCORN AND BEETROOT SALAD FRESH FRUIT GLUTEN FREE BREAD	GAZPACHO GLUTEN FREE PORK CHEEK IN SAUCE SAUTÉED POTATO SLICES NATURAL YOGHURT WITH TOPPING GLUTEN FREE BREAD	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR BACON CRISPY STUFFED EGGS PORK LOIN FRESH FRUIT YOGHURT	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR POTATOES SALAD CHICKEN IN SAUCE VEGETABLES PANACHE FRESH FRUIT YOGHURT	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR SCRAMBLED EGGS BAKED FISH PEPPERS SALAD FRESH FRUIT YOGHURT	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR SAUSAGES POTATOES AU GRATIN ROASTED RIBS FRESH FRUIT YOGHURT	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR BACON RICE WITH CHICKEN BAKED HAKE FRESH FRUIT YOGHURT
CENA						
SALAD BAR TUNA AND EGG SALAD RIOJA-STYLE PORK TENDERLOIN SAUTEED RICE FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR COUNTRY SALAD BAKED JOHN DORY WITH AN ONION CRUMBLE ROAST POTATOES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR TROPICAL SALAD POTATO OMELETTE BABY CARROT FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR MIXED SALAD VEGETABLES WOK SPECIAL FRIED RICE FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR RICE SALAD WITH LETTUCE, FRESH CHEESE AND CORN CHICKEN AND CHEESE GLUTEN FREE BAGUETTE CHIPS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR CAESAR SALAD GLUTEN FREE MINCED BEEF TACOS GRILLED COURGETTE FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR GERMAN POTATO SALAD COMPLETE HAMBURGER GLUTEN FREE TEX-MEX POTATOES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD

MENÚ YAGO SCHOOL – GLUTEN FREE

WEEK 12 TO 18

MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16	SATURDAY 17	SUNDAY 18
COMIDA						
STIR-FRIED GLUTEN FREE PASTA WITH VEGETABLES AND BACON BAKED TUNA SAUTÉED VEGETABLES FRESH FRUIT GLUTEN FREE BREAD	SPINACH GRATIN WITH BECHAMEL SAUCE CHEESEBURGER GLUTEN FREE LETTUCE, CORN AND CARROT SALAD FRESH FRUIT GLUTEN FREE BREAD	RICE WITH TOMATO CHICKEN IN SAUCE TOMATO SALAD FRESH FRUIT GLUTEN FREE BREAD	SALMOREJO GLUTEN FREE FRENCH OMELETTE SAUTEED EGGPLANT FRESH FRUIT GLUTEN FREE BREAD	SAUTÉED BABY BROAD BEANS TURKEY IN PLUM SAUCE SAUTEED MUSHROOMS YOGHURT GLUTEN FREE BREAD	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR CRISPY BACON GLUTEN FREE PASTA IN CARBONARA SAUCE BAKED CHICKEN FRESH FRUIT YOGHURT	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR SCRAMBLED EGGS WITH CHEESE RICE WITH CHICKEN AND CURRY PORK FILET IN SAUCE FRESH FRUIT YOGHURT
CENA						
SALAD BAR COUNTRY-STYLE SALAD SCRAMBLED EGGS WITH MUSHROOMS AND SERRANO HAM FRIED POTATOES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR SPANISH POTATO SALAD GRILLED CHICKEN WITH LEMON APPLE PURÉE FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR RICE SALAD WITH BABY VEGETABLES BAKED HAKE CHIPS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR FARFALLE SALAD WITH COOKED HAM GRIDLED GAMMON CHOP VEGETABLES PANACHE FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR NICOISE SALAD BAKED PORK LOIN MASHED POTATO FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR CHICKPEA SALAD WITH TOMATO, TUNA, SWEETCORN AND CARROTS NY STYLE HOT DOG GLUTEN FREE ROASTED PEPPERS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR COLESLAW CHICKEN ENCHILADA GLUTEN FREE SAUTEED RICE FRESH FRUIT/YOGHURT GLUTEN FREE BREAD

MENÚ YAGO SCHOOL – GLUTEN FREE

WEEK 19 TO 25

MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23	SATURDAY 24	SUNDAY 25
COMIDA						
GLUTEN FREE PASTA CARBONARA SALMON WITH SOY SAUCE ASSORTED VEGETABLES FRESH FRUIT GLUTEN FREE BREAD	GAZPACHO GLUTEN FREE MEATBALLS IN SPANISH SAUCE ROASTED PUMPKIN NATURAL YOGHURT WITH TOPPING GLUTEN FREE BREAD	BEANS SALAD TURKEY IN SAUCE MIXED SALAD FRESH FRUIT GLUTEN FREE BREAD	PAELLA HAKE LOIN IN AMERICAN SAUCE SAUTEED COURGETTE FRESH FRUIT GLUTEN FREE BREAD	CREAM OF LEEKS AND APPLE SCRAMBLED EGGS WITH POTATO AND SERRANO HAM SAUTÉED MUSHROOMS WITH GARLIC AND PARSLEY YOGHURT GLUTEN FREE BREAD	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR SAUSAGES POTATOES WITH CHEESE AND BACON GRILLED CHICKEN FRESH FRUIT YOGHURT	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR SCRAMBLED EGGS WITH PEPPERS RICE WITH MUSHROOMS PORK CHOPS IN A GARLIC SAUCE FRESH FRUIT YOGHURT
CENA						
SALAD BAR LETTUCE AND MORTADELLA SALAD POTATO OMELETTE MEDITERRANEAN SAUTÉED VEGETABLES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR REMOJÓN GRANADINO (SALT COD AND ORANGE SALAD) SERRANITO SANDWICH GLUTEN FREE CHIPS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR RICE SALAD WITH EGG, OLIVES, COOKED HAM AND SWEETCORN GRILLED PORK FILET COUSCOUS WITH VEGETABLES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR CELERY, APPLE AND WALNUT SALAD CHICKEN WITH HONEY AND SOY KIMCHI FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR SANTURCE SALAD BAKED JOHN DORY SAUTÉED PEAS WITH CURED HAM FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR QUINOA SALAD WITH FRESH CHEESE AND RADISHES CHICKEN SKEWER WITH TERIYAKI SAUCE ROAST POTATOES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR MEDITERRANEAN SALAD COMPLETE HAMBURGER GLUTEN FREE GRILLED COURGETTE FRESH FRUIT/YOGHURT GLUTEN FREE BREAD

MENÚ YAGO SCHOOL – GLUTEN FREE

WEEK 26 TO 1

MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30	SATURDAY 31	SUNDAY 1
COMIDA						
GLUTEN FREE PASTA WITH TOMATO POLLOCK WITH WHITE VINAIGRETTE SAUTÉED GREEN BEANS WITH GARLIC FRESH FRUIT GLUTEN FREE BREAD	CHICKPEAS SALAD GRILLED CHICKEN WITH LEMON CORN AND OLIVE SALAD FRESH FRUIT GLUTEN FREE BREAD	SALMOREJO GLUTEN FREE VEAL STEW ROAST POTATOES YOGHURT GLUTEN FREE BREAD	SEAFOOD RICE MACKEREL IN TOMATO SAUCE SAUTÉED VEGETABLES FRESH FRUIT GLUTEN FREE BREAD	COLESLAW, APPLE AND CHICKEN SALAD SHIRRED EGGS SAUTEED BABY CARROTS FRESH FRUIT GLUTEN FREE BREAD	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR CRISPY BACON SCRAMBLED EGGS WITH COOKED HAM BAKED PORK LOIN FRESH FRUIT YOGHURT	BRUNCH GLUTEN FREE BREAD ASSORTED SPREADS ASSORTED COLD MEATS SALAD BAR SAUSAGES WITH CHEESE POTATOES AU GRATIN WITH BECHAMEL BBQ WINGS FRESH FRUIT YOGHURT
CENA						
SALAD BAR COLESLAW PORK STEW WITH BABY VEGETABLES FRIED POTATOES FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR GERMAN POTATO AND MACKEREL SALAD FRENCH OMELETTE WITH CHEESE SAUTÉED RICE FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR GLUTEN FREE PASTA SALAD BAKED COD SAUTÉED MUSHROOMS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR TROPICAL SALAD CABBAGE WITH BRATWURST SAUSAGE MASHED POTATO FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR ARABIC CHICKPEA SALAD CHICKEN PARMIGIANA SAUTÉED BABY CARROTS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR SPANISH POTATO SALAD TACOS AL PASTOR (PULLED MEAT TACO) GLUTEN FREE ROAST POTATOES WITH TOMATO AU GRATIN FRESH FRUIT/YOGHURT GLUTEN FREE BREAD	SALAD BAR COUNTRY SALAD GLUTEN FREE PIZZA POTATO CHIPS FRESH FRUIT/YOGHURT GLUTEN FREE BREAD

			JUEVES 1	VIERNES 2	SABADO 3	DOMINGO 4
			COMIDA			
			BRUNCH		BRUNCH	BRUNCH
			PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA HUEVOS REVUELTOS WOK DE VERDURAS FRUTA VARIADA	SOPA DE VERDURAS CALABAZA SALTEADA POLLO AL HORNO FRUTA FRESCA PAN BLANCO	PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PASTEL DE VERDURAS PASTA AL WOK FRUTA VARIADA	PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ENSALADA CESAR REVUELTO VEGETAL FRUTA VARIADA
			CENA			
			BUFFET DE ENSALADA ENSALADA DE ARROZ SALTEADO CAMPESTRE CALABACÍN REBOZADO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA MENESTRA DE VERDURAS ARROZ SALTEADO THAY FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE PASTA TRICOLOR PIZZA DE VERDURAS PATATAS PROVENZAL CON AJO Y TOMILLO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MEDITERRANEA TACO DE VERDURAS BASTONES DE BERENJENA CON MIEL FRUTA FRESCA PAN BLANCO/INTEGRAL

LUNES 5	MARTES 6	MIÉRCOLES 7	JUEVES 8	VIERNES 9	SABADO 10	DOMINGO 11
COMIDA						
WOK DE VERDURAS MACARRONES NAPOLITANA PANACHE DE VERDURAS FRUTA FRESCA PAN INTEGRAL	GAZPACHO ESPINACAS CON GARBANZOS ENSALADA VARIADA FRUTA FRESCA PAN BLANCO	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA SALTEADO DE VERDURAS CREMA DE VERDURAS FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PATATAS ALIÑADAS PANACHE DE VERDURAS FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA MENESTRA SALTEADA BERENJENA REBOZADA FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ESPINACAS SALTEADAS PATATAS CON VERDURAS FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ARROZ CON VERDURAS VERDURAS SALTEADAS FRUTA VARIADA
CENA						
BUFFET DE ENSALADA ENSALADA DE LEGUMBRES PANINI VEGETAL COUS COUS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAMPERA CREMA DE VERDURAS PATATAS ASADAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA TROPICAL CRUDITE DE VERDURAS ZANAHORIA BABY FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MIXTA SIN ATUN ROLLITOS DE PRIMAVERA ARROZ SALTEADO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE ARROZ CON LECHUGA Y MAIZ SANDWICH VEGETAL PATATAS FRITAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CESAR TACOS DE VERDURAS CALABACÍN PLANCHA FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA HAMBURGUESA VEGETAL PATATAS FRITAS TEX MEX FRUTA FRESCA PAN BLANCO/INTEGRAL

LUNES 12	MARTES 13	MIÉRCOLES 14	JUEVES 15	VIERNES 16	SABADO 17	DOMINGO 18
COMIDA						
PISTO WOK DE PASTA CON VERDURAS SALTEADO DE VERDURAS FRUTA FRESCA PAN INTEGRAL	ESPINACAS SALTEADAS GARBANZOS CON VERDURAS ENSALADA DE LECHUGA, MAIZ Y ZANAHORIA FRUTA FRESCA PAN BLANCO	MENESTRA SALTEADA ARROZ CON TOMATE TOMATE ALIÑADO FRUTA FRESCA PAN BLANCO	SALMOREJO JUDIAS VERDES SALTEADAS BERENJENA REBOZADA FRUTA FRESCA PAN BLANCO	HABAS BABY SALTEADAS GUISANTES EN AMARILLO CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL FRUTA FRESCA PAN BLANCO	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PASTA CON VERDURAS VERDURAS SALTEADAS FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ARROZ CON VERDURAS CRUDITE DE VERDURAS FRUTA VARIADA
CENA						
BUFFET DE ENSALADA ENSALADA CAMPESINA CHAMPIÑONES SALTEADOS PATATAS DADO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE PATATA WOK DE VERDURAS PURÉ DE MANZANA FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE COUS COUS CON VERDUTRITAS SANDWICH VEGETAL PATATAS FRITAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE PASTA PIZZA VEGETAL PANACHÉ DE VERDURAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA NICOISE HAMBURGUESA VEGETAL PURE DE PATATA FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE GARBANZOS CON TOMATE, MAIZ Y ZANAHORIA PANINI VEGETAL PIMIENTOS ASADOS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA COLESLAW ENCHILADA DE VERDURAS COUS COUS FRUTA FRESCA PAN BLANCO/INTEGRAL

MENÚ YAGO SCHOOL - VEGANO

SEMANA DEL 19 AL 25 DE MAYO

LUNES 19	MARTES 20	MIERCOLES 21	JUEVES 22	VIERNES 23	SABADO 24	DOMINGO 25
COMIDA						
MENESTRA SALTEADA ESPIRALES AL POMODORO CON ACEITUNA FRESCA	GAZPACHO	ALUBIAS ALIÑADAS	ENSALADA DE ARROZ	VICHYSOISE DE PUERRO Y MANZANA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PATATAS CON VERDURAS ESPINACAS SALTEADAS FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ARROZ CON VERDURAS BERENJENA REBOZADA FRUTA VARIADA
PANACHÉ DE VERDURAS	CALABAZA ASADA	ENSALADA MIXTA SIN ATUN	CALABACÍN REBOZADO	CHAMPIÑONES SALETADOS CON AJO Y PEREJIL FRUTA FRESCA PAN BLANCO		
FRUTA FRESCA PAN INTEGRAL	FRUTA FRESCA PAN BLANCO	FRUTA FRESCA PAN BLANCO	FRUTA FRESCA PAN BLANCO			
CENA						
BUFFET DE ENSALADA ENSALADA DE LEGUMBRES PATATAS CON VERDURAS SALTEADO MEDITERRANEO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA REMOJON GRANADINO SANDWICH VEGETAL PATATAS FRITAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE ARROZ CON ACEITUNAS Y MAIZ VERDURAS AL VAPOR COUS COUS CON VERDURAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CON APIO, MANZANA Y NUECES PANINI VEGETAL REPOLLO ESTILO KINCHI FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA SANTURCE CRUDITE DE VERDURAS GUISANTES SALTEADO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE QUINOA CON RABANITOS BROCHETA DE VERDURAS PATATAS ASADAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MEDITERRANEA HAMBURGUESA VEGETAL CALABACÍN PLANCHA FRUTA FRESCA PAN BLANCO/INTEGRAL

MENÚ YAGO SCHOOL - VEGANO

SEMANA DEL 26 AL 1 DE JUNIO

LUNES 26	MARTES 27	MIÉRCOLES 28	JUEVES 29	VIERNES 30	SABADO 31	DOMINGO 1
COMIDA						
COLIFLOR SALTEADA MACARRONES CON TOMATE JUDÍAS VERDES SALTEADAS CON AJITO FRUTA FRESCA PAN INTEGRAL	CHAMPIÑONES SALTEADOS AL AJILLO ENSALADA DE GARBANZOS ENSALADA DE MAIZ CON ACEITUNAS FRUTA FRESCA PAN BLANCO	SALMOREJO PISTO DE VERDURAS PATATAS AL HORNO FRUTA FRESCA PAN BLANCO	WOK DE VERDURAS ARROZ CON TOMATE SALTEADO DE VERDURAS FRUTA FRESCA PAN BLANCO	ENSALADA DE COL Y MANZANA HABAS BABY SALTEADAS ZANAHORIAS BABY SALTEADAS FRUTA FRESCA PAN BLANCO	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ESPINACAS SALTEADAS ARROZ CON VERDURAS FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PATATAS CON VERDURAS MENESTRA SALTEADA FRUTA VARIADA
CENA						
BUFFET DE ENSALADA ENSALADA COLESLAW ESTOFADO DE VERDURAS PATATAS DADO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA CRUDITES DE VERDURAS ARROZ SALTEADO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE PASTA TRICOLOR SANDWICH VEGETAL CHAMPIÑONES SALTEADOS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA TROPICAL PANINI VEGETAL PURÉ DE PATATAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE GARBANZO ARABE HAMBURGUESA VEGETAL ZANAHORIAS BABY SALTEADAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE PATATA TACOS DE VERDURAS PATATAS ASADAS CON TOMATE GRATINADO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAMPERA PIZZA VEGETAL PATATAS CHIPS FRUTA FRESCA PAN BLANCO/INTEGRAL

MENÚ

YAGO SCHOOL - VEGAN

WEEK 1 TO 4

THURSDAY 1

FRIDAY 2

SATURDAY 3

SUNDAY 4

COMIDA

BRUNCH

ASSORTED BREADS
OIL AND TOMATO
CEREALS
BAKED GOODS
SALAD BAR
SCRAMBLED EGGS
VEGETABLES WOK
FRESH FRUIT

VEGETABLES SOUP
SAUTEED PUMPKIN
GREEN BEAN, CARROT
AND CORN SALAD
FRESH FRUIT
FRESH BREAD

BRUNCH

ASSORTED BREADS
OIL AND TOMATO
CEREALS
BAKED GOODS
SALAD BAR
VEGETABLES WITH
POTATOES
WOK PASTA
FRESH FRUIT

BRUNCH

ASSORTED BREADS
OIL AND TOMATO
CEREALS
BAKED GOODS
SALAD BAR
CAESAR SALAD
SCRAMBLED EGGS WITH
VEGETABLES
FRESH FRUIT

CENA

SALAD BAR
RICE SALAD
SAUTEED VEGETABLES
BREADED ZUCCHINI
FRESH FRUIT
WHOLEMALE
BREAD/FRESH BREAD

SALAD BAR
GERMAN POTATO
SALAD
VEGETABLES
SAUTÉED THAI RICE
FRESH FRUIT
WHOLEMALE
BREAD/FRESH BREAD

SALAD BAR
TRICOLORE PASTA
SALAD
VEGETABLES PIZZA
POTATOES PROVENÇAL
WITH GARLIC AND
THYME
FRESH FRUIT
WHOLEMALE
BREAD/FRESH BREAD

SALAD BAR
MEDITERRANEAN SALAD
VEGETABLES BURRITOS
EGGPLANT STICKS WITH
HONEY
FRESH FRUIT
WHOLEMALE
BREAD/FRESH BREAD

MENÚ YAGO SCHOOL - VEGAN

WEEK 5 TO 11

MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9	SATURDAY 10	SUNDAY 11
COMIDA						
VEGETABLES WOK NEAPOLITAN PASTA VEGETABLES PANACHE FRESH FRUIT WHOLEMALE BREAD	GAZPACHO SPINACH WICH CHICKPEAS SALAD FRESH FRUIT FRESH BREAD	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR SAUTEED VEGETABLES CREAM OF VEGETABLES SOUP FRESH FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR POTATOES SALAD VEGETABLES PANACHE FRESH FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR VEGETABLES BREADED EGGPLANT FRESH FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR SAUTEED SPINACH POTATOES WITH VEGETABLES FRESH FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR RICE WITH VEGETABLES SAUTEED VEGETABLES FRESH FRUIT
CENA						
SALAD BAR LEGUMES SALAD VEGETAL PANINI COUSCOUS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COUNTRY SALAD CREAM OF VEGETABLES SOUP ROAST POTATOES FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR TROPICAL SALAD VEGETABLES CRUDITE BABY CARROT FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR MIXED SALAD SPRING ROLLS SPECIAL FRIED RICE FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR RICE SALAD WITH LETTUCE AND CORN VEGETAL SANDWICH CHIPS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR CAESAR SALAD VEGETABLES TACOS GRILLED COURGETTE FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR GERMAN POTATO SALAD VEGETAL BURGER TEX-MEX POTATOES FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD

MENÚ

YAGO SCHOOL - VEGAN

WEEK 12 TO 18

MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16	SATURDAY 17	SUNDAY 18
COMIDA						
VEGETABLES WITH TOMATO PASTA WOK WITH VEGETABLES SAUTÉED VEGETABLES FRESH FRUIT WHOLEMALE BREAD	SAUTEED SPINACH CHICKPEAS WITH VEGETABLES LETTUCE, CORN AND CARROT SALAD FRESH FRUIT FRESH BREAD	VEGETABLES RICE IN TOMATO TOMATO SALAD FRESH FRUIT FRESH BREAD	SALMOREJO SAUTEED GREEN BEANS BREADED EGGPLANT FRESH FRUIT FRESH BREAD	SAUTÉED BABY BROAD BEANS PEAS SAUTEED MUSHROOMS FRESH FRUIT FRESH BREAD	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR PASTA WITH VEGETABLES SAUTEED VEGETABLES FRESH FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR RICE WITH VEGETABLES VEGETABLES CRUDITE FRESH FRUIT
CENA						
SALAD BAR COUNTRY-STYLE SALAD SAUTEED MUSHROOMS FRIED POTATOES FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR SPANISH POTATO SALAD VEGETABLES WOK APPLE PURÉE FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COUSCOUS SALAD WITH BABY VEGETABLES VEGETAL SANDWICH CHIPS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR FARFALLE SALAD WITH COOKED HAM VEGETAL PIZZA VEGETABLES PANACHE FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR NICOISE SALAD VEGETAL BURGER MASHED POTATO FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR CHICKPEA SALAD WITH TOMATO, SWEETCORN AND CARROTS VEGETAL PANINI ROASTED PEPPERS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COLESLAW VEGETAL ENCHILADA COUSCOUS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD

MENÚ YAGO SCHOOL - VEGAN

WEEK 19 TO 25

MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23	SATURDAY 24	SUNDAY 25
COMIDA						
VEGETABLES FUSILLI IN A TOMATO SAUCE WITH FRESH OLIVES ASSORTED VEGETABLES FRESH FRUIT WHOLEMALE BREAD	GAZPACHO CHICKEN CONSOME ROASTED PUMPKIN FRESH FRUIT FRESH BREAD	BEANS SALAD VEGETABLES WOK SALAD FRESH FRUIT FRESH BREAD	RICE SALAD SAUTEED BROCCOLI BATTERED COURGETTE FRESH FRUIT FRESH BREAD	CREAM OF LEEKS AND APPLE SAUTED CAWLIFLOWER SAUTÉED MUSHROOMS WITH GARLIC AND PARSLEY FRESH FRUIT FRESH BREAD	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR POTATOES WITH VEGETABLES SAUTEED SPINACH FRESH FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR RICE WITH VEGETABLES BREADED EGGPLANT FRESH FRUIT
CENA						
SALAD BAR LEGUME SALAD POTATOES WITH VEGETABLES MEDITERRANEAN SAUTÉED VEGETABLES FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR REMOJÓN GRANADINO (ORANGE SALAD) SANDWICH VEGETAL CHIPS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR RICE SALAD WITH EGG, OLIVES, COOKED HAM AND SWEETCORN COOKED VEGETABLES COUSCOUS WITH VEGETABLES FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR CELERY, APPLE AND WALNUT SALAD VEGETAL PANINI KIMCHI FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR SANTURCE SALAD VEGETABLES CRUDITE SAUTÉED PEAS WITH CURED HAM FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR QUINOA SALAD AND RADISHES VEGETABLES SKEWER ROAST POTATOES FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR MEDITERRANEAN SALAD VEGETAL BURGER GRILLED COURGETTE FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD

MENÚ

YAGO SCHOOL - VEGAN

WEEK 26 TO 1

MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30	SATURDAY 31	SUNDAY 1
COMIDA						
SAUTEED CAWLIFLOWER PASTA IN TOMATO SAUCE SAUTÉED GREEN BEANS WITH GARLIC FRESH FRUIT WHOLEMALE BREAD	SAUTÉED MUSHROOMS WITH GARLIC CHICKPEAS SALAD CORN AND OLIVE SALAD FRESH FRUIT FRESH BREAD	SALMOREJO VEGETABLES WITH TOMATO ROAST POTATOES FRESH FRUIT FRESH BREAD	VEGETABLES WOK RICE IN TOMATE SAUCE SAUTÉED VEGETABLES FRESH FRUIT FRESH BREAD	COLESLAW AND APPLE SALAD SAUTÉED BABY BROAD BEANS SAUTEED BABY CARROTS FRESH FRUIT FRESH BREAD	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR SAUTEED SPINACH RICE WITH VEGETABLES FRESH FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED GOODS SALAD BAR POTATOES WITH VEGETABLES VEGETABLES FRESH FRUIT
CENA						
SALAD BAR COLESLAW VEGETABLES STEW FRIED POTATOES FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR GERMAN POTATO SALAD VEGETABLES CRUDITE SAUTÉED RICE FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR TRICOLORE PASTA SALAD VEGETAL SANDWICH SAUTÉED MUSHROOMS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR TROPICAL SALAD VEGETAL PANINI MASHED POTATO FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR ARABIC CHICKPEA SALAD VEGETAL BURGER SAUTÉED BABY CARROTS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR SPANISH POTATO SALAD VEGETABLES TACO ROAST POTATOES WITH TOMATO AU GRATIN FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COUNTRY SALAD VEGETAL PIZZA POTATO CHIPS FRESH FRUIT WHOLEMALE BREAD/FRESH BREAD